

USC Emeriti Center Emeriti Center College

University of Southern California
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USC EMERITI CENTER EVENTS

- JANUARY:** **Thursday, January 26**
SRA Day Trip to the Huntington Library (see page 8)

ECC Forum on Global Change, 5 to 7:30 p.m. (see page 4)
- FEBRUARY:** **Thursday, February 16**
Half Century Trojans "Going Back to College Day"
- MARCH:** **Friday, March 9 and Friday, April 13**
RFA Sherry Hour, 3 to 4:45 p.m. (see page 9)

Thursday, March 15
27th Annual Staff Retirement Recognition Luncheon, 11:30 a.m.

Friday, March 23
EC Brain Wellness Colloquium, 10 a.m. (see page 1)

Saturday, March 31
SRA outing to School of Theatre musical, "City of Angels"
- MAY:** **Friday, May 11**
128th USC Commencement

USC Emeriti Center

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REMINDERS:

The deadline to submit a name for the **J. Tillman Hall Staff Award for Service to USC** is Feb. 24, 2012. See page 9 for details.

USC EMERITI CENTER

Knowledge and Prevention Are Powerful Keys to Brain Health

You only have one, and it weights about three pounds, give or take, and needs a continuous supply of oxygen and glucose delivered by blood vessels – and it's what makes you the unique person you are. It's your brain, and keeping it healthy is at the core of keeping you healthy.

The Emeriti Center will sponsor a Brain Wellness Colloquium and lunch on March 23. **Helena Chui**, M.D., a director from the USC Memory and Aging Center, along with **Kathy Martelli**, M.S., Coordinator for the Center's new study, "The Aging Brain - A Study for 70+ Seniors" funded by the National Institute on Aging. It is hoped that knowledge gained from this study will help physicians to improve prevention and treatment for such health issues such as "hardening of the arteries."

USC's Memory and Aging Center (MAC) is a university-based research center that provides state-of-the-art diagnostic and treatment services. "The March Colloquium will include academic and practical information about keeping the brain healthy," said **Janette C. Brown**, Executive Director of the Emeriti Center.

According to Dr. Chui, "The best defense, is a good offense," so knowledge and prevention can be powerful keys to brain health.

Plan to join us as we explore best practices and techniques for keeping our brains healthy. ■

EC Executive Director Presents Survey Data

Janette C. Brown, in her capacity as the Executive Director of the Association of Retirement Organizations in Higher Education (AROHE), presented survey data in Albany, NY at The SUNY Retirees Service Corps Second Biannual Conference in November. Brown was invited and sponsored by **Curtis Lloyd**, Vice Chancellor for Human Resources, SUNY System Administration. The AROHE survey studied campus retirement organizations at more than 100 institutions in the United States and Canada.

Qualitative data derived from the survey will be the topic of Brown's next presentation in April for the College and University Retiree Associations of Canada (CURAC) in Victoria, Canada.

Above from the left, Bobbie Boyd Lubker (AROHE President, UNC-Chapel Hill), John Meyer (CURAC Past President, University of Windsor), Curtis Lloyd, Ram Chugh (Executive Director, SUNY Retirees Service Corps), and Janette Brown.



27th Annual Staff Retirement Recognition Luncheon

If you retired in 2011, you will receive an invitation to the annual SRA Recognition Luncheon which will be held on Thursday, March 15, 2012 at Town & Gown. The invitations will be sent out in January. Be sure to RSVP by the deadline indicated on the invitation. All paid SRA members will also receive invitations. We hope to see all 2011 staff retirees at the luncheon. ■

The fourth recipient of the annual J. Tillman Hall Staff Award for Service to USC will be announced at the luncheon. See page 9 for nomination information.

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Generous Donors and Volunteers Enable Us to Enrich the Present and Plan for the Future

I am both humbled and amazed by the generosity of our donors and volunteers. Without your time and contributions, we would not be able to develop and create significant resources, research, services, and programs – and plan for our future. Thank you! To date, with the generous matching program funded by Sterling and Larry Franklin, we have almost reached our goal of raising \$100,000! This is almost five times greater than what we normally receive throughout a full year! With your help, we are now positioned for more significant participation and recognition by the university.

We continue to use our “Colleagues for Life” motto to envision new ways to support and engage our valuable retiree community. Every semester, we present at least one “wellness event” to keep the Trojan Family on track with information and resources that educate and support. Program highlights from last year include: an Empower Yourself:

Protect Your Family panel series; Transitions to Retirement sessions; Finance & Legal Wellness Forum, Building Blocks for Resilience in Later Life Presentation; The Renaissance of USC’s Campuses Forum; Medicare Part D One-on-One Sessions, Medicare Part D Drug Coverage Updates; Widows/Widowers lunch; and Benefits and Resource Committee meetings. I welcome suggestions for programs that would be helpful for our retirees.

