

## Retiree Community Newsletter

May 2013

### Interdisciplinary USC Symposium on hearing health gets high marks

"The USC Hearing Health Symposium was one of the most valuable, timely, and interdisciplinary programs that we have produced for our wellness series," said **Janette C. Brown**, executive director of the USC Emeriti Center.

"And this all came about because past RFA President and Emeritus Professor of Religion **John Orr** impressed upon us how little we know about hearing health or about our choices for hearing clearly," added Brown. "We hope that as a result of this symposium, many of us will strive to make hearing clearly a priority on campus, at home, and in public venues."

At the April 19 symposium – with about 170 attendees – three panels presented information on hearing health and advocacy from medical, educational, research, psychological, and technological perspectives. A welcome from USC Davis School of Gerontology Dean **Pinchas Cohen** was followed by House Research Institute (HRI) President and neurotologist, Dr. **John W. House**, who spoke on the first panel with colleagues Dr. **John C. Goddard** and audiologist **Monica Andriacchi**. HRI CEO **James D. Boswell** moderated this informative discussion.

Other speakers included Davis School Assistant Professor **Aaron Hagedorn**; clinical psychologist **Alison Freeman**; audiologist **Arineh Khachatoorians**; **Susie Ramirez**, EPIC Hearing Healthcare; **Ryan Epoch**, Contacta, Inc.; **Roberta Smith**, California Telephone Access Program; and **Charlotte Schamadan**, a passionate patient advocate and HEI member, who introduced the second session. USC Thornton School of Music Professor **Ken Lopez** moderated a lively afternoon session about assistive listening devices, technologies and community resources.

**Marilee Potthoff**, who directs community education and outreach programs for the Institute, played a major role in securing the speakers and exhibitors for the symposium. Potthoff, Brown, Orr, and **Kathi Hammons** from USC Disability Services and Programs planned the program along with USC retiree leaders. The Emeriti Center staff produced the event. Special thanks go to the House Research Institute and the USC Credit Union for their sponsorships.

"This was the best Emeriti Center event ever!" said attendee **Harriett Porch**. The USC Hearing Health Symposium exemplifies how USC retirees make valuable contributions that benefit the USC community. Another important contribution inspired by Orr is that the Emeriti Center and the Retired Faculty Association will help fund the first induction loop technology system at the Davis School Auditorium to enhance the listening clarity for the hearing impaired.

To view the recorded Hearing Health Symposium Sessions and print the handouts, visit [emeriti.usc.edu](http://emeriti.usc.edu) and click on the video link within the red Communications button. ■



From left, symposium participants from the House Research Institute include: James D. Boswell, CEO; Marilee J. Potthoff, director of Community Education and Outreach; and John W. House, M.D., president, House Research Institute and associate, House Clinic.

E. Naver, House Research Institute

### SAVE THE DATE

**Trojans Helping Trojans**

**Thursday, June 13**

**GER 224, 10 a.m. - 11:30 a.m.**

Would you like to help us design a successful and important EC Volunteer program, on campus and off? We want to know your thoughts about establishing a group of USC Caring Colleagues.

Join us for a casual morning discussion about Trojans helping Trojans through Trojan Encore. Whether we have an "on call" campus group and/or Trojans helping their fellow Trojans within their own communities, we want your ideas to create something worthwhile.

**RSVP to [ecrsvp@usc.edu](mailto:ecrsvp@usc.edu) or (213) 740-7122**

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## Emeriti Center is on the move at home and in San Francisco

The Emeriti Center is always looking for ways to support and engage the USC retiree community as well as the entire Trojan Family. This semester we have been examining USC Emeriti Center history for the ACE Sloan grant, addressing retiree health concerns, organizing a “Hearing Health Symposium” (see cover story), advising faculty and staff transitioning to retirement, supporting the Retired Faculty Association (RFA) and the Staff Retirement Association (SRA) in their endeavors (see pages 4 and 5), and supporting mentoring projects (such as TGIF; see page 11). In addition, we have been deciphering our “new life stage” project results (see page 10), giving a CASE conference, and much more. Your colleagues continue to work hard to create resources and programs for you and for the university.

In March, AROHE President **Sue Barnes** and I made a presentation at the Council for Advancement and Support of Education (CASE) conference in San Francisco where USC received 13 communications and marketing awards. Our CASE presentation was the only one to focus on the value of retired faculty/staff populations in higher education. The presentation, partially funded by our Sloan grant, encouraged colleges and

universities to create Retiree/Emeriti Centers, Emeriti Colleges, and Retiree Associations. USC has all three types of retiree organizations: the Emeriti Center, Emeriti Center College, and two associations: the RFA and the SRA. Other institutions typically have one association or none. Barnes directs the six-year-old UC Davis Retiree Center. Davis’ model is quite different from USC’s as their Center is part of university advancement (development). UC Davis retirees volunteer at development events, development staff arrange retiree tours, and retiree donors are profiled in the Davis Retiree Center newsletter. In contrast, the USC Emeriti Center – in existence since 1978 – as part of the Office of the Provost, provides many services, projects, events, and resources.

Speaking primarily to development officers, our CASE presentation emphasized that retirees should not be viewed merely as donors but as valuable contributors of time, experience, and wise counsel; and that retirees should be honored and supported as such. The presentation highlighted USC retiree-authored publications: “After the Death of a Loved One” and “My Confidential Documents,” as examples of valuable USC retiree contributions. These publications were a big hit with workshop attendees.

In addition, we reported that, based on USC Annual Giving records, our retired faculty and staff have donated more than \$41

million to the university! The Emeriti Center encourages donations to any USC initiative and also to support the Center’s important work.

