USC Emeriti Center

Retiree Community Newsletter





Janette C. Brown (center) on stage with conference participants. Student translators were keys to the success of the conference. From left, Belle Yang, Kenny Chen, Vivian Hui, and Alex Long, the translator and guide for Brown, at right.

EC leader speaks at Taiwan conference

The USC Emeriti Center has been a leader and innovator in supporting retired faculty and staff since 1978.

And for years, the Emeriti Center has sponsored global forums, international student mentoring, and Asian cultural events. This is due to increased international interest and the many global experiences of USC retirees.

Acknowledging the innovative programs at USC's Center, the Ministry of Education in Taiwan invited Executive Director, **Janette C. Brown**, to be a keynote speaker for the March International Conference of Elder Education and Intergenerational Learning in Taipei. Hosted by the Department of Adult and Continuing Education at National Chung Cheng University (NCCU), Brown's keynote speech was on "The utilization and re-education of retired faculty and staff at universities."

"The concept of emeriti centers is new in Taiwan," said Brown. "I wanted to emphasize that retired faculty and staff are valuable leaders and contributors at their universities and communities after retirement. Professors in the audience said they were impressed with the services and programs available to retired USC professors. They hoped that their university would establish a center."

The international conference provided 600 Taiwanese government and education professionals with eight speakers from the U.S. and Japan who offered perspectives on lifelong and intergenerational learning programs.

"I enjoyed daily connections with the NCCU students and professors," said Brown, "and we had many delicious meals with them while learning more about Taiwanese culture."

Speaking as the volunteer executive director of the Association of Retirement Organizations in Higher Education (AROHE), Brown also presented survey data illustrating what North American universities accomplish for their retired faculty and staff (www.arohe.org).

Brown also lectured on intergenerational learning through <u>Guided</u> <u>Autobiography</u> to 100 graduate and undergraduate students at National Changhua University of Education.

SRA June meeting features Keck professor

Staff Retirement Association (SRA) members are invited to the annual lunch General Meeting, Wednesday, June 11, at the Engemann Student Health Center.

Check in time is 10:30 a.m. The 11 a.m. program features guest speaker **David Sawcer**, Professor at USC Keck Medical Center, Department of Dermatology, speaking on "Skin Cancers, Their Treatment and Prevention." The meeting and lunch are free for paid SRA members. Guests are \$12 (or join the SRA!)

RSVP at the SRA web: sra. usc.edu by Wednesday, June 4. Contact the USC Emeriti Center for information: (213) 740-8921.

INSIDE:

From the Executive Director	2
Caldwell Scholars	3
EC College News	3
From the RFA	4
From the SRA	5
Ochoas Receive Staff Awards	5
Senior Cyber Tips; News	6
Successful Aging; AROHE	7
Lifetime Achievement Awards	8
Benefactor Recognition	9
2013 Staff Retirees	10
Earthquake Information	11
Calendar	12

On developing a legacy

Our copy of *Faculty Retirement: Best Practices for Navigating the Transition* came in the mail last month. It was an end product of USC winning one of 15 grants awarded by the American Council of Education (ACE) through the Sloan foundation. Writing a chapter for the book was a major assignment required by the grant.

USC's chapter is: "Developing a Legacy," and although the chapter was part of a faculty focused-book, the chapter highlighted what ACE acknowledged is distinctive about USC: the USC Emeriti Center, Emeriti Center College, USC Living History Project, and Trojan Encore Program. Other USC legacies supported or sponsored by the Emeriti Center include: the USC Lifetime Achievement Awards, Paul E. Hadley Faculty Award for Service to USC, J. Tillman Hall Staff Award for Service to USC, Inamoto Endowment for Japanese Cultural Programs, Lilia Li Endowment for Chinese Cultural Programs, Emeriti Center Endowment, Benefactor Recognition Program, and Guided Autobiography courses. These "legacies" were presented at the international conference in Taiwan (see page 1). They illustrate the valuable contributions made

by retired faculty and staff in higher education.

Guided Autobiography, established by Dr. **James Birren** in the 1970s, is a legacy in itself, but it is also a way for current and retired faculty and staff to create their own legacies by telling their stories. My first encounter with Guided Autobiography was with Birren himself. The course was inspirational because different generations shared their stories, and along the way we learned about each other and understood more about ourselves.

The "guided" part of Guided Autobiography is what makes the course

so special.

memories

accepting

topics trigger

in a safe and

environment

most reticent

to write a

few pages.

the stories

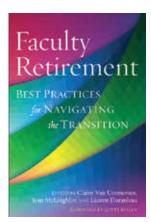
That's when

and legacies

where even the

become willing

Specific



Copies of the book are available for loan by contacting the Emeriti Center.

begin to blossom. If you have the opportunity to join an autobiography group, please do. You won't regret it. Leave a legacy of stories for family, friends, and colleagues.



Janette C. Brown

Many of our professors and staff have left behind legacies both large and small. Some have created works of art, music, theatrical creations or special programs, and others have published, made discoveries, or have endowed scholarships, research, buildings, programs, chairs, awards, and much more. On a smaller, more personal level, think about the good will, encouragement, teaching and mentoring, that you have done that has encouraged and inspired students, colleagues, family, and friends. These are also legacies that you leave behind and legacies that you can continue to build throughout your lifetime.