We also published a helpful bereavement booklet and are in the process of creating and revising informative pamphlets for use by the entire Trojan Family.

Our Emeriti Center College has increased community presentations to more than 200 each year and has enhanced our collaborations with the USC Orange County Center, Huntington Library, and Skirball Center.

What is next on our list? We plan

to generate some new ideas regarding the stage beyond full time work and teaching. What should this stage be called and what should we expect? What are considered the norms? Faculty and staff in higher education sometimes have different perspectives and visions, and we will tap the minds of our USC faculty and staff regarding this next phase of life. There are many options to explore that can make this phase more fulfilling, healthy and significant to the benefit of our faculty and staff and society. With the leadership of **Helen Dennis** and a USC advisory group, and help from graduate students, we will explore this next stage of life with current and retired USC faculty and staff. We will share our findings as they are developed. ■



Janette C. Brown

Janette C. Brown, Executive Director
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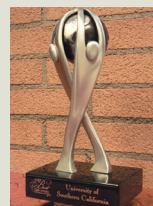
USC EC Programs Help USC Win AARP Award

Last fall for the first time, USC ranked among the winners of the AARP Best Employers for Workers Over 50 Award.

Only a few universities won this special award in 2011. Out of 50 awardees, only USC and Cornell were noted for their volunteer and work programs for retirees. USC’s winning strategies are posted on the AARP site: “The University of Southern California (USC) Emeriti Center is dedicated to supporting USC retirees and pre-retirees in living healthy and purposeful lives by providing opportunities for continued service and learning. In addition, its Trojan ENCORE program brings retirees back to campus for short-term and part-time volunteer and paid positions.”

“The Emeriti Center is very proud that its programs and practices contributed to the university being honored with this award,” said **Janette Brown**, Executive Director. “We’ve always known that USC is a great place for older employees to work, and to retire from, and it’s wonderful to have that acknowledged by the AARP.”

Upon receiving the award, USC Senior Vice President **Todd Dickey** sent the trophy to the Emeriti Center with his congratulations. To read more about the AARP winners, go to: <http://www.aarp.org/work/on-the-job/info-09-2011/aarp-best-employers-winners-2011.html>. ■



Janette Brown accepts the check from Sterling Franklin the day he paid a holiday visit to the Center.

A Special Thank You Card for the Franklins

The Emeriti Center would like to thank Sterling and Larry Franklin for offering a generous Morris S. Smith Foundation matching donation program that doubled all contributions made to the Center through Dec. 31, 2011.

RFA to Expand Programs, Outreach and Opportunities

The RFA had a very busy fall semester, initially guided by President **Bob Baker**. As President-Elect, I've stepped into his hard-to-fill shoes to continue the road map he created. **Bill Petak** will now assume the President-Elect position, while also continuing as Treasurer. **Bob Stallings** has taken on the role of Secretary, providing excellent minutes of our meetings. All retired faculty are welcome to attend our meetings on the second Friday of each month, from 10 a.m. to noon. You can also view the results of our meetings on the RFA website. **Jack Sanders** coordinates the mailing of birthday cards to all retirees, so if you've moved, please let the Emeriti Center know your new address so we can continue to ensure you are included in this tradition.

Speaking of the website, under the able leadership of Past-President **John Orr** and his communications committee, with the assistance of USC's ITS group, the RFA website is undergoing a major reconstruction, with Bob Baker as part of this effort. While the site is not yet complete, you can still become acquainted with many RFA activities and programs. Past events are covered, and upcoming programs are described. Through our website, as well as the EC website and e-mail messages that go to all retired faculty, we hope you will be inspired to join in RFA activities. These include advocacy efforts on behalf of retirees (e.g., benefits) currently led by a past president, **Natalie Cohen**, and our support for the Caldwell Scholarship program, steered by **Kaaren Hoffman** and **Victor Webb**. Our renowned "Sherry Hours" series and participation in the Provost's "Visions & Voices," nurtured by **Jack Crossley** and **Ruberta Weaver** have provided intellectual stimulation this past fall and more exciting programs are slated for 2012. Look for information on our website for e-mailed invitations. We do have space limitations so please RSVP in a timely fashion.

We hope you will consider teaching or attending some of the Emeriti Center College offerings on a variety of topics, such as Facebook and Twitter, and information on a wide range of retirement subjects, including health and income issues, hosted by the EC.