The USC Emeriti Center strives to be multigenerational, multidisciplinary, and multicultural. It offers programs and resources for all generations, including USC students. Retired faculty and staff continue to mentor USC students and alumni on their own, but recently, our two retiree associations instituted a new mentoring program to support our USC international students. Trojan Global Intergenerational Friends (TGIF) provides a way for social gatherings and informal mentoring based upon the needs and interests of our international students (see page 11). The Emeriti Center is pleased to support this program, which is supported in part by Sloan grant funds. ■



Janette C. Brown

**Janette C. Brown,**  
Executive Director

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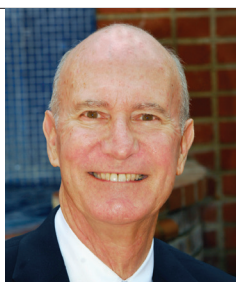
## USC Emeriti Center partners with USC Alumni Association and USC Career Center for Encore Career Event

Date:	Thursday, June 6
Time:	10 a.m. to 1 p.m. (Registration at 9:30 a.m.)
Location:	USC - University Park Campus, Andrus Gerontology Center (GER) Auditorium
Cost:	\$20 (includes boxed lunch, book and parking for those without USC retiree Gold Cards)

Wondering what’s next in your life? Thinking about doing work you feel good about? Join us for a town hall-style event celebrating the publication of “The Encore Career Handbook: How to Make a Living and a Difference in the Second Half of Life” written by **Marci Alboher**, Vice President of Encore.org. **Paul Irving**, President of the Milken Institute will moderate a conversation with Alboher and **Helen Dennis**, Specialist in Aging, Employment & the New Retirement along with audience participants who have transitioned into encore careers – second acts for the greater good.

Information is posted on the USC Emeriti Center web or call: (213) 740-8921.





Jerry Walker

## Enthusiasm grows for new USC Book Club

The USC Book Club held its first meeting on March 7 to discuss Ian McEwan's "Sweet Tooth," chronicling a young woman's responsibilities in MI5, the British Secret Service combating Soviet spies and IRA terrorists in 1972. The British economy was depressed, candidates for Prime Minister were ineffectual, and MI5 was looking for an unorthodox solution.

The lively discussion was led by **Beth Shube** and Professor **James Kincaid**, who have agreed to co-chair the Book Club. Six enthusiastic readers were able to attend the first monthly gathering. The next meetings are

Tuesday, May 14, and Wednesday, June 12, in GERO 125, from 2 to 3:30 p.m.

**Mary Margaret Locke**, who usually prefers history to fiction, said, "The USC Book Club has given me a chance to open my mind to reading contemporary fiction, and to be exposed to others with a wealth of background in reading fiction." Locke drove 100 miles, round trip, to participate in the inaugural meeting and she declared that the drive "was worth it!"

The second book selected by the Club members was **T.C. Boyle's** "The Tortilla Curtain: A Novel" (1995), which was discussed on April 11, when 11 new members attended. Boyle, a University Professor of English in the USC Dornsife College, wrote a provocative account of immigration in Los Angeles.

Other selections recommended by members include: "The Gravedigger's Daughter: A Novel" by Joyce Carol Oates, the story of a young woman whose family flees Nazi Germany in 1936 and her struggle for identity and survival in post-WWII America; and "The Warmth of Other Suns: The Epic Story of America's Great Migration" by Isabel Wilkerson. This National Book Critics Circle Award winner tells about the decades-long migration of black citizens who fled the South for northern and western cities in search of a better life.

If you would like to participate in future Book Club discussions, please contact **Judy Diaz**, Assistant Director, USC Emeriti Center College. ■

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From left to right, Mary Margaret Locke, Professor James Kincaid, Lora Walker, Beth Shube, Jerry Walker and Marlene Wagner.

## USC Emeriti Center submits book chapter to ACE

A USC book chapter on "Developing a Legacy," written by **Janette C. Brown** has been accepted by the American Council on Education (ACE) and was sent to the publisher in April. The book includes a chapter from each of the 15 institutional winners of the 2012 Alfred P. Sloan Award for Faculty Retirement Transitions award. USC's chapter provides an overview of the legacy programs that enhance faculty transitions to and through the retirement years. Legacy projects abound in each of USC's 18 schools, but this chapter focuses on university-wide programs targeted by ACE: the USC Emeriti Center, Emeriti Center College, and the USC Living History Project. Thanks go to our three chapter editors: **Marty Levine**, **Phoebe Liebig**, and **Bob Stallings**. ■

## Congratulations!

We congratulate our two graduating EC student workers who received degrees on May 17: **Elson Lin**, from Honolulu, Hawaii, received his B.S. in Electrical Engineering from the USC Viterbi School of Engineering; and **Minda Miyamoto**, from Atwater, California, received her M.S. in Gerontology from the USC Davis School of Gerontology. ■



Photo credit Maricela Hinojosa

## An exciting Spring, and Fall plans are underway for the RFA

RFA elections took place in February, and results were announced on March 8.

**Robert Stallings** will be Vice President/President Elect and **Jack Sanders**, our Secretary. Current Vice President, **Bill Petak**, will become RFA President on July 1; **Jim Halls** will continue as Treasurer. The RFA Board welcomes four new at-large members: **Allan Abbott, Timothy Chan, David Marsh** and **Robert Scales**. Continuing at-large members are **Jack Crossley** and **Charlotte Furth**. Special thanks to **Art Donovan** whose persistence produced a fine slate of candidates.

The RFA joined with the SRA to plan the first TGIF event in February (see page 11). Key RFA planners included **Cynthia Berne** and **Jack Wills**. Jack is also involved with the EC College's Intergenerational Forum on Global Change that provides opportunities for retirees and students to exchange ideas on current global issues. Another joint SRA-RFA event was a matinee performance of "The

Most Happy Fella" in April.

The annual 2013-2014 contributions letter was mailed out in March. This year 783 of you supported us financially, but more important, you participated in RFA-sponsored activities. The number of Sherry Hours was expanded, with speakers in March and May: Bonnie Reiss regaled us about the new Schwarzenegger Institute of State and Global Policy; and Eileen Crimmins' comparison of U.S. health from an international perspective (poorer health, shorter lives) was sobering. Donald Miller's presentation on the "Arab Spring" is rescheduled for fall. The 20-seat retiree bloc of the April 4 Visions & Voices medical ethics lecture was filled. **Kaaren Hoffman** coordinated the informal retiree gathering that preceded the program, as well as the Caldwell Scholars luncheon on April 12, aided by **Victor Marshand Webb**.

Fall planning has begun. Jack Crossley has invited **Jacob Saul** (history/ac-

counting) to present the first Sherry Hour on Friday, Oct. 11; a second Sherry Hour is slated for Friday, Nov. 8. The Provost's Annual Faculty Retirement Recognition Luncheon will take place on Wednesday, Nov. 13 – save those dates!

Plans are underway to develop neighborhood social "networks" in areas with concentrations of retired faculty; to explore the possibility of offering webinars in the next year or two, and to plan the fall Caldwell Scholars luncheon.

Have a wonderful summer, and we'll see you in the fall! But keep up with what's happening by visiting our website. ■

**Phoebe Liebig**, RFA President  
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Phoebe Liebig

## RFA Donates to 32nd Street School

On March 19, the USC Retired Faculty Association Board of Directors presented a \$1,000 check to the 32nd Street/USC Magnet School for Visual and Performing Arts, a member of the USC Family of Schools.

The gift was made in memory of Dr. **Robert L. Baker**, former RFA president and emeritus professor of the USC Rossier School of Education. The fund was made possible by donations from Board members who chose the 32nd Street/USC Magnet School, in accordance with the Baker family's wishes to support local public schools. **Phoebe Liebig**, RFA



Principal Gonzalez and Phoebe Liebig

president, presented the gift to Principal **Ezequiel Gonzalez**, a Rossier School graduate.

Attending the event were RFA Board members **Kaaren Hoffman, Jack Sanders, Bob Stallings** and **Victor M. Webb**, along with **Janette Brown**, executive director of the USC Emeriti Center, and **Kim Barrios Thomas**, director of the USC Neighborhood Academic Initiative representing the USC Office of Civic Engagement. **Kate Baker**, Dr. Baker's daughter, represented his family.

The USC guests were entertained by the school's Jazz Band, with poetry by drama students and songs by music students. Refreshments were provided by 32nd Street parents and certificates of appreciation were presented to USC personnel. A tour of the school led by Gonzalez and parent **Guadalupe Lopez**, provided an opportunity for the RFA to express its ongoing support for USC's neighborhood schools. ■

## Dr. Russell Caldwell's legacy remembered

The late Dr. **Russell L. Caldwell**, USC history professor and founder of the USC/RFA Caldwell Neighborhood Scholarship was recently honored by induction in the Debate Coaches Hall of Fame at Wooster High School in Wooster, Ohio. Caldwell developed the high school's debate team while teaching history and speech there from 1931 to 1946. Over seven decades, the school has remained a top academic contender in the state; it has been #1 in its district over the last quarter-century and is now ranked 8th nationally. Caldwell arrived at USC in the mid-1930's to pursue his Master's and Ph.D. degrees while retaining his debate coaching duties at Wooster High School.

Caldwell's legacy includes two later generations of Caldwell family USC graduates. For more information, go to [emeriti.usc.edu](http://emeriti.usc.edu). ■





Dixon Johnson

## USC's reputation of excellence continues

As we approach the end of the academic year, it's a good time to look back at highlights. USC continues its upward trajectory in academics, fund raising, athletics, and research. The number of freshman class applicants continues to grow, containing more than 13 per cent first-generation college students, a point of pride for our private university.

Financially, large gifts keep rolling in, boding well for USC's \$6 billion fund-raising goal. And for the 20th straight year the Good Neighbors Campaign surpassed its fund raising goal, receiving a total of \$1.6 million in gifts and pledges from active and retired USC staff and faculty. The Staff Retirement Association shares this commitment to our neighbors.

Our national status as an athletic powerhouse was shown in the 2012 London Summer Olympics where 39 athletes and 5 coaches with USC connections participated. These athletes, representing 18 countries, won 25 medals: 12 gold, nine silver and four bronze. This was the university's largest medal total in a single Olympics.

Along with this over-all reputation for excellence, USC's retiree community is a leader in providing opportunities for life-long Trojans. The university hosts annual luncheons for retiring faculty and staff and the Provost provides staffing for the Emeriti Center.

The SRA also had an active year with the Trojan Global Intergenerational Friends program launch, closer connections

with the Staff Assembly, the beginning of CERT training for neighborhood resident retirees and employees (see page 9), the annual Staff Retirement Luncheon (see page 10), the annual Spring Musical event, the upcoming General Meeting on June 27, and a repeat trip to JPL in June.

All these activities and programs provide great opportunities to continue friendships with former co-workers, and to make new Trojan family friendships in these "bonus years." ■

**Dixon C. Johnson**, SRA President  
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### June SRA meeting showcases Engemann Student Health Center

The SRA June 27 general meeting will offer a tour and talk at the USC Engemann Student Health Center which provides a variety of health care for faculty and staff (both active and retired). The host and featured speaker is **Lawrence Neinstein**, executive director of the Center, professor of pediatrics and medicine, and associate dean, Student Affairs. The meeting begins at 11 a.m. and tours will begin after lunch. The meeting is open to paid SRA members. To RSVP: ecrsvp@usc.edu or (213) 740-7122.

## A Trojan team receives the J. Tillman Hall Staff Award

A great team with Trojan Spirit – retirees **Jeanne** and **Bob Church** – were the recipients of the J. Tillman Hall Staff Award for Service to USC at the Staff Retirement Recognition Luncheon in March.

"I could go on and on about them," said **Janette C. Brown**, executive director of the USC Emeriti Center, as she presented the award. "They have been serving the retirement community for more than 10 years with enthusiasm." The couple received a standing ovation from their peers, and they noted that the Church family is now comprised of "three generations of Trojans."

Jeanne (Marshall School of Business) and Bob have worked as a team for many years, supporting the Staff Retirement Association (SRA), the Retired Faculty Association (RFA), and the USC Emeriti Center (EC). In 2003, the Churches were

the first "team appointment" to a position on the SRA Board of Directors, serving as co-hospitality chairs for four years.

They were elected jointly to the position of vice president of the SRA for four more years. As co-vice presidents, the couple represented the SRA at RFA Board of Directors meetings. In addition, Bob has served as event photographer for many years.

Jeanne also represented the EC on the USC University Club Board of Directors and was appointed to the RFA communications committee. Bob is an active member of the Half Century Trojans, USC alumni who earned B.A. degrees at least 50 years ago.

Currently, the Churches serve as SRA program chairs. They are credited with securing USC Athletic Director **Pat Haden** for the September 2012 program and arranging guided tours of the John

McKay Center.

Through their constant dedication to service, personal warmth, and involvement in many organizations, Jeanne and Bob Church seem "omnipresent" in the words of one of their colleagues. Individually, and as a team, the Churches are treasured members of the Trojan Family. ■



Janette Brown presents Jeanne and Bob Church with the J. Tillman Hall Staff Award.

### A Note on Computer Security

USC's Information Technology Services has a webpage providing recommendations for helping to keep your computer safe from viruses and malware: [www.usc.edu/its/security](http://www.usc.edu/its/security). Keep in mind that your online behavior is as important as security software. Don't open attachments or click on links in e-mail messages from senders you don't know or trust. Disable Java in your browser. Update your anti-virus and other security software regularly. (You can download the free anti-virus program, Sophos Endpoint Security, from ITS at [software.usc.edu](http://software.usc.edu).) Though it is not about security per se, back up your computer files regularly (e.g., weekly). Experts endorse the Rule of Three: have three copies of your important documents, the original plus two backup copies, ideally on two different media types (e.g., an external hard drive and a DVD), one of which is offsite (at a family member's or friend's home, for example). Consider an automatic online backup service such as [carbonite.com](http://carbonite.com).

— **Bob Stallings**  
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## In The News

### Calverley pens an ebook

**Bob Calverley** (USC News Service/engineering) recently had his 159,000+ word ebook, "Purple Sunshine" published by StoneThread Publishing. It's a 1960s Vietnam War thriller, crime and love story. Jimmy's psychedelic band is on the brink of success when he gets drafted and is soon a door gunner. What follows is combat and drugs, and once home, sex and rock 'n' roll. His Detroit hippie girlfriend is a teenage runaway with dark secrets; throw in a crime family, murder, an urban riot, and a massacre in Vietnam and you have non-stop action.



### Filep serves as commentator

**Bob Filep** (Annenberg/communications) served as a commentator at the Annenberg School's USC Center on Public Diplomacy conference, "International Broadcasting in the Social Media Era" in March, and was also asked to provide a review of Professor Nicholas J. Cull's recent book, "The Decline and Fall of the United States Information Agency: American Public Diplomacy, 1989-2001." Filep served with seven U.S. Government Agencies dating from President Nixon's first administration through President Clinton's first.



### Shot with a Canon

The female elk munching on leaves looked directly into the lens of **Richard Sundeen's** (public policy) digital camera. The delightful color photo earned a spot in the L.A. Times' "Your Scene: Editor's Choice" travel photo box. The photo was taken outside Sundeen's cabin door at the Fairmont Jasper Park Lodge in Alberta, Canada.

### Scales at USITT conference

**Bob Scales** (dean emeritus/theatre) is a Professional Member and a Fellow of the United States Institute of Theatre Technology (USITT), a national organization consisting of designers, technicians and theatre production persons. He recently attended their annual conference in Milwaukee with over 5,000 in attendance. He has also been elected to a three-year term, beginning July 2013, to serve as a member-at-large on the National Board of Directors of the Institute.

## We add to our Living History interviews

A new USC Living History interview is ready for posting. **Norman Fertig** was interviewed at his Glendora home by **Janette Brown** last semester. Fertig was professor of international relations and also served as dean for LAS advisement in the USC Dornsife College of Letters, Arts and Sciences. When he retired, he played key leadership roles at the Emeriti Center.

Also recently recorded at the Zemeckis Center: USC Band

Director and Professor of Music **Art Bartner** interviewed by former coach **John Robinson**.



*Janette Brown and Norman Fertig*

## IN MEMORIAM

We honor and mourn our university colleagues who have died. Those who were recorded by press time, and whose names were not noted in previous newsletters, are:

Allen Ben Baca (dentistry/dental repair tech); Betty Birren (spouse of James Birren, gerontology); Wesley Eugene Bjur (public policy); Dorothy Bryant (personnel/medicine, diagnostic clinic); Gerald Green (admissions); Max Gaspar (medicine/2012); Larry Greiner (business); Lillian Hawthorne (former assistant dean, social work); Moshe Lazar (comparative literature); Tony Maxworthy (mechanical engineering); Alexander William McEachern (public policy); Brandon Mehrle (former assistant dean, music); Nord S. Nation (medicine); Jacquelin Perry (medicine/Rancho Los Amigos); James "Jim" Simon (dentistry/endodontics); and Milton Wolpin (psychology).



## Senior Humor

Please stop fiddling with your smart phone for a moment to read these items for seniors supplied by Bob Scales and Christine Shade:

- Answering machine message: “I am not available right now, but thank you for caring enough to call. I am making some changes in my life. Please leave a message after the beep. If I do not return your call, you are one of the changes.”
- Ever walk into a room with some purpose in mind, only to forget what that purpose was? Turns out, doors themselves are to blame for these strange memory lapses. Psychologists at the University of Notre Dame have discovered that passing through a doorway triggers what’s known as an event boundary in the mind, separating one set of thoughts and memories from the next. Your brain files away the thoughts you had in the previous room and prepares a blank slate for the new locale. So it’s not aging, it’s the damn door! Thank goodness for studies like this.
- I just took a leaflet out of my mailbox, informing me that I can have sex at 79. I’m so happy, because I live at number 71. So it’s not too far to walk home afterwards. And it’s the same side of the street – I don’t even have to cross the road! ■

– Len Wines

## A “Sexy Widows” musical hits the stage

**June August**, a USC retiree, writer, and the widow of **Jay Zorn** who was a professor at USC Thornton School of Music, has completed a major creative project, a musical, “Sexy Widows.” Her writing partner, also a widow, is realtor **Sonny Fox**. These two widows met in 2006, both dealing with their bereavement, at a meeting group sponsored by H.O.P.E. Foundation (Hope, Opportunity, Participation, and Education). The widows wanted a safe place to ‘unburden themselves’ with others who had also suffered a loss.

After several lunches together, Fox suggested to August that they write a book of uplifting poems for widows. August’s response was, “I

write books and plays and songs. Why don’t we write a musical?” The first performance of “Sexy Widows” debuted in 2008 for family, friends and colleagues with positive comments, but the show was still evolving.

Writing and rewriting the show “over the past almost five years, has propelled me along an uncomfortable, uncertain arc in my psyche,” said August. “At first, getting it down on paper was therapeutic. The dialogue and lyrics expressed: This hurts and I hate it, but it won’t stop me and I won’t let it get me down.”

“Sexy Widows” will have six June performances at 24th Street Theatre, near USC. The first performance is on June 1 at 2 p.m. and includes a conversation with the writers moderated by **John Gaspari**, executive director of the USC Center for Work and Family Life. Check the Emeriti Center website for information: [emeriti.usc.edu](http://emeriti.usc.edu). ■

– **Diana Seyb**  
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Sonny Fox and June August

## SUCCESSFUL AGING

Most people want to remain in their homes or what is commonly referred to as aging in place. Fortunately, most people do. However, when a person becomes frail, living alone in one’s home can be a challenge.

Dr. Walter M. Bortz II, noted Stanford geriatrician, commented that frailty rather than disease is the big challenge in later life. According to Bortz, the greatest contributor is a sedentary lifestyle. Nutritional problems, either insufficient or excessive calories, are frequent co-conspirators.

In a conversation I had with Dr. Bortz a few years ago, he noted that frailty is the “real disease” of aging, a condition that can be prevented, in part, by exercise. “We have all of the data we need,” he said. “The key is how to get people to exercise as Americans get fatter and lazier.” When it comes to diet, he suggested exercise as the most important diet. Bortz said, “We’re all zoo animals, born free. We ate everything on the Serengeti. If you move, you can eat lard.” (Not recommended!)

Frailty can be diagnosed. Linda Fried, professor of epidemiology and medicine and dean of Columbia University’s Mailman School of Public Health identified five criteria of frailty for those 65 and older: Unintentional weight loss of 10 pounds or more in the past year, self-reported exhaustion, weakness as measured by strength grip, slow walking speed and a low level of physical activity. The presence of three or more of these criteria indicates frailty. One or two suggest a pre-frail stage.

These criteria are useful for health-care professionals as well as for ourselves. Let’s get moving so we can postpone frailty and increase our chances of aging in place – at least until age 120.



— **Helen Dennis**,  
Specialist on aging,  
employment and the  
new retirement,  
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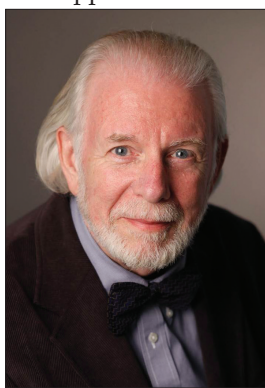
## Faculty Lifetime Achievement Award Honorees

USC honors eminent retired faculty each year. Three Faculty Lifetime Achievement Awards were presented at the 2013 Academic Honors Convocation, hosted by President C. L. Max Nikias in April. Here are summaries of their careers; longer descriptions are on the Emeriti Center website, [emeriti.usc.edu/](http://emeriti.usc.edu/) under "Awards."

### Richard E. Clark

*Professor Emeritus of Educational Psychology and Technology, USC Rossier School of Education*

Professor Emeritus **Richard E. Clark** is internationally renowned for his landmark work on the application of technology to instruction. He began pursuing this line of inquiry in the 1970s, when the concepts of media and technology in learning were just emerging. His book,



"Learning from Media: Arguments, Analysis, and Evidence," summarizes his research and remains a key resource in today's high-tech environment.

After serving on the faculty at Stanford and Syracuse universities, he joined USC in 1978 as a tenured professor of educational psychology in the USC Rossier School of Education. He co-founded Rossier's Center for Cognitive Technology where he conducted research on cognitive task analysis and the rapid development of advanced expertise.

His book "Turning Research into Results: A Guide to Selecting the Right Performance Solutions," earned the International Society for Performance Improvement's Award of Excellence and is part of the Rossier School's Ed.D. curriculum. He earned the School's Socrates Award for Excellence in Teaching, and has been elected to Fellow status in all of the major American professional associations in psychology and education. ■

### Terence G. Langdon

*William E. Leonhard Professor Emeritus of Engineering, Professor Emeritus of Aerospace and Mechanical Engineering, Chemical Engineering and Materials Science, USC Viterbi School of Engineering; Professor Emeritus of Earth Sciences, USC Dornsife College of Letters, Arts and Sciences*

Professor Emeritus **Terence G. Langdon** is the leading authority on high-temperature plasticity of metals and alloys.

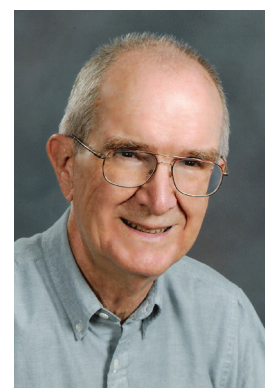


Langdon studies the phenomenon of superplasticity, a malleable state in metals, and his pioneering work on grain boundary sliding and creep provided a scientific foundation for mechanisms of the high-temperature superplasticity. His research has impacted commercial applications of metals at all grain sizes, including aerospace and automotive structures, medical implants, and sporting goods, and has deeply influenced his field. He has more than 1,000 publications, and the Institute of Scientific Information has ranked him second worldwide in the number of citations received in the area of materials science. The Royal Academy of Engineering elected him a fellow in 2002, and he was the recipient of the 2012 Acta Materialia Gold Medal. On USC's faculty for more than 40 years, Langdon retired in spring 2012, and continues to advise Ph.D. students. ■

### John E. Wills Jr.

*Professor Emeritus of History, USC Dornsife College of Letters, Arts and Sciences*

Professor Emeritus **John E. Wills Jr.** is a leading scholar of Chinese and global history. His work on Chinese-Dutch relations placed him at the vanguard of scholarship on early modern China, and he built upon this reputation through ambitious research, scholarly publications, and his successful teaching and mentorship. He is committed to archival research and has a command of many languages. His work in Dutch, Portuguese, Spanish, and English archives, including those in India, Indonesia, and the Philippines, and in the Qing archives in Beijing and Taipei, made him a recognized world leader in scholarship on European relations with China before 1800.



Other books about the early modern world include "1688: A Global History," now translated into eight languages, and "The World from 1450 to 1700."

Wills joined the faculty in 1965 and built the Chinese history doctoral program where he mentored scholars. Retired in 2004, he leads the Forum on Global Change for USC students and retirees, is an energetic force in the RFA, and contributes to the USC-Huntington Early Modern Studies Institute. ■



## Benefactor Recognition

Through the Emeriti Center's Benefactor Recognition Program, we thank those who have recognized honored colleagues, friends, and family with a \$500 or more contribution:

### Donor

Robert R. Scales

Leonard R. Wines

### Honoree

Ruberta Weaver

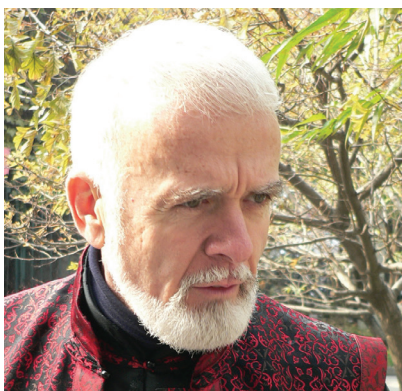
Paul Krugman

The USC Emeriti Center is grateful for a planned gift of \$5,280 from Lee Mautner, widow of Professor Morris M. Mautner (USC Marshall School of Business).

## Our USC retirees are making a difference

USC retirees make a difference in the welfare of the communities where they live. Recent examples include **Dave Tool** who lives near campus and **John Orr** of Pasadena.

Tool has initiated cooperation with USC's Department of Fire Safety and Emergency Planning to recruit and train interested USC retired/active staff/faculty and alumni living in the University Park area to respond to potential emergencies and disasters. Additionally, because in time of an emergency, USC students may be engaged in programs at the United University Church, the Catholic Church and Hebrew Union College, their representatives have also accepted invitations to join in the Community Emergency Response Team (CERT) program. The training for the "USC Family" will take place on two Wednesday mornings in early June and is expected to help all neighborhood residents. For more information, call Dave: (323) 400-8838.



Dave Tool

Orr, past president of the Retired Faculty Association, was recently appointed by the Pasadena City Council to serve as a commissioner on the city's Accessibility and Disability Commission. For more than a year, Orr has urged Pasadena to install state-of-the-art assistive listening systems in the council's chamber and in other venues where public services and programs are offered. "People with hearing loss are by far the largest disability group in Pasadena," Orr said. "The Americans With Disability Act (ADA) puts a high priority on providing listening accessibility in government sites for this population." Orr's appointment provides a significant platform for his work. The commission collects information about barriers experienced by disabled residents and visitors and it provides advice to the council about priorities in complying with the ADA. "Pasadena is a progressive city," Orr said. "We are currently making good progress

in attending to the accessibility needs of deaf and hard-of-hearing people." ■



John Orr

## RFA Sherry Hour, features great guest speakers

The Retired Faculty Association's Sherry Hour has been a big hit for several years. Sherry Hours are typically once a month on a Friday from 3 p.m. to 5 p.m. in The Academy Room (Rm. 241) of Doheny Memorial Library located on the second floor.

There is no charge for Sherry Hours and they are open to all USC retirees. You can mingle and converse with your colleagues and listen to interesting USC speakers as they share their expertise. Three kinds of sherry, sparkling cider, water, and light refreshments are served.

The RFA is looking to host Professor of Religion, **Don Miller**, Director of the Center for Religion and Civic Culture in the fall. He will speak on religion, ethnicity, and politics in North Africa. For additional information, please contact **Jack Crossley** at [crossley@usc.edu](mailto:crossley@usc.edu).

## SRA Day Trip to JPL – a 2nd Tour!

Check your email inbox for the notice about our second FREE tour of Pasadena's Jet Propulsion Laboratory, Monday, June 24. RFA members are also welcome! Space is limited, and a check for \$15/per person must be received by Monday, May 20.

The tour bus leaves from the front of the Davis School of Gerontology at 10:45 sharp. We'll have a no-host lunch at the Hill St. Café in La Canada, and our tour of JPL will begin at 1 p.m. At 3:30, we'll return to USC.

If you live in the Pasadena area you may join us at the café for lunch or park in public parking at JPL to meet us for the tour. For questions, contact: **Dick Martin** [dickmar@msn.com](mailto:dickmar@msn.com) or (323) 343-1146.

– Dick Martin

## Staff retirees of 2012 are feted at celebration

The 28th Annual Staff Retirement Recognition Luncheon, held at Town & Gown on March 21, honored 106 staff members who retired in 2012, more than two dozen of whom attended the luncheon.

**Todd Dickey**, Senior Vice President, Administration, told those gathered that USC “continues to move forward at a rapid pace,” and that USC had transformed itself over the years partly due to a dedicated staff. “You should be proud of what you’ve accomplished,” Dickey said.

**Dixon Johnson**, president of the Staff Retirement Association, listed impressive numbers for this group of retirees: total years of service added up to 2,355 years, with years of service ranging from 10 to 43 years; with an average of a little over 22 years of service per retiree. Johnson urged the retirees to “keep your connections with USC in a meaningful way” and added that this might be accomplished by taking part in the USC Emeriti Center’s Trojan



*Retirees from 2012 who attended the March luncheon included: front row, from left, Janette Brown, Executive Director, Emeriti Center, Corazon Masisado, Cheryl Hines, Carolyn Ward, Joanne Kahwaji, Betty Jung, Trudy Exler, and Todd Dickey, Senior Vice-President, Administration; Second row, from left: Mariefe Dziuk, Jean Square, Joel Goldberg, Alicia Nelson, Robina Mapstone, Kathleen Walling Fry, and Jane Radaza; Third row, from left, Jeanette Evans, Judith Wilson, Andrew Jelmert, Linda Jankins, Sandra Isom-White, Linda Bailey-Theders, Patricia Harmon, Josefina Morales, Dixon Johnson, SRA President, and Frank Sanford; Back row, from left, Mary Ann Spahn, Bill Givens, Eric Mankin, and Don MacDougall. Honorees who attended, but are not pictured here: Gary Ainilian, Renee Cook, and Richard Mounday.*

Encore Program, and by joining the Staff Retirement Association.

**Janette C. Brown**, executive director of the Emeriti Center, presented the J. Tillman Hall Award for Service to USC to **Jeanne** and **Bob Church** (see page 5). All staff retirees automatically become members of the Emeriti Center and

can take part in Center activities that include educational programs, access to materials that enhance retirement, holiday celebrations, and symposiums.

The annual event was sponsored by the Office of the Senior Vice President, and was supported by the SRA and Emeriti Center staff. ■

## A New Life Stage: what it means to USC faculty & staff; a research project

The period between adulthood and old age has not been well defined with no agreed-upon name.

Based on the literature and its call for research beyond money and health, the Emeriti Center believed it was timely to focus on (1) What the life stage between 60 and 85 means to USC faculty and staff, both employed and retired, and (2) What the university and Emeriti Center can do to increase opportunities for faculty and staff to age with security, dignity and purpose.

Ten conversation/focus groups were convened in Spring 2012 with 73 participants representing almost 50 departments. Here are a few highlights.

- Almost all participants have or had a positive relationship with their colleagues, co-workers and students, and anticipate or actually miss those relationships.
- For retired faculty, lack of preparation for retirement was psychological rather than financial. Overall, retired faculty are engaged in meaningful and diverse activities including paid work and volunteering.
- Retired staff concerns include health, income and retaining independence. Women in particular are worried about their financial security.
- Employed faculty are concerned about losing their identity

and how to reinvent themselves when they retire.

- Employed staff concerns generally are gender specific. Men indicate they are not concerned about finances with most having no mortgages. Some fear retirement. In contrast, women are concerned about their finances, managing the health care system, and ageism.
- Retired non-professional staff (men only) consisted of those who keep the physical plant running. Their post-retirement activities are similar to faculty and staff. None expressed concern about their identity or purpose in life. All were attached to the students.

The conversation format was powerful. The Emeriti Center plans to host further conversations to gain additional insights to benefit the retired and non-retired. From this process, leaders were discovered who will move the Center and College to new heights.

Recommendations will be presented in the next newsletter.

If you would like a copy of the highlights and/or would like to be part of a conversation group, please contact the Emeriti Center at (213) 740-8921. ■

– **Helen Dennis**  
helendenn@aol.com



## New campus-access policy in effect since January

A new campus-access policy for the University Park Campus went into effect in January.

From 9 p.m. to 6 a.m. every night, the number of entrances to campus will be limited, security personnel will be stationed at each open entrance and anyone coming to campus will be asked to show identification.

Most campus visits, including those of the Emeriti Center's faculty and staff retirees, take place during daytime and early evening hours, and are unaffected by the new policy. University officials are discussing options for providing convenient access to campus for extended members of the Trojan Family, such as neighbors participating in the university's many outreach programs who may wish to visit campus after 9 p.m., with the goal for USC to still be a welcoming place.

The new system is meant to be a

balance between convenience and safety and requires USC students, faculty and staff to register any guests arriving after 9 p.m. Those guests will then need to present photo identification to enter campus.

"This is the most effective way we can go about achieving that balance," said former Department of Public Safety Chief **Carey Drayton** in December.

In January lightly used entrances to campus began closing after business hours or at 9 p.m. Eight heavily used entrances remain open at all times, including overnight. Information on open entrances are available on the USC Maps site. The visitor registration system is also available. Once a USC student, staff or faculty member registers a guest, the information will be provided immediately to entrance attendants.

The administration has already taken a number of steps over the past few

### "The Yellow Birds: a Novel" (2012)

by Kevin Powers

The first words are gripping: "The war tried to kill us in the spring." The novelist, a veteran who served in Iraq, brings a gritty, poetic perspective to the story of two privates, one 21 and the other 18, someone's sons who are invested in the war. The young men bond in basic training and then must fight a bloody battle with insurgents for the city of Al Tamar, where they face constant danger, exhaustion and mental stress. The promise one makes to the other is a heavy and costly burden. Some reviewers say the novel will become a classic – time will tell.

years that have significantly improved the security of the University Park neighborhood, including the addition of officers, security ambassadors and cameras. ■

## Trojan Global Intergenerational Friends meet at Tutor Campus Center

The Emeriti Center and retiree leaders from the SRA and RFA have long discussed having retirees mentor our USC international students who often don't get the chance to experience American culture since they tend to associate with students from their home culture. Some international students can use help speaking and writing English and understanding American social customs. Many retired faculty and staff participate in the Thanksgiving Match Up Program through the Office of International Services (OIS), but that helps international students only once a year.

Trojan Global Intergenerational Friends (TGIF) was the brain child of **Dave Tool**, SRA board member, who recently returned from 13 years in Beijing, along with TGIF committee members: **Dixon Johnson**, SRA president and retired executive director of OIS; **Phoebe Liebig**, RFA president and professor emerita of gerontology who has mentored

international students for years; **Cynthia Berne** who taught American Culture at USC for the spouses of international professors and students; **Jack Wills**, RFA board member and professor emeritus of history with extensive knowledge of Asia; and **Janette Brown**, executive director of the USC Emeriti Center, who led a USC international fellowship program for several years.

The first program took place on Feb. 12 with an evening reception sponsored by the Emeriti Center for interested students and retired staff and faculty. "In addition to helping plan the reception, the International Student Assembly (ISA) advertised the event to students and handled check-in at the event. The EC provided refreshments, and the RFA and the SRA attendees shared years of USC wisdom with the students," said Johnson.

More than 60 students, faculty and staff, retired and not, gathered at

the Tutor Campus Center for dinner and conversation. The event began Global Culture Month sponsored by the ISA involving about 20 USC student nationality clubs. Many students are now connected with their "TGIF mentors."

"The Emeriti Center is pleased to support this program, which is supported in part by Sloan grant funds," said Brown, adding that TGIF fits nicely with USC's Strategic Vision notion of "Connecting the Individual to the World." ■



Dave Tool and wife Sharon (in grey sweater) meet with TGIF students.



## RETIREE COMMUNITY EVENTS

- MAY:** **Friday, May 17**  
130th USC Commencement
- JUNE:** **Saturday, June 1, 2 p.m.**  
*Sexy Widows* 24th Street Theater performance  
USC Emeriti Center (see page 7)  
**Thursday, June 6, 10 a.m. to 1 p.m.**  
Encore Career Center event (see page 2)  
**Thursday, June 13, 10 a.m. to 11:30 a.m.**  
Trojans Helping Trojans (see page 1)  
**Monday, June 24**  
SRA Day Trip to JPL (see page 9)  
**Thursday, June 27, 11 a.m.**  
SRA General Meeting, (see page 5)  
USC Engemann Health Center tour and talk
- AUGUST:** **Monday, August 26**  
Fall classes begin

### FALL USC EMERITI CENTER COLLEGE ENRICHMENT COURSES

Jazz and Swing from A to Z; American Music Standards with a Foreign Pedigree; and The History of Southern California and L.A. from 1880–1930.

## USC Emeriti Center

Phone (213) 740-8921

## Emeriti Center College

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## USC Retiree Community Newsletter

Janette C. Brown, Executive Director

Christine Shade, Editor

Contributors: Retired Faculty Association and Staff Retirement Association members; and Emeriti Center leaders and staff.

### SAVE THE DATES!

The new USC Book Club meets on Tues., May 14, and Wed., June 12, in the USC Davis School of Gerontology's Rm. 125, from 2 to 3:30 p.m.