Janette C. Brown

Executive Director jcbrown@usc.edu; (213) 740-7121

New retiree navigator positions announced

Provost **Elizabeth Garrett** and Senior Vice President **Todd Dickey** have approved the hiring of Retirement Transition Navigators. The Provost's Navigator for faculty will work through Vice Provost **Beth Meyerowitz**'s office implimenting a new retirement transition initiative and a Navigator for staff will work through the Benefits Office. The Navigators will assist with navigating the transition to retirement process.

At the Academic Senate meeting in March, Meyerowitz announced an early faculty retirement transitions initiative that will offer more support and clarity for faculty transitioning to retirement. The new initiative provides the "one stop" Navigator to help faculty navigate the retirement transition process. It also offers faculty options, for the next few years, to transition to retirement by working part time up to four years. The initiative also provides funding for capstone projects, office moving expenses, and tax and financial planning advisement.

Onboarding our "colleagues for life"

The Emeriti Center will provide guidance and resources for the new USC retirement navigators beginning July 2014. With experience since the 1980s, the Center's staff and retirees can help USC colleagues "retire to" the Emeriti Center, the home department for the USC Retiree Community. The Emeriti Center, Emeriti College, Retired Faculty Association (RFA), and Staff Retirement Association (SRA) have opportunities for staying connected to USC with many learning, service, teaching, research and collegial activities. In addition, the RFA board is exploring ways in which retired faculty can offer perspectives and mentoring to active faculty who are contemplating retirement.



The joy of teaching peersAs the USC EmeritiThom Mason,Center Collegethe Jazz Studies Dephas changed itsThornton School of Jmodus operandiat USC. Starting histo offer more off-transition to retiremecampus coursesabout teaching for thin communitiesCollege. When draw

Jerry Walker

where retired USC faculty and staff live, we have sought colleagues who enjoy teaching peers with lively minds, a sense of curiosity, and a desire to learn.

David Marsh received great pleasure from teaching his first course on "Finding the Heart of America: Highway 50" in Brentwood. He generated enthusiastic letters from several of his class members extolling the value of his lectures exploring America from its founding, early development, civil war, westward expansion, right to today. "I would love to teach [in San Marino next semester] Thanks for asking." **Thom Mason**, the founder of the Jazz Studies Department at USC Thornton School of Music, still teaches at USC. Starting his second year of transition to retirement, he is enthusiastic about teaching for the Emeriti Center College. When drawing near the end of the presentations at the Palos Verdes Library, Thom wrote: "This has been a great deal of fun, to say the least. The people have been a delight...." He will teach in Brentwood next semester.

Tom Tomlinson explores how the culture of Los Angeles developed in "John Randolph Haynes, USC and the Making of Los Angeles, 1880-1932.""We are thrilled to hold a [groundbreaking] class like this ... partnering with USC," said San Marino City Librarian **Irene McDermott**. Tom enjoys his teaching, and said "Td be happy to teach in Palos Verdes [in the Fall Semester].... I've known **Ken Servis** for decades, so being in his company again would be swell. Thanks for including me in the work of the Emeriti College."

Marlene Wagner, who has taught thematic autobiography courses in Brentwood and Pasadena, wrote a letter expressing the joy she is experiencing: "Thanks ... for continuing to support this exciting adventure. I am so delighted that the Emeriti College is partnering with the YWCA and bringing programs of value to the Westside and to other communities to provide continuing opportunities for growth and education to our retirees, alumni and community members."

> Jerry Walker, Director Emeriti Center College (213) 740-1289; jbwalker@usc.edu

Judith C. Diaz, Assistant Director Emeriti Center College (213) 740-8841; judydiaz@usc.edu

RFA Caldwell Scholar expresses appreciation

Although I'm hopeful and excited about opening up a new chapter of my life, it saddens me to think that this experience is coming to a close. What I continuously keep in mind is how grateful I am for my parents, siblings and scholarship funds like the Caldwell Scholarship Program. Without the help of the Caldwell Program, attending USC would not have been possible.

Coming from Huntington Park, a low-income majority Hispanic area, USC was a 360-degree turn for me. I embraced the change, and meeting people from all over the country and world has helped me grow into a well-rounded individual.

After my freshman year I spent a summer in Shanghai, China, interning as a USC Global Fellow. I had never been on a plane or lived somewhere outside of L.A. for more than a month. USC gave me this opportunity to grow and develop as a student, a professional, and a human being.

I also became involved during my time at USC. I served on the Executive

Boards for the Society of Hispanic Professional Engineers, Construction Management Association of America and the Alpha Tau Omega Fraternity. I was also a Residential



Francisco Iturbe

Advisor. All these experiences helped me develop leadership experience and forge great relationships.

While at USC I've been mindful of the less fortunate back in my home community and around USC, and I've tried to motivate students with a similar background to pursue higher education. After graduation in May I will be working for Accenture as an IT Consultant. I look forward to this new exciting challenge! Fight On! ■

- Francisco Iturbe, Class of 2014

Legal workshop helps to plan for life and beyond

Please join us for Joy of Law -Avoiding Legal Problems in Life and Beyond on Tuesday, May 20, from 11:30 a.m. to 1 p.m. in GER 224. Taught by retired USC Marshall School Law Professor, **Dagmar Halamka**, this seminar is a follow up to the April transition sessions overviews.

All are welcome. Halamka will give a brief overview from our Transitions Session and will discuss living trusts, tax advantages, and powers of attorney for health care and financial affairs. Ask legal questions and receive expert answers; Submit your questions and RSVP online: http://bit.ly/EClegal14, call 213-740-7122, or go to the EC's website Events Calendar.

We welcome Board members, encourage involvement

Please welcome five new Board of Directors' members: **Cynthia Berne** (Keck: Spouse member), **Peter Nichols** (Keck: pathology), **Arnold Platzker** (Keck: pediatrics/Children's Hospital), **Kenneth Servis** (Dornsife: chemistry; former USC Registrar), and **Beth Shube** (Dornsife: widow of Ron Gottesman). Current Board member **Kaaren Hoffman** becomes our next treasurer. Board members **Natalie Cohen**, John **Orr**, and **Robert Scales** continue to work with university officials to achieve compliance with the Americans

Survey of RFA members retirement years

Since mid-April, the RFA has been conducting a survey of its 1100+ members. Its purpose is to create an overview of activities and experiences of all RFA members in their retirement years. If we have a member's email address, the 5-page survey has been sent electronically; if not, it has been mailed. If you haven't already done so, please return it promptly.

The results will inform RFA members about their colleagues, and also enlighten the entire USC retiree community, Trojan alumni and the USC administration about the value of retired faculty contributions to the university and the communities where we reside. Results also will be provided to the Association of Retiree Organizations in Higher Education (AROHE) and other conferences, to highlight USC's recognized leadership in higher education retiree programs, both nationally and internationally.

with Disabilities Act. Their goal is the installation of assistive hearing technology in major USC venues including Bovard Auditorium.

I encourage all of you to become involved in the RFA. An excellent way to meet colleagues and help serve the retiree community is to participate on one of our standing committees such as the newly created Membership Committee or the Scholarship, Program/Events, or Ombudsman/Advocacy Committees. Please consider contributing to our Caldwell Scholarship Program (see page 3). The program, spearheaded by Board members Kaaren Hoffman and **Victor Marshand Webb**,



Robert Stallings

provides partial scholarships to graduates of 10 high schools near our campuses.

Hope to see you at one of our 65th anniversary events. ■

Robert Stallings, RFA Vice President rstallin@usc.edu; (626) 319-2536 rfa.usc.edu

Our 65th RFA anniversary is coming, Fall 2014

Planning for the RFA's 65th is well underway. Our on-campus celebration will take place on Oct. 24, from 1 to 6 p.m., in the Tutor Campus Center.

This "reunion" will provide opportunities to connect with other retired colleagues. While the Board is spearheading the on-campus event, we are looking for RFA members – such as yourself – to help plan three regional socials in the Pasadena, South Bay and Westside areas, where many retired faculty reside. These locations will accommodate those who would enjoy an event closer to home.

How can you help? We are organizing local committees to: 1) select a weekend afternoon date in September or early November; 2) find a venue (preferably someone's home); 3) donate some refreshments; and 4) publicize the gathering among other retired faculty in your area. These are some ways you might contribute to the success of our 65th.

We are also creating a short video of RFA and USC history, tied to major events in the decades since 1949, and some interviews of former RFA presidents. If you have some old photos of either USC campuses, would like to help conduct some interviews or help in other ways, please contact **Robert Stallings** (<u>rstallin@</u> <u>usc.edu</u>), **Victor Marshand Webb** (<u>victorw2@aol.com</u>) or **Phoebe Liebig** (<u>liebig@usc.edu</u>).

Additional information will be posted on the RFA website and "Save the Date" cards will be mailed soon.

First Research Grant Awarded for 2014

The USC Emeriti Center College is pleased to announce that **Tu-nan Chang**, Professor Emeritus of Physics and Astronomy, has been awarded \$2,300 from the Provost's newly endowed Research Fund. Professor Chang is continuing his research on atomic structure theory in collaboration with colleagues in Taiwan and Beijing since his retirement in 2012. He will attend an international conference on Physics Education and Frontier Physics – "Looking Forward to Quantum Frontiers and Beyond" in Singapore this summer. Professor



Chang will serve as a panelist for a plenary session on international collaboration, and he is a member of the International Advisory Committee for this conference. He hopes to reach out to more potential collaborators for his research.

A very different kind of letter

This has been a very trying, but

ultimately eye-opening day. It started

with a call from auto repair telling me

that the car needed new brakes, shocks

\$1,500. Next I learned that Microsoft is

no longer providing updates and service

and wheel alignment. There went

to computers running their Windows XP



Dixon Johnson

operating system.

While I don't totally understand the reasons, the bottom line I was told by the trusty folks at USC's Information Technology Service, is that I need to replace both my software and my 2003 laptop computer. Likewise my wife's 1997 desktop is unable to run the new Microsoft operating system. Although I now realize that the cost of two new computers and the new operating systems will be less than the original cost of one computer, it's still going to be in the neighborhood of \$1,000. So still before lunch, I was feeling, mighty low, sorry for myself, and \$2,500 poorer.

Just then my wife reminded me of some of the many things we have to be grateful for: good health for ourselves and our family, a comfortable home, beautiful weather, current financial adequacy, good friends and each other. That led me to think of the marvelous people on the SRA Board and the important roles they play in our activities. Among the most important are **Jo** and **Art Ochoa** who were awarded the J. Tillman Hall Award at the recent spring Staff Retirement Recognition Luncheon for their exceptional work in many roles for the SRA. Also **Jeanne** and **Bob Church** for their great organizational skill in arranging for that luncheon, and other previous SRA events. These are just four of the great people who make our SRA "happen."

All too often I seem to focus on the immediate negative events and forget the long-lasting positives in life. If this rings true for you as well, next time you're feeling down, look for the bright side. I think you will discover many more important things to be thankful for. Until then, as the British said during World War II, "Keep Calm and Carry On!"

Dixon Johnson, SRA President dixonjob@usc.edu; (562) 985-3304

Jo and Art Ochoa share prestigious award

The 2014 "J. Tillman Hall Staff Award for Service to USC" was presented to **Jo** and **Art Ochoa** at the annual Staff Retirement Recognition Luncheon in March (see page 10).

"Joe and Art Ochoa are wonderful ambassadors, not only for the SRA, but for all USC staff retirees," said **Janette Brown**, executive director of the Emeriti Center. "The Ochoa's long-time involvement with the SRA Board has provided continuity and collective memory across several changes of officers."

The Ochoa's have provided exemplary leadership in a variety of roles on the Staff Retirement Association (SRA) Board, including serving as Co-Vice Presidents and Co-Chairs of Hospitality. They became board members in 2005.

As co-chairs of hospitality for four years, Jo and Art made the annual retiree holiday celebrations joyous and successful events. Jo had a major role in planning logistics, and Art contributed by picking up centerpieces, arranging tables, and greeting guests. Also, they successfully organized many other events including homecoming and the Spring and Fall general membership meetings.

They have organized the annual recognition luncheons, represented the SRA at the Retired Faculty Association (RFA) Board of Directors' meetings, and originated a Memorandum of Understanding among the SRA, RFA, and the Emeriti Center for the Annual Holiday Celebration.

Jo retired in 2004 as program manager from the USC Division of Biokinesiology & Physical Therapy on the Health Sciences Campus, after 20 years. In 2008, Jo was appointed Membership Chair and Events Committee Chair on the USC Physical Therapy Alumni Association Board of Directors. She is a USC Ambassador appointed by the President's Office.

Art was appointed SRA Ambassador to the USC Alumni Association's Half



From left, Dixon Johnson, Jo and Art Ochoa and Janette Brown.

Century Trojans. He retired in 2004 from the L.A. County Probation Department. He is L.A. Chair of the Executive Board of Directors for the County, Reserve Deputy Probation Officer Program. Art has been a Reserve Deputy Probation Officer for more than 20 years.

The Ochoas encourage all USC staff retirees to become involved with the SRA. They said it has been an enriching experience and it gave them the opportunity to stay connected to the Trojan Family.

SENIOR CYBER TIPS

Practical passwords for seniors

Most recommendations for creating and keeping track of passwords are intended for people who work in public places (offices, libraries, etc.). Retirees typically login to websites at home and sometimes (!) have trouble remembering things.

Here are some practical guidelines for creating safer passwords (no password is absolutely safe): make them at least eight characters long; do not use dictionary words or real names; do use mixtures of upper and lower case letters, numbers, and special characters (if permitted: !, @, #, \$, etc.). Example: \$3nRt1P! ("Senior Tip!").

Use different passwords for different types of websites (e.g., don't use the same password for online banking that you use for the *New York Times*); write down passwords (and user names) and the dates created (as well as updates and dates changed) and store them in a nonobvious place that you can remember (!).

Don't use your Facebook login for other websites. And don't do your online banking or eBay purchasing in a coffee shop!

* See earlier tips at seniorcybertips. blogspot.com.

- **Bob Stallings** rstallin@usc.edu

In The News

- In mid-January, **Bob Scales** (dean emeritus/dramatic arts) was interviewed by radio talk show host Jan Fowler on AM 1520's "Senior Living at its Best."
- On *CNET News Internet & Media*, **A. Michael Noll**, professor emeritus (communication and journalism) weighed the proposed \$45 billion Comcast/Time Warner Cable deal. "Comcast proposes to take over Time Warner Cable ... It claims the merger would benefit consumers. Nonsense!" he wrote, adding that if government allows this acquisition, as a condition the content business must be spun off.
- *The Wall Street Journal* quoted **Harry Richardson**, professor emeritus (business), about the relationship between urban sprawl and societal ills.

Geropsychologist Dr. Knight joins USC Internal Medicine

National award winner and gerontology professor, **Bob G. Knight**, is now available at the Health Science Campus (HCCII) for screening psychological conditions including but not limited to: caregiving stress, depression, and dementia. Medicare and PPO insurance accepted. For appointments: (323) 442-5100.

Fertik returns from Israel

After three months in Israel, **Irene Fertik** (photographer/News Service) returned to New Mexico in March where she has three upcoming slideshow/lectures this year. She will now create her own book illustrating her 22 years of documenting the ongoing story of Ethiopian Jews in Israel.

Churness interviewed

Retired faculty member **Vivian Churness** (professor emerita, nursing) was interviewed by the Rev. Bobby Schuller about her book, *Missing*, on the "Hour of Power" TV broadcast.

Keeping very busy

Robert Ellwood, professor emeritus (religion), has been keeping busy in his retirement. His *Many People, Many Faiths*, now coauthored by Prof. Barbara McGraw of St. Mary's College of California, has just been published by Pearson Education, Inc. Ellwood notes that "the treatment of Jihad is more qualified to meet present realities." The fourth edition of his general textbook, *Introducing Religion*, also just came out.

IN MEMORIAM

We honor and mourn our university colleagues who have died. Those who were recorded by press time, and whose names were not noted in previous newsletters, are:

Ron Alkana (molecular pharmacology/toxicology, pharmacy); Wallace Blischke (business); Edward K. Blum (mathematics, computer science); David Berman (pharmacology); Peter Berton (international relations); John L. Denny (medicine); Arnold S. Dunn (biological sciences); Melvin Gerstein (engineering); Melvin Greets (engineering); Herb Harbeson (Auxillary Services); William C. Himstreet (business); Helen Hislop (biokinesiology/physical therapy); John Hospers (philosophy); Frank Jobe (medicine); Helen Jones (business manager/Andrus Gerontology Center); William Edward Nerlich (medicine); Cornelius Schnauber (German/Kade Institute); Eliana Segura (safety and risk management); Ronald E. Smith (medicine/ophthalmology); Edwin F. Sorver (medicine/staff); Hans von Leden (medicine/otolaryngology); Sally Williams (spouse of Kenneth Williams, medicine); Masako Yamamoto (staff).

University of Minnesota hosts August AROHE Conference

The 11th biennial AROHE Conference (Association of Retirement Organizations in Higher Education), will take place August 10 - 12, at the University of Minnesota. Retirees, transitioning faculty, and HR professionals are encouraged to attend to learn about successful practices at other institutions and connect with retiree organization leaders from North America. Early registration deadline is June 20.

The American Council of Education (ACE) editors of the new book: *Faculty Retirement Best Practices for Navigating the Transition* will moderate a best practices panel featuring nine ACE/Sloan chapter authors. USC and AROHE each have a chapter in the new publication.

Professor and researcher Phyllis Moen and former U.S. Senator David Durenberger will deliver keynote addresses. For conference information go to: http://arohe.org, email: info@arohe.org, or call 213-740-7121.

A Valentine's Day serenade

The Sound Stage Quartet consists of members of the Santa Monica Oceanaires barbershop chorus. Every year the chorus sends five or six quartets to present 60 or more "Singing Valentines" to ladies (and an occasional gent) throughout the coastal cities and Los Angeles. Jerry Walker,



Director of the Emeriti Center College, has been a member of the chorus for 15 years, and he sings

the "lead" part (melody) in the quartet. Jerry (second from the left) is joined by **Bob Curran**, the tenor; **Tom Laskey**, the bass; and **Alan Hanson**, the baritone, in a love song to **Kim** and **Jimmy Wooden**.

Palm Springs Follies was enjoyed by all

Thirty-nine SRA members and guests attended a Feb. 20 trip to see "The Fabulous Palm Springs Follies," in its final season. The group joined 17 people already in Palm Springs, and they lunched at Peabody's, next to the historic Plaza Theatre.



The "Follies" cast is traditionally introduced by their credits and ages – til singing and dancing, their ages ranged from 55 to 85.

As we boarded

the bus on our return, we ogled the huge Marilyn Monroe statue, modeled on "The Seven Year Itch," when her skirt was billowing (it's since been dismantled and shipped East).

It was a great trip, despite a few bus malfunctions, and we arrived back at USC before 8 p.m. after a long but enjoyable day.

Note: USC has affiliated with Pasadena's Asian American Museum. I'm working on a day trip on the Gold Line, maybe in June or July, so watch for an email flyer.

- **Dick Martin** dickmar@msn.com

SUCCESSFUL AGING

To stay or move?

Most people want to age in place. According to an AARP study, nearly 90 percent of people 65 and older want to stay in their own homes as long as possible and about 80 percent believe that their current residence is where they always will live. To anticipate the effects of aging on our physical and mental well-being is difficult.

Here are some situations that might require a move.

- 1. Home maintenance. If living alone, the physical upkeep of a home may become too demanding such as housework and maintaining a yard.
- 2. Physical and medical needs. Assistance might be necessary in tasks of shopping, cooking, cleaning, looking after pets and just moving around.
- Social and emotional needs. With age, social connections may change. Neighbors move and family and friends may not live close by.
- 4. Affordability. A home might become too expensive to maintain or the cost to modify it may be unaffordable.

We all know people who have aged well and continue to stay healthy, fit and fully engaged with life – living independently into their later years. We also know those who have chronic conditions that are limiting, are victims of a fall or can no longer drive causing them to feel dependent and isolated. Today housing choices range from the Village movement, to co-housing, retirement communities, assisted living and more. Perhaps what is most important is to have the conversation – with a mate, family member or valued friend so the decision is intentional rather than by default. It's an important chat.



 Helen Dennis,
Specialist on aging,
employment and the new retirement,
helendenn@aol.com

Faculty Lifetime Achievement Award Honorees

USC honors eminent retired faculty each year. Four Faculty Lifetime Achievement Awards were presented at the 2014 Academic Honors Convocation, hosted by President C. L. Max Nikias in April. Here are short summaries of their careers; longer descriptions are on the Emeriti Center website, emeriti.usc.edu/ under "Awards."

Richard H. Day

Professor Emeritus of Economics USC Dornsife College

Professor **Richard H. Day** built USC's reputation as a trend-setting and intellectually lively center for economics, and played a key role in catapulting the economics department to top-15 status.



Day stands among the first researchers to

apply complex dynamics, or chaos theory, to economics. The papers he published in the 1980s were the first to demonstrate that irregular behavior can occur in models of economic change that incorporate significant nonlinearities. His work on this topic culminated in a masterful two-volume book, Complex Economic Dynamics.

He co-founded the distinguished Journal of Economic Behavior and Organization in 1980, and served as its editor until 2002. This publication provided a home for new interdisciplinary trends that had emerged within economics in the late 1970s.

Having served on USC's faculty from 1982 to 2007, Day immeasurably enriched the USC community through his exceptional scholarship and instruction.

Chester A. Newland

Frances R. and John J. Duggan Distinguished Professor Emeritus in Public Administration USC Price School of Public Policy



Professor **Chester A. Newland** has become one of the most renowned and respected figures in public administration.

A towering figure at the USC Price School of Public Policy for more than four decades, Newland was the architect and pillar of the school's executive leadership development programs, including its signature degree, the Master of Public Administration. He devoted 27 years to teaching at the USC State Capital Center in Sacramento.

Among his many leadership roles, he was twice director of the Federal Executive Institute – the U.S. government's top training and development center – and founding director of the Lyndon Baines Johnson Presidential Library.

In 1975, Newland became the first USC faculty member to be elected a fellow of the National Academy of Public Administration, and he was elected president of the American Society for Public Administration in 1980.

Walter E. Fisher

Professor Emeritus of Communication USC Annenberg School for Communication and Journalism

Professor **Walter R. Fisher** has left an indelible imprint on academic communities across the nation and around the globe. He is best known for his development of



the "narrative paradigm," a theory that grounds reasoning and decision-making in the intrinsically human act of storytelling. Fisher's narrative paradigm is one of the most important insights in communications research over the past 40 years.

Fisher joined the university's faculty in 1965. He played a vital leadership role in shepherding the communication school through the merger of two previously independent academic units, and his vision and commitment were instrumental in building the school's international stature.

Throughout his career, Fisher has shown a remarkable dedication to students, and he designed USC's ethnic studies major in 1968 to help assure the inclusion of minority students in mainstream society. He is beloved by his colleagues and students.

Christopher D. Stone

J. Thomas McCarthy Trustee Chair in Law, Emeritus USC Could School of Law

USC Gould School of Law

Brilliant legal scholar Professor **Christopher D. Stone** has earned tremendous esteem for the breadth of his intellectual enquiry and his unsurpassed ability to forge connections among a wide range of fields and disciplines.

He transformed the field of environmental law with his highly original contributions, beginning with his revolutionary article, "Should Trees Have Standing?," published in 1972.

Stone reimagined law not only as adjudicating rights among individuals, but also as a system that regulates the relationship between individuals and the natural world. His ideas were adopted by activists in the emerging environmental movement and influenced judges, including the United States Supreme Court.

Stone's students and colleagues at the Gould School benefited greatly from his enthusiastic leadership, penetrating insights, and exceptional dedication to teaching. One colleague remarked, "For nearly 50 years, Professor Stone has been the soul of the law school."



Benefactor Recognition

Through the Emeriti Center's Benefactor Recognition Program, we thank those who have recognized honored colleagues, friends, and family with a \$500 or more contribution:

Donor

Honoree

William Ennis Thomson Mike Halloran

Betty Thomson Dennis Dougherty

Caregiver center has new name, provides same excellent services

The USC Family Caregiver Support Center (FCSC) – formerly the Los Angeles Caregivers Resource Center – at the USC Davis School of Gerontology places a high priority on providing support across the continuum of care giving. Since 1989 this has included diagnosis, prognosis, and services that help maintain the care recipient's independence and abilities, helping caregivers care for themselves, and manage their own wellbeing. Supportive services include information, assessment, individual consultations, respite, education, and training. Our vision is: "To be a model for Los Angeles, the state, and the nation, by using technology, research, and education to transform care giving and the long-term care system."

Call toll-free: 855-USC-6060 (855-872-6060) for help.

The website: <u>http://fcscgero.org/</u> offers an email sign up for latest news, a calendar of events, and links to resources and other helpful information.

A swim for a good cause

"Swim With Mike" – the biggest pool party in the world – took place April 6 at the USC's new Uytengsu Aquatics Center.

Staff retiree **Bob Calverley** (engineering/Public Relations) swam his usual 5,000 yards raising \$1,345 to raise funds for physically challenged athletes. Since it started 34 years ago, the event has raised \$15 million for scholarships to help more than 160 students overcome a life-challenging accident or illness.

Due to an injured shoulder, Bob hasn't been able to do his swimming nonstop.

"It was all kicking and I did most of it before the event," he said, "I just finished up with the last few lengths at Swim With Mike." So he had time to



enjoy the day, which was also his 69th birthday!

"The barbecue lunch was fantastic," said Bob. "My wife Cyndy and I watched the football team practice while we ate. I loved the belly flop contest, which was won by one of the USC Song Girls."

Bob has now taken part in the fundraiser more than a dozen times.

"I'll keep doing it as long I can," said Bob. ■

A NOTE FROM THE EDITOR

Since attending Emeriti Center's February "Fit for Life Symposium," I have been sitting less and moving more. Along with more than 100 others in the Gerontology Auditorium, I listened to occupational therapy professor **Florence Clark** urge us to "Infuse healthy and meaningful activities and measures into day-to-day routines." If I came away with only one tip it was the value of getting up at least every hour. I already knew I should walk daily. But who knew that sitting could be so bad?

USC experts presented information and tips gleaned from their research and their own life experiences. I left with practical information to keep me on the path to be a healthier me. You can access the Fit for Life presentations and handouts at: http://bit.ly/Fitforlife.

> - Christine Shade shade@usc.edu

June's Fit for Life Part II is a physical fitness workshop

Attendees from our spring USC Fit for Life Symposium have asked for more information about practical ways to keep physically fit. The Emeriti Center is sponsoring a hands-on Physical Fitness Workshop on Wednesday, June 25. This two-hour session is presented by USC Physical Therapy Director, **Jacquelyn Dylla**, who will demonstrate simple exercises to help attendees with balance, strength, and flexibility. The session is from 10 a.m. to Noon in GER 224 on the University Park Campus.

Wear comfortable clothes and shoes.

Dylla is an assistant professor of Clinical Physical Therapy, Division of Biokinesiology & Physical Therapy at USC. She will answer questions and provide helpful resources as well. All are welcome. To RSVP: http://emeriti.usc.edu.

THE EC'S BOOK NOOK

"Six Women of Salem, the Untold Story of THE ACCUSED and THEIR ACCUSERS in the SALEM WITCH TRIALS (2013)

by Marilynne K. Roach

What was it like to live in the Massachusetts colony in 1692-1693 and be drawn into the mass hysteria when people were accused of witchcraft? The author/historian illuminates the lives of six very different women (among them a widow, a hired girl, the wife of the richest man in Salem, and an Indian slave) of those dreadful times from 20 communities, where more than 160 people were brought before the law. Fifty-two people were tried, 30 were condemned, and 20 were put to death. Five more died in prison. These were real people, living lives of turmoil and tragedy in the early years of what we now call America.

SENIOR HUMOR

A prenuptial?

An elderly couple had been dating for some time. Finally they decided it was time for marriage. Before the wedding, they went out to dinner and had a long conversation regarding how their marriage might work.

They discussed finances, living arrangements, and so on. Finally the old gentleman decided it was time to broach the subject of their physical relationship.

"How do you feel about sex?" he asked, rather trustingly.

"Well," she said, responding very carefully, "I'd have to say I would like it infrequently."

The old gentleman sat quietly for a moment. Then, looking over his glasses, he looked her in the eye casually asking, "Was that one word or two words?"

– Len Wines

Retired staff honored at annual luncheon

USC staff who retired in 2013 were honored at the 29th Annual Staff Retirement Recognition Luncheon in March at Town & Gown. The 113 retirees came from all corners of the university, and more than two dozen were able to attend the luncheon, one coming from as far away as Oklahoma.

The 2013 retirees were comprised of employees in many departments such as administration, enrollment or financial services, pharmacy, public safety, longitudinal studies, and the University Club. In point of fact, they supported all pillars of the university that helped the campus run smoothly so USC students could receive the finest education possible. Their length of service ranged from 10 to 45 years, with an average of about 20 years.

Co-Vice President of the Staff Retirement Association, **Robert Church**, made opening remarks and introduced **Todd Dickey**, Senior Vice President, Administration, who sponsored the luncheon.

Dickey welcomed the retirees, thanking them "... for devoting your careers to USC. You dedicated yourself to USC's vision." Dickey spoke about transformative changes that are coming to the university, including the summer ground-breaking on the University Village property, which he said would be a "game changer" for USC. He encouraged the retirees to stay involved by attending speaking and arts events and to return to campus often.

"Welcome to the wonderful world of retirement!" said **Dixon Johnson**, president of the Staff Retirement Association (SRA), ticking off a list of activities retirees can take part in. These included serving with the SRA, joining the Trojan Encore Program, mentoring international students, and taking part in a neighborhood initiative near USC. "And now that you're retired," he reminded them, "you don't have to shop at Costco on the weekend!"

Bob Stallings, president of the Retired Faculty Association, thanked the staff members for their service and told the group, "When we're retired we're in the same boat," he said, encouraging them all to become involved with the Emeriti Center.

Janette Brown, executive director of the Emeriti Center, the umbrella group for all USC's retirees, said she is always impressed with the experience, wisdom and knowledge of retirees, "even those with disabilities and frailties. One of my best volunteers is 97 years old!" Brown said.

Brown presented the "2013 J. Tillman Hall Staff Award for Service to USC" to a hard-working retiree team, **Jo** and **Art Ochoa**, who have served as co-vice presidents and co-chairs of the SRA's Hospitality Committee (see page 5).



2013 Staff retirees who attended the luncheon included: Front row, from left: Natalie Bilbrey, Jane Thurgood, Lynda Coleman, Jane Chan, Carol Williams, Fumi Stark, Lorraine Sanchez-Keeland, Santiago Pinto, Maria Nehlsen, and Quence Smith. Second row: Aravinda Kavipurapu, Blanca Sinclair, Grace Chow, Debora Huffman, Celso Dela Cruz, Antranik Shahinian, Norella Putney. Back row: Carol Ann Schmitz, Dixon Johnson (SRA President), Janette Brown (Executive Director, Emeriti Center), Thomas Tritto, Lawson Tatum, Todd Dickey (Senior Vice President, Administration), Alfredo Benavente, Rosalio Rubio, and William Derby.

Be ready to Drop, Cover, and Hold

Recent 4.4 and 5.2 earthquakes in the L.A. area, plus 100's of aftershocks, were wake-up reminders that we should all be prepared for a larger event. **Steve Goldfarb**, USC's Fire Safety & Emergency Planning Specialist prepared the following information:

Earthquakes are part of living in California and many other states. Seismologists tell us that a large quake measuring 7.8 or greater could occur. A quake of this magnitude could shake Los Angeles for upwards of two-minutes. Are you prepared for "The Big One"?

When the earth starts shaking, immediately Drop under a desk or table, Cover the back of your head and neck, and Hold-on. You can also stand next to an interior wall and protect the back of

USC plays role in neighborhood readiness

Hearing USC Fire Captain **Rob Forsberg** speak to the USC students in the neighborhood two years ago led to a program that is very important to folks in the USC neighborhood. After 35 of us took part in a 2-week Short Course in Community Emergency Readiness Training (CERT), USC's Fire and Safety Director, Bill Regensberger arranged for 60 of us to take the CERT 7-week Long Course to better ensure preparedness for earthquakes, and how to be of real, life-saving service to our families and our neighbors.

Our classes included retired and active USC staff and faculty, Natural History Museum and United University Church staff, and many individuals from the neighborhood. This is an outstanding example of the role USC plays in improving the lives of its neighbors.

- David Tool

your head and neck. Do not try to run or go into a doorway. Take the time now to secure large items in your home to avoid injury from falling objects. Many hardware stores sell earthquake straps, Velcro, and earthquake putty that can be used to secure your electronics, tall furniture, and knickknacks.

Assemble a disaster kit. You can store items in a backpack, plastic container or a new plastic trashcan with wheels. Have enough supplies for at least 3-days. Items to consider include water (1- gallon per person per day), non-perishable food, flashlight and extra batteries, first aid kit, whistle, AM/FM radio, dust mask, toiletries, and a wrench to shut off your gas. Be sure to include one week's worth of medications and medical supplies that you normally use or depend on and keep a copy of your prescriptions. Additional items include a spare pair of glasses, hearing aids and batteries.

Create a personal support network. If you anticipate needing assistance during a disaster, ask family, friends, and neighbors to be a part of your plan. Identify a few people that will check on you following the earthquake. Make sure they have a key to your home. Identify an out-of-state phone contact that each family member or friend can call if local phone service is disrupted. Finally, consider your pets in your plan. Add pet food, water, and either a pet carrier or leash.

For more information about emergency preparedness, visit these helpful websites:

www.redcross.org preparedness.usc.edu/emergency Scroll down to the earthquakes

section.

USC takes part in an Emeritus College review

At the request of the Vice Provost for Academic Affairs at Emory University, the EC's **Janette Brown** served as one of three external reviewers for Emory University's Emeritus College. The April visit to Atlanta, Georgia, included visits with the Provost and Vice Provost, followed by a full day of meetings with various constituent groups. Administrators from Cornell University and Wesleyan University also served on the external review committee.

Trojans Helping Trojans

We are USC retirees and pre-retirees who meet monthly to support and advise the Emeriti Center in their outreach efforts to the larger USC retiree community. Interest in supporting an active retirement, and a hands-on as well as an advisory approach to volunteerism and communication is common to us all.

We form various size ad hoc groups (single-goal and longer term) to work on projects of interest to the group, or at the request of the Emeriti Center or the Emeriti College. We support goal setting and expanding the potential of the Trojan Encore Program, the Staff Retirement Association and the Retired Faculty Association. Our activities range from local off-campus informal meetings and seminars to organized on-campus events, where we will act as coordinators and facilitators for topics of interest.

Please join us! Contact **Carole Gustin** <<u>cgustin@emeriti.usc.edu</u>> to be added to the mailing list for upcoming meetings.

USC Emeriti Center

University of Southern California 3715 McClintock Avenue, Room 220 Los Angeles, CA 90089-0191 Non-profit Organization U.S. Postage Paid University of Southern California



RETIREE COMMUNITY EVENTS

MAY: Thursday, May 15, June 19, July 17, 10 a.m. to 11:30 Trojans Helping Trojans, (see page 11) Meetings held on the 3rd Thursday of the month.

> Friday, May 16 131st USC Commencement

Tuesday, May 20, 11:30 a.m. to 1 p.m. Joy of Law, Avoiding Legal Problems in Life and Beyond (see page 3)

JUNE: Wednesday, June 11 SRA General Meeting (see page 1)

> **Thursday, June 12, July 10, Aug. 14, Sept. 11** USC Book Club, 2 to 4 p.m. Registration required: email <u>beth.shube@gmail.com</u> or call (213) 740-7122

Wednesday, June 25,10 a.m. to Noon Fit for Life Physical Fitness Workshop (see page 9)

AUGUST: Monday, August 25 Fall classes begin



USC Emeriti Center Phone (213) 740-8921

Emeriti Center College

Phone (213) 740-8841

Email emeriti@usc.edu Website emeriti.usc.edu

USC Retiree Community Newsletter

Janette C. Brown, Executive Director Christine Shade, Editor

Contributors: Retired Faculty Association and Staff Retirement Association members; and Emeriti Center leaders and staff.

We thank our students, congratulate the seniors

We thank all of our students for their hard work this year: **Rachel Cowman, Vivian Eng, Jessica Klascius** and **Agnes Sung**; and we thank and congratulate our graduating seniors **Velvet Arriola** and **Kamesha Longsworth**.

Our gerontology intern, **Kezia Rusli**, is also graduating.