Above all, stay connected with your retired colleagues and with the university. We welcome your feedback and suggestions. On behalf of all the RFA Board who work hard to support USC's programs, I send you and yours warmest wishes for a healthy, stimulating and joyous 2012! ■

Phoebe Liebig, RFA President
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www.usc.edu/rfa



Left, Phoebe Liebig
Right, Dixon Johnson

The SRA Embraces Campus Life

Now that the academic year is well underway and the campus is once again abuzz with activities, I'm struck by what an important part of the university the Emeriti Center and the retiree community are. From increasing connections with the university religious leaders and the office of planning, to research activity in coordination with the Davis School of Gerontology, there are many ways we are involved with the day-to-day aspects of campus life.

As for the SRA itself, I continue to be extremely proud of the activities and commitment of all the volunteer members of the Executive Committee. Deserving special recognition are: **Dick Martin** and **Victor Webb**, for the successful tours of TV Channels 2 and 9 in Studio City; **Jo** and **Art Ochoa** for coordinating the holiday breakfast; **Alice Donahue** for her continuing leadership in sending out the birthday and anniversary cards; **Sue Edwin** and **Nardina Solano** for managing SRA membership and renewal records; **Bob** and **Jeanne Church** for coordinating the Homecoming Day tent activities; **Ron Violette** for his 15 years of service to the SRA as the newsletter editor; and **Len Wines** for taking on the leadership responsibilities in developing the new SRA website and coordinating with the university webmaster.

We'll be celebrating our newest staff retirees at our March 15 Recognition Luncheon where we'll invite them to become part of our very active Staff Retirement Association.

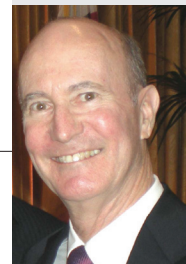
You can be proud of your organization. Please know that I am eager to hear from you with any suggestions for new activities. ■

Dixon Johnson, SRA President
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www.usc.edu/sra

Humor Us

Here are more items from erudite scientist **Steven Wright**, who has a way with words, courtesy of **Len Wines**:

- The early bird may get the worm, but the second mouse gets the cheese.
- If your car could travel at the speed of light, would your headlights work? O.K., so what's the speed of dark?



Jerry Walker

Innovative Classes Expand ECC Offerings

The History of Los Angeles, 1887-1984 will be taught by **Tom Tomlinson**, former Vice President for Development at Occidental College and former Associate Dean for Development at the USC Gould School of Law. Tomlinson is an avid student of Los Angeles history and will present cameos of the people who built this great city and created the vision of its future. This is a new offering by the USC Emeriti Center College.

Paintings and their Stories: How to Find the Narrative will be taught by **Karen Lansky**, Master of Fine Arts, USC. The narrative of a painting is more than its story. Narrative involves the interaction of all elements of painting, and understanding the narrative changes the viewer's appreciation of paintings by transforming passive looking into an active relationship with a work of art. We hope you will come and dwell in paintings with us.

The Great Decisions series on foreign policy challenges around the world will be taught by six or more USC faculty, including Professor **Laurie A. Brand** (Middle East Realignment) and Professor Emeritus **Abraham Lowenthal** (Mexico). Classes will meet every other week to allow time for reading from a textbook provided by the Foreign Policy Association of New York. Classes will be held at the Skirball Cultural Center, and this will be a very stimulating series of discussions.

Join Us for Conversations on Contemporary Issues

The Forum on Global Change brings together retired faculty and staff, undergraduates and graduate students from any discipline, and active faculty for informal conversations about pressing international issues. Three meetings are scheduled during Spring Semester 2012: Thursday, Jan. 26; Wednesday, Feb. 22; and Thursday, March 29. Wine is served at 5 p.m., dinner is served at 5:30, and conversations continue in the lounge from 6:30 to 7:30 or so. Meetings are hosted by: **James Moore**, Professor, Industrial and Systems Engineering; **Jack Wills**, Professor Emeritus, History; and **Jerry Walker**, Director of the Emeriti Center College. Dinner reservations required; please RSVP to ecrsvp@usc.edu. All events are free and are held at the Honors House Residence, 2710 Severance Street (between 28th and Adams, east of Hoover Blvd.) ■

The American Songbook on Stage,

Screen and Records will continue to explore unprecedented confluence of musical talent on Broadway and in Hollywood that produced a "Golden Age" of American popular music. **Saul H. Jacobs** and **Bob Lipson** will explain how the great musicals thrived in the era of television and rock-and-roll. Join us for Johnny Mercer, Hoagy Carmichael, magical movies and much more.

The Inamoto Lectures at the Huntington Library will continue to focus on Japanese Tea Gardens in preparation for the reopening of the Huntington's renovated and expanded Japanese Tea Garden in April, 2012. The garden will be 100 years old in 2012, and the lectures elucidate the artistic and cultural elements found in the magnificent garden on the grounds of The Huntington Library. Please join us on January 24 and April 17 at 7:30 p.m. in Friendship Hall. ■

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EC Fall Wellness Series Provides Tools for Resilience

The October 2011 Fall Wellness Series "Building Blocks for Resilience in Later Life," presented by **Helen Dennis**, author and specialist in aging, employment and the new retirement, gave attendees tools to promote resilience and vitality in their daily lives. (See the EC's new column by Dennis on page 7.) The interactive workshop discussed eight "building blocks" that could be used to construct a platform to increase a person's chances to live a fuller life.

The "8 Building Blocks for a Good Old Age...Leading to Resilience" are: Community, Physical Activity, Mental Activity, Personality, Attitude, Relationships, Nutrition, and Purpose, all important components to continue to thrive as we age.

"I got a sense of a real community from the workshop," said **Irene Fertik**, retired public relations photographer. "We're all in this together and it was nice to feel that we're having similar issues, both staff and faculty. I really felt welcomed."

The event was attended by 55 participants, many of whom also attended the 2012 Medicare Part D Drug Coverage Update that was presented by The Center for Health Care Rights, a non-profit health care advocacy organization. ■

Birren's Influence Inspires the Vassilakis' Endeavors

From the Greek island of Ikaria, **Argie Tripodes** and her family escaped the Nazis in a small rowboat on the open Mediterranean Sea in the dark of night. **George Vassilakis**, who was born in Crete, spent four years struggling to survive under Nazi occupation. After the war, George and Argie each came to the United States on student visas and met in college. They graduated together and were married three months later. Their frightening and fascinating stories were written and shared with others in the "Guided Autobiography" class taught in the USC Emeriti Center College last year. Professor Emeritus **James Birren** developed the course that explores personal histories more than 30 years ago, and he has taught autobiography classes ever since and inspired others to teach.

George Vassilakis, founder and former director of the Programming and Data Processing program in the USC Viterbi School of Engineering, and his wife Argie enjoyed the Guided Autobiography class so much that they taught a class on "Writing Your Life Story" to 18 senior citizens at St. Katherine Greek Orthodox Church in Redondo Beach. Their class met every other week from January to May, 2011 at the St. Katherine Greek School, where George is the director. "The purpose of



Argie and George Vassilakis

this class is not to teach writing," said Argie, "but to inspire remembrances and provide the opportunity to write them down. We encourage students to write the way they speak and write what they know."

George and Argie's students were born all over the globe. They wrote about overcoming hardships and discrimination against Greeks, and they have similarly fascinating stories to tell. An article, "Writing Your Life Story," was published in the *Orthodox Observer*, a publication of the Greek Orthodox Archdiocese of America. Argie and George continue to receive requests from other parishes interested in starting similar classes. They will teach this class again, starting in January. If you are interested in participating, please contact George at vassilak@usc.edu. ■

A Celebration and Surprise Honor

The Emeriti Center's 6th annual Holiday breakfast, drew close to 250 celebrants to share food, good company, and musical entertainment by the School of Music's **Parmer Fuller** on piano and wonderful student vocalists. Attendees donated more than 200 pounds of professional



clothing to the WorkSource closet. EC Executive Director **Janette Brown** was presented with a "surprise" honor and gift – a token of esteem – from the SRA and the RFA by Vice Provost **Martin Levine** for her stellar service to USC's retiree community. "It was hard to keep this a secret," said one conspirator, "because Janette usually always knows what's going on!" ■

The Met in HD Was an RFA Hit

USC's "Visions and Voices" program of cultural opportunities presented "Siegfried" from Wagner's Ring Cycle, on Saturday, Nov. 5.

The Met in HD Live event allowed the audience to capture facial expressions from a stage over a thousand miles away. Thirty reservations were made through the Retired Faculty Association for this marvelous free visualization at the Norris Cinema, Frank Sinatra Hall. Naturally the sound was superb with **Jay Hunter Morris** as Siegfried. In **Rene Fleming's** interview we learned Morris, who is from Paris, Texas, worked in Central Park the week before and stepped into this role three days before the opening because of the illness of the announced tenor. A Cinderella story indeed!

Emeritus Professor **Jim Kincaid** (and RFA Board member) gave a charming pre-opera talk with stories about Wagner and the entire Ring Cycle.

You can still participate in this culturally enriching and exciting experience. The "Visions & Voices" program received a grant to show these Metropolitan Opera HD film broadcast productions on the USC campus at no cost. For more information or reservations, call (213) 740-0483.

Here's the Spring 2012 schedule:

- January 21, The Enchanted Island;
- February 11, Gotterdammerung;
- February 25 Emani;
- April 7, Manon;
- April 14, La Traviata. ■

– **Ruberta Weaver and Phoebe Liebig**

A Way to Handle Your LP Vinyl Records

Do you have a collection of vinyl records that you can't play anymore because your "record player" doesn't work or has "disappeared"?

Here's a solution: Convert them to CDs, and then play them yourself or give them as gifts. Your only cost is that of purchasing a USB turntable, about \$150 (and a recent search on Amazon.com found several units way below that cost).

The turntable, which plugs into your PC, enables you to record into your computer the album's contents using software called Audacity, which is free. You control which selections you want recorded and can edit the quality and sound as you download the music. It is not very difficult.

After the download is complete you save the file and then simply move the music file to a WAV file in your computer which enables you to transfer the music to a CD using other free software. I use Windows Media Player. After the music has been downloaded to a CD, you then can create labels including CD labels, plastic case labels, inserts, and "spine" labels. Avery Labels has free label software at avery.com/media.

I have enjoyed working on this project which is ongoing as I have many, many LP albums in my collection. ■

– Howard Saperston
sapers@usc.edu

In the News

Sharing Expertise: USC retirees in the news, include:

- *The Australian* (Australia) featured USC's transformation under USC President Emeritus **Steven B. Sample**. "Today, USC is a pin-up college of American higher education.

- *The Canadian Press* (Canada) highlighted **Paul Frommer**, professor emeritus (business), who created the language Na'vi for the movie "Avatar."

Our Retirees Receive Honors

William "Bill" Faith was honored in September at the 40th Anniversary of the USC School of Communications and Journalism for his 27 years of service in coordinating their USC International Studies Program. A scholarship has been established in his name.



The Pavlovian Society, a scholarly association dedicated to the scientific study of behavior, and to the promotion of interdisciplinary communication, honored **Richard Thompson**, University Professor Emeritus of Psychology and Biological Science, in September 2011 with the Society's Gantt Medal. The medal is awarded to individuals who have made distinguished contributions to the fields of psychology, physiology, behavioral neuroscience, psychophysiology, mental health or medicine within the confines of Pavlovian conceptual models.

In October 2011 **Theodore J. Mock**, retired Distinguished Professor of Audit and Assurance (business), received PricewaterhouseCoopers Foundation-sponsored 2011 Outstanding Accounting Educator Award from the American Accounting Association. The award honors "contributions to accounting education from scholarly endeavors in teaching and research over a sustained period of time."

On Lifelong Learning

Vasisht K. Malhotra (international relations/ philosophy/religious studies) was the speaker for the July Forum luncheon meeting for the Osher Lifelong Learning Institute and was featured in its OMNILORE NEWS, a publication of OMNILORE, a Learning-in-Retirement organization at Cal State University Dominguez Hills.

Godfather of Japanese Studies

Distinguished Professor Emeritus of International Relations **Peter Berton** was profiled in the Fall 2011/Winter 2012 issue of Dornsife Life Magazine, published by the USC Dornsife College of Letters, Arts and Sciences. The article noted that Berton, an authority in Asian studies, was finishing his latest book, *From Enemies to Allies*, a study of Russo-Japanese relations at the beginning of the 20th century. ■

IN MEMORIAM

We honor and mourn our university colleagues who have died. Those whose names were recorded at press time, and who were not noted in previous newsletters, are:

John W. Beierle (*dentistry*); Norman Corwin (*Writer in Residence/Annenberg*); Clifton O. Dummett (*dentistry*); Grover Gilchrist (*photo lab director/architecture*); John R. "Jack" Hubbard (*USC's 8th President*); Lee Kincaide; Wessley King (*medicine*); Pearl V. Martin (*facilities management*); Carol Nagy (*social sciences and communication*); Harry Pachon (*policy, planning and development*); Rudy C. Pan (*ISSM*); Thomas A. (Thom) Rhue M.A. (*associate senior vice president for University Advancement, son of Beverly Rhue*); James Rosenau (*international relations*); and John Stapel (*pharmacy/stockroