

GEROTECH

**The Best Browsers and
Most Useful Apps for
Seniors**



Internet Browsers and Email platforms

Best Browsers on Different Platforms

Safari, Google Chrome, Firefox, Internet Explorer, Edge, and Opera are all examples of **Internet Browsers**.



Each has their own specific layout and interface that makes them specifically unique.

Are you comfortable with the interface?

Is it easy to navigate?

Does the search function help you find what you need?



Best Browsers to Consider

Mozilla Firefox: For Safety with Simplicity

Tor Browser: For Simplicity with Even Stronger Safety Features

Google Chrome: For World-Renown User Simplicity

Opera: Simplicity that Saves Resources and Blocks Ads

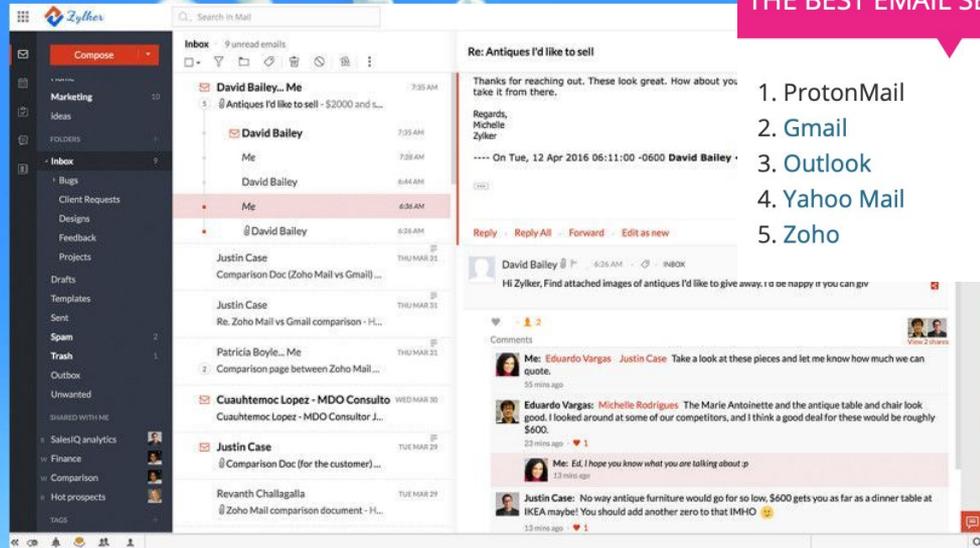
Microsoft Edge: Less Safety, Minimalist Design

Safari: Readily available on Apple devices



Different Emails on Different Browsers

Google Mail, Yahoo Mail, Apple Mail, Outlook by Microsoft, and other similar groups are **Emails**.



THE BEST EMAIL SERVICE

1. ProtonMail
2. Gmail
3. Outlook
4. Yahoo Mail
5. Zoho

But picking the best email service providers for you can be more difficult, as there's a lot to consider.

How easy is it to keep your inbox organized?

Can you access the account from other email clients?

A custom domain and address of your own?



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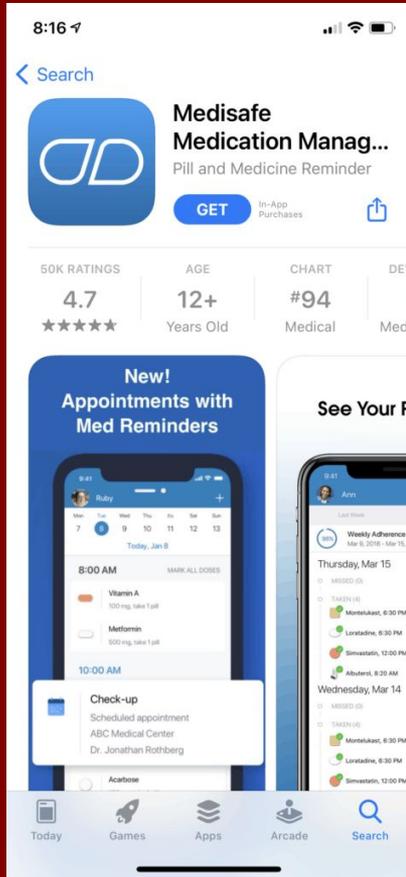


2

Best Apps to Have

(Source: SeniorLiving.org)

Medisafe / Medication Managers



Available for iPhone and Android

Cost: Free

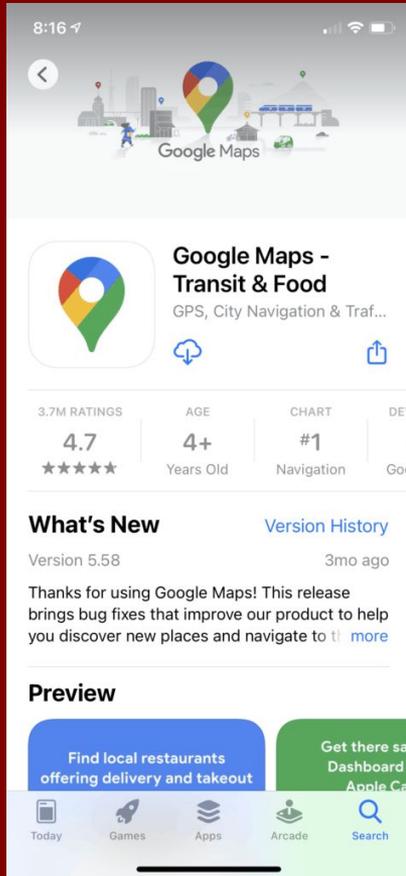
Forgetting to take prescriptions and get refills on time can result in significant problems. In fact, about 50 percent of prescriptions filled are not taken as directed by a doctor or pharmacist.

Medisafe helps you manage your medications and get reminders. Simply input your prescriptions and timings, and Medisafe will create a visual schedule complete with images of each pill and a list of potentially harmful interactions. It will then give you reminders throughout the day when it's time to take a medication, let you know if a prescription is running low, and even alert a friend or family member of a missed dose.



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Google Maps / Navigation Apps



Available for iPhone and Android

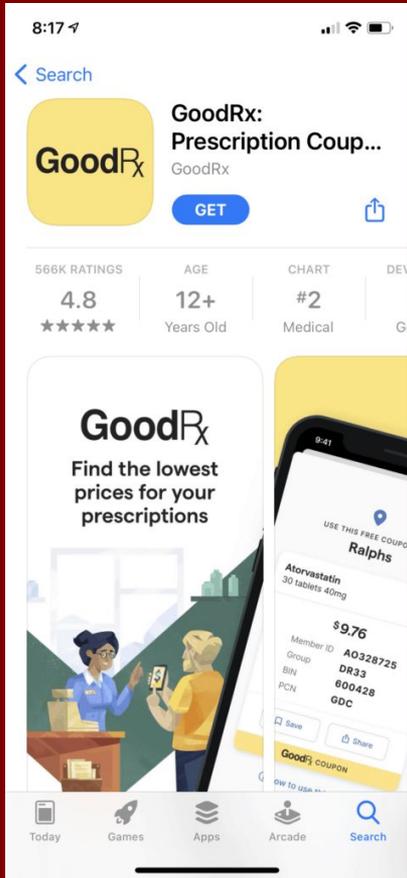
Cost: Free

Everyone has experienced the moment when you get ready to leave somewhere and realize you have no idea where you parked. If you find this happening frequently, your phone can help you out. But you don't have to download an extra app to remind you where your car is because this feature is included in the most popular navigation app.

In Google Maps, click on the blue dot showing your location, click "Set as parking location" from the menu that pops up, and it will be saved. Then when you are ready to navigate back to your car, click the blue "Directions" icon and choose "Saved parking." This app is also great for getting directions when you're going somewhere new or if you get lost while driving.



GoodRx / Prescription Discount Cards



Available for iPhone and Android

Cost: Free

One of the reasons seniors do not take medications as prescribed is simply that they cost too much. GoodRx helps users compare prescription drug prices at different pharmacies and find coupons that can be used right from the app. The app can also alert you when a particular medication drops in price and let you know when you may be due for a refill. If you use Medisafe to manage your prescriptions, you already have savings help powered by GoodRx and don't need to download a separate application.



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LastPass / Password Managers



Available for iPhone and Android

Cost: Free

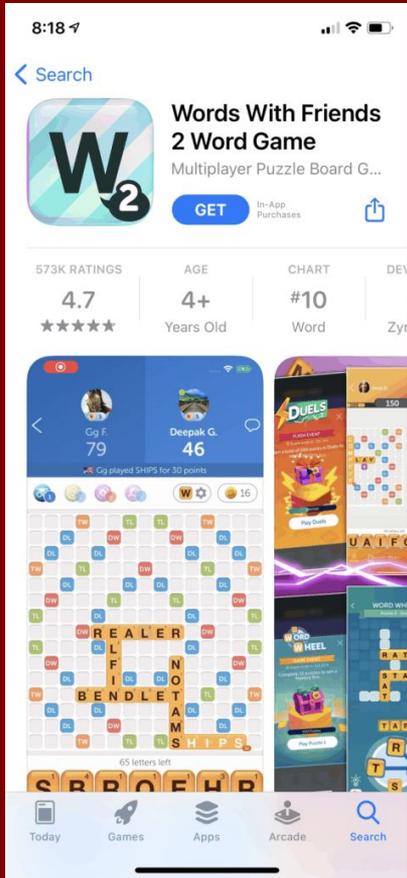
To do anything on the internet these days, it seems you are asked to create a password. Creating a unique password each time is important to avoid being hacked, but who can remember all of them? Many people use the same password for simplicity, but it leaves them vulnerable to online attacks.

LastPass stores all of your passwords securely in one place so you can look them up when needed. It can also autofill passwords into websites you use frequently and create strong passwords for you. Simply remember one password – the LastPass password.



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Words With Friends / “Brain Games”



Available for iPhone and Android

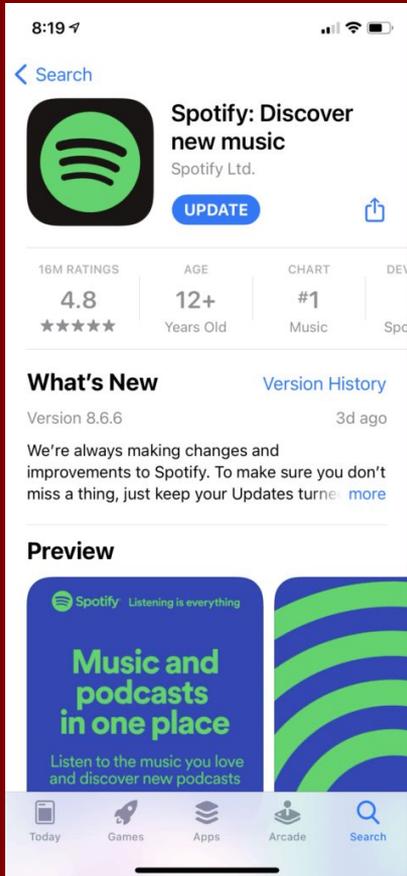
Cost: Free

Video chatting is a great way to connect when you can't meet face to face, but coordinating time can be challenging. With this app, you can challenge friends and family to a game or get paired with another player. Calling itself a mobile word game, Words with Friends 2 is very similar to Scrabble, so it's great for passive playing and connecting with friends without a significant time commitment.



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Spotify / Music Apps



Available for iPhone and Android

Cost: Free; select plans require a paid subscription

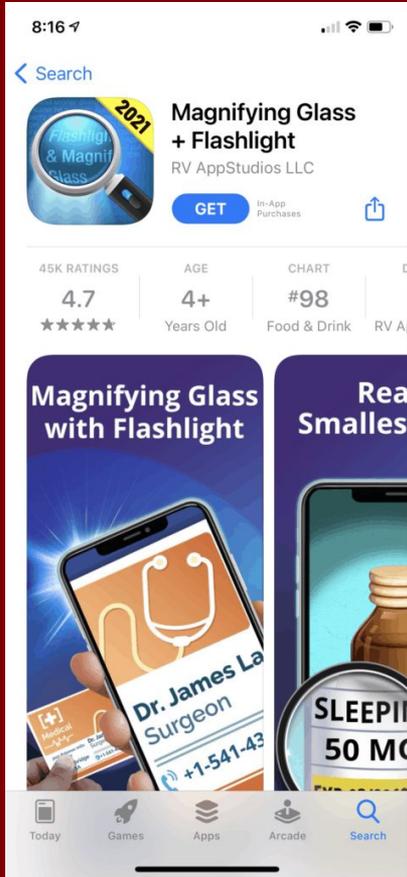
Music can help people relax, set the ambiance at a dinner party, return to a bygone era, get pumped for exercise, and so much more. With Spotify, you can listen to specific songs or let the app curate music for you based on what you like.

Spotify is also the number one app for listening to podcasts. Podcasts are continuing to grow in popularity, and there is something out there for almost every interest. Use the app to discover new podcasts or manage your favorites.



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Magnifying Glass + Flashlight



Available for iPhone and Android

Cost: Free

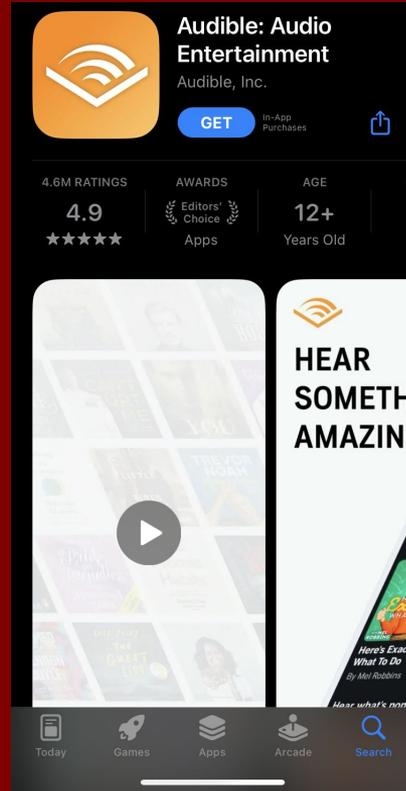
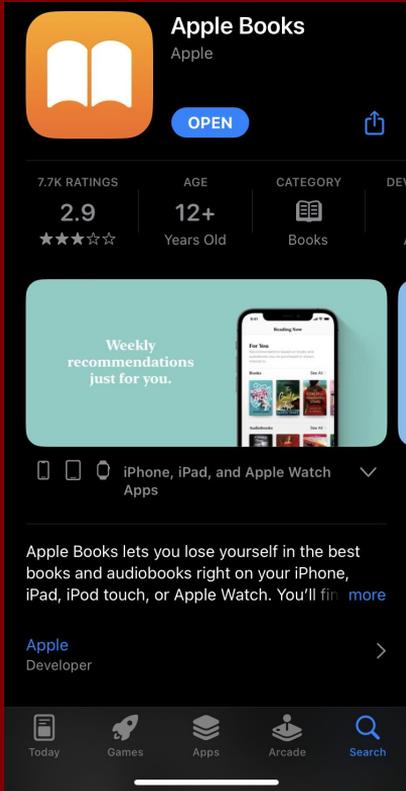
If you've ever had trouble reading a restaurant menu, forms at the doctor's office, or labels on food packaging, a magnifying app could be a handy tool.

This magnifying app uses your phone's camera to zoom in on whatever you point it at, and you can quickly turn on the light to illuminate what you need to read. With a touch of the screen, you can also "freeze" what you are looking at, so you don't have to point it in the same spot the entire time you're reading.



GEROTECH

Apple Books, Audible / Reading Apps



Available for iPhone and Android

Cost: Free; requires a paid subscription after free trial

Audiobooks are a great alternative to print. Audiobooks have never been better, featuring excellent narration by voice talent or the author themselves.

Audible has the largest selection of audiobooks available. It's free to download, and you'll pay for a subscription to access books. Audible also offers a free trial period, so make sure to take advantage of this 30-day freebie!



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Other Options



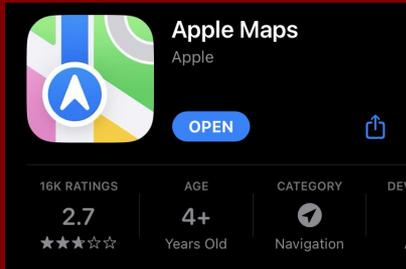
Waze Navigation & Live Traffic
Waze Inc.

OPEN

3M RATINGS AGE CHART DEV

4.9 4+ #2

★★★★★ Years Old Navigation



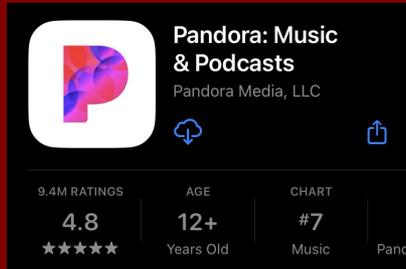
Apple Maps
Apple

OPEN

16K RATINGS AGE CATEGORY DEV

2.7 4+ #1

★★★☆☆ Years Old Navigation



Pandora: Music & Podcasts
Pandora Media, LLC

OPEN

9.4M RATINGS AGE CHART DEV

4.8 12+ #7

★★★★★ Years Old Music



Transit • Subway & Bus Times
Transit App, Inc.

UPDATE

224K RATINGS AWARDS AGE DEV

4.6 Editors' Choice 4+ #1

★★★★★ Apps Years Old Navigation



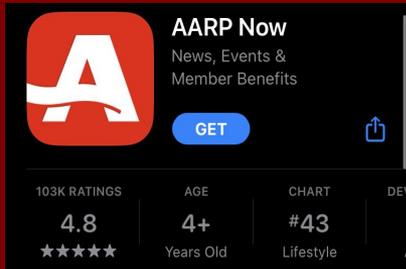
Apple Music
Apple

OPEN

270K RATINGS AGE CATEGORY DEV

4.7 12+ #1

★★★★★ Years Old Music



AARP Now
News, Events & Member Benefits

GET

103K RATINGS AGE CHART DEV

4.8 4+ #43

★★★★★ Years Old Lifestyle



Messenger
Meta Platforms, Inc.

OPEN

1.3M RATINGS AGE CHART DEV

4.0 12+ #3

★★★★☆ Years Old Social Networking



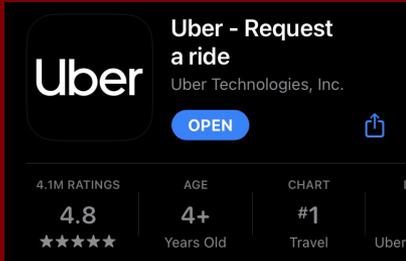
Lyft
Lyft, Inc.

OPEN

12M RATINGS AGE CHART DEV

4.9 4+ #3

★★★★★ Years Old Travel



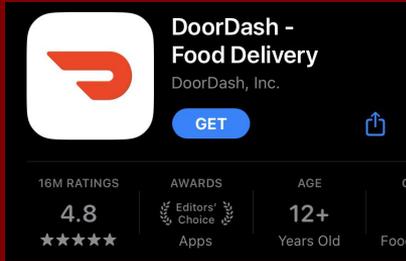
Uber
Uber Technologies, Inc.

OPEN

4.1M RATINGS AGE CHART DEV

4.8 4+ #1

★★★★★ Years Old Travel



DoorDash - Food Delivery
DoorDash, Inc.

GET

16M RATINGS AWARDS AGE DEV

4.8 Editors' Choice 12+ #1

★★★★★ Apps Years Old Food



USC Trojans Game Day
University of Southern Calif...

GET

279 RATINGS AGE CATEGORY DEV

4.4 12+ #1

★★★★☆ Years Old Sports



Classical KUSC
Listener-supported Radio

GET

10K RATINGS AGE CATEGORY DEV

4.9 4+ #1

★★★★★ Years Old Music





Basic Options for Work-Related Apps

Pages and Word

Pages: Apple's word processor that comes included with most Apple devices

Word: Microsoft's word processor that can be downloaded onto most devices, including those affiliated with USC.

Both word processors can be used for input, editing, formatting, and output of text, often with some additional features.



Numbers and Excel

Numbers: Apple's spreadsheet processor that comes included with most Apple devices

Excel: Microsoft's spreadsheet processor that can be downloaded onto most devices, including those affiliated with USC.

Both applications can be used for calculation or computation capabilities, graphing tools, pivot tables, and other math-based projects.



Keynote and Powerpoint

Keynote: Apple's presentation application that comes included with most Apple devices

Powerpoint: Microsoft's presentation application that can be downloaded onto most devices, including those affiliated with USC.

Both applications can be used to create and display information via a presentation format.



Google Variants

Google also has its share of similar products like Apple and Microsoft which are all free to use as long as you have a Gmail account.



Docs



Sheets



Slides





Social Media Review

Add friends and see their life updates on your news feed

People



Tommy Trojann

Los Angeles, California

University of Southern California

See All

+ Add Friend



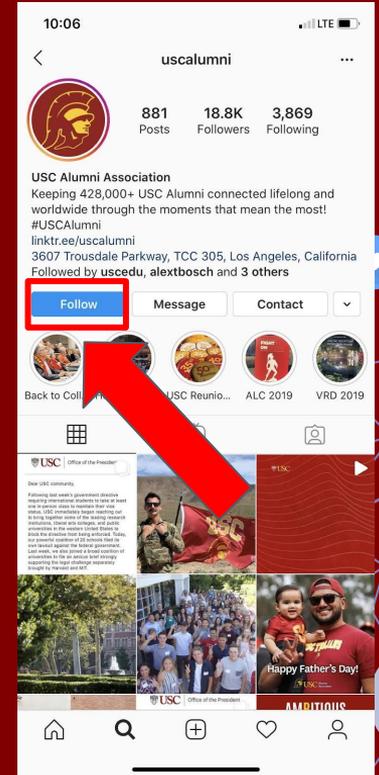
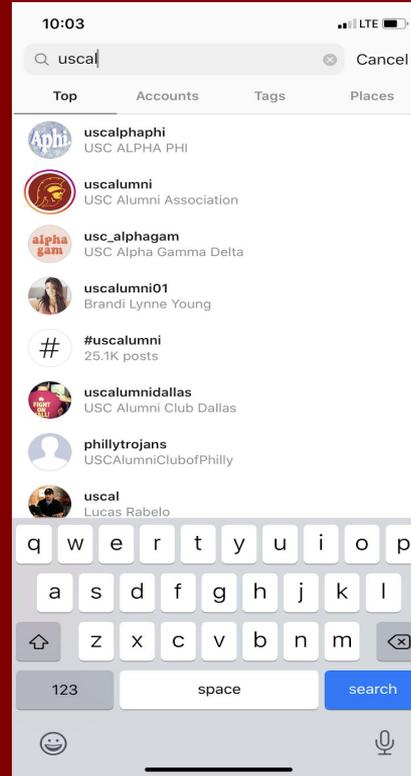
FACEBOOK



Follow Friends, Celebrities, and Organizations



INSTAGRAM

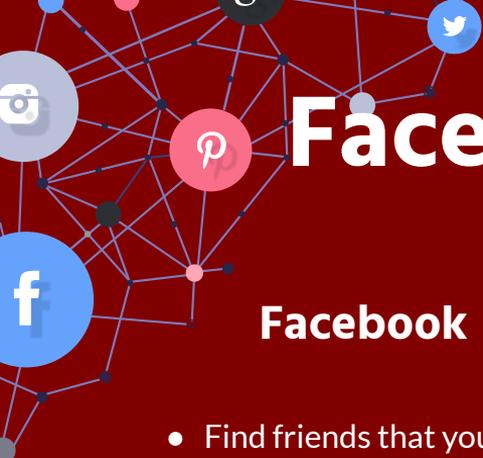


TWITTER

Making your first tweet



The screenshot shows the Twitter mobile app interface. On the left is a navigation menu with options: Home, Explore, Notifications (16), Messages, Bookmarks, Lists, Profile, and More. A red arrow points from the 'Home' option in the menu to the 'Home' tab in the main content area. Another red arrow points from the 'More' option in the menu to a blue 'Tweet' button at the bottom of the menu. The main content area is titled 'Home' and features a text input field with the placeholder 'What's happening?'. Below the input field are icons for adding photos, GIFs, lists, emojis, and videos. A blue 'Tweet' button is positioned to the right of the input field. Below the input field is a tweet by Donna Benton (@donnabentonphd) from July 15, which includes a quote tweet by Wendell Potter (@wendellpotter) from July 15. The quote tweet text reads: 'As a former exec at the health insurance company Cigna, I need to share a horrible story involving my old company and a sick American -- so she can get help, and to highlight why our health care system needs to change. This story is awful, but sadly typical: (1/11)'. Below the quote tweet is a link 'Show this thread'. At the bottom of the tweet are icons for replies, retweets, likes, and share.



Facebook VS Instagram VS Twitter

Facebook

- Find friends that you have not been in touch with
- Organize groups and events with large amounts of people
- Easy communication through Facebook Messenger

Instagram

- Mainly photo/experience sharing
- View posts from your favorite celebrities, sports teams, etc.

Twitter

- Share ideas, real-time information, and trending news as it happens
 - Popular with celebrities, politicians, journalists and news outlets, it is also well-liked by businesses in the tech sector.
- 

LINKEDIN



The screenshot shows the LinkedIn profile for the USC Alumni Association. At the top, there is a navigation bar with icons for Home, My Network, Jobs, Messaging, Notifications, and Me. A search bar is on the left, and the LinkedIn logo and URL are on the right. The main header features a city skyline at night and the USC Alumni Association logo (a red shield with a gold helmet). Below the header, the page title is "USC Alumni Association" with the location "Higher Education · Los Angeles, CA" and "5,908 followers". There are buttons for "+ Follow" and "Visit website". A badge indicates "19 people from your school were hired here" with a link to "See all 39 employees on LinkedIn".

Home

- About
- Jobs
- People
- Videos
- Ads

About

The USC Alumni Association strives to engage more than 400,000 alumni lifelong and worldwide and support the overall advancement of the University of Southern California. This is the official LinkedIn presence for the USC Alumni Assoc... see more

[See all](#)

Recently posted videos

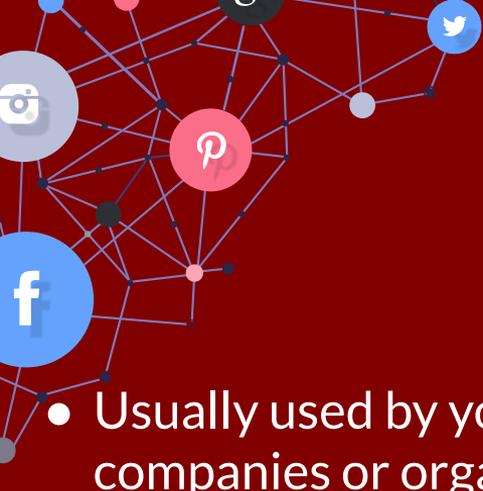
When it comes to connecting to campus, Trojan Jaime Lee '06, JD '09 has done a little of everything, and she's not done yet. She speaks on her journey, from her early involvement with the USC Asian

Promoted

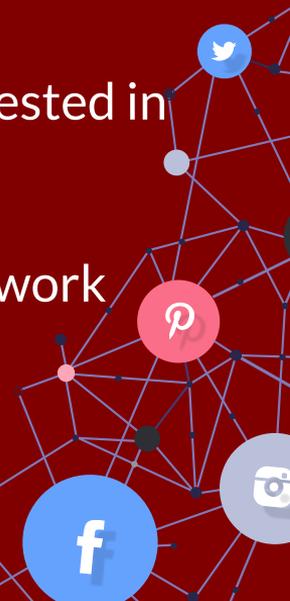
- \$500/hr Advisory Roles**
Many companies are seeking paid Business Advisors. Are you interested? >
- Project Management**
Master Agile Practices to Fit Any Project Through PMI-Accredited Courses. >
- Military Leaders**
Get ahead with a top-ranked Jack Welch online MBA. Classes start Oct. 6th. >

Similar pages

Messaging



Other Benefits to LinkedIn

- Usually used by young professionals, but beneficial for news/updates from companies or organizations you're interested in
 - Can also connect to former/current coworkers, or meet students interested in working in a similar field or at the same company
 - Messaging feature allows you to communicate with people in your network
- 

Main Page

Side Menu

Search Bar

Categories

The screenshot shows the YouTube main page with several annotations. A yellow box highlights the top navigation bar, which includes the YouTube logo, a search bar, a microphone icon, a grid icon, a vertical ellipsis, and a 'SIGN IN' button. A yellow arrow points from the 'Side Menu' label to a hamburger menu icon in the top left. Another yellow arrow points from the 'Search Bar' label to the search input field. A third yellow arrow points from the 'Categories' label to the 'SIGN IN' button. A fourth yellow arrow points from the 'Extra Tools' label to the 'History' icon in the left sidebar. The main content area features a 'Trending' section with three video thumbnails: Adele's 'Easy On Me', MrBeast Gaming's '\$45,600 Squid Game Challenge!', and BuzzFeed Unsolved's 'The Demonic Possession of the Conjuring House'. Below each thumbnail is the video title, channel name, and view count.

Home

Explore

Subscriptions

Library

History

All Bossa Nova Instrumentals Background music Live Maroon 5 Laughter Playlists Music Great >

Trending

vevo 5:32
Adele - Easy On Me (Official Video)
Adele ♪
54M views • 1 day ago

MrBeast Gaming ✓ 11:21
\$45,600 Squid Game Challenge!
MrBeast Gaming ✓
13M views • 2 days ago

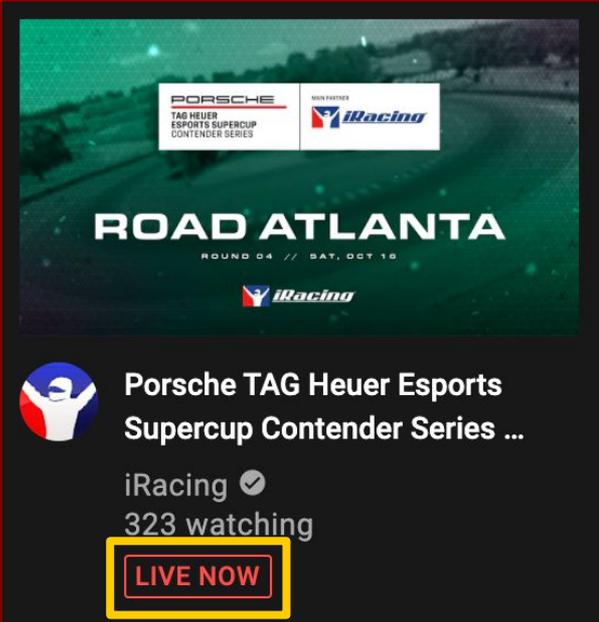
BuzzFeed Unsolved Network 43:30
The Demonic Possession of the Conjuring House
BuzzFeed Unsolved Network ✓

Extra Tools

YOUTUBE

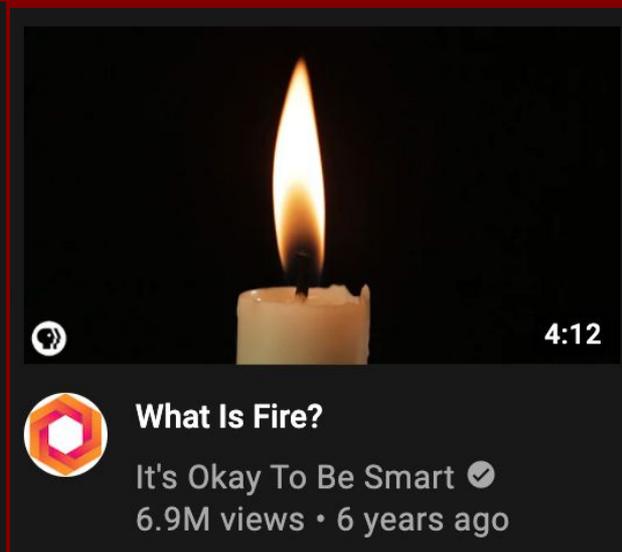


Types of Videos



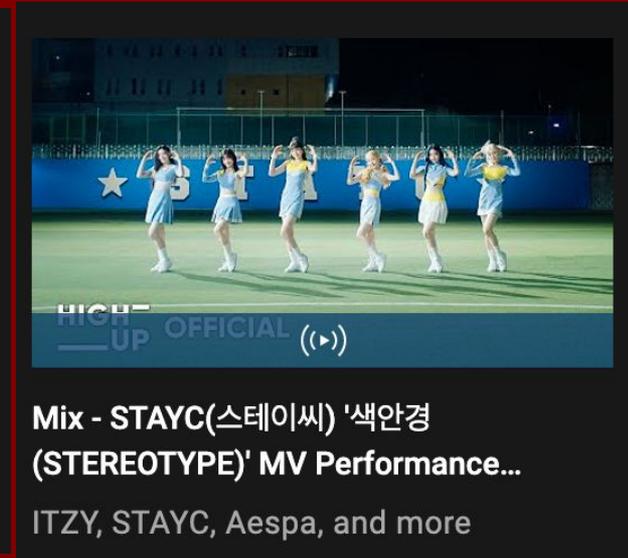
Live Videos

Denoted by the “LIVE NOW” sign, think of live TV. No advancing.



Standard Videos

Shows timestamp, creator, date, and number of views.



Curated Mix

Based on music history.



Search Function



Search bar

The search bar can save your previous search history and recommend searches depending on your particular interests.

Voice commands

Youtube apps

Youtube apps are curtailed for certain audiences (Youtube Kids, Youtube Music). Youtube TV is an additional streaming service.

-  YouTube TV
-  YouTube Music
-  YouTube Kids
-  Creator Academy
-  YouTube for Artists





GEROTECH

Email questions to
langelo@usc.edu

Next Presentations:

Sunday, April 23 (3 - 4 PM PST)
- CyberSecurity 101 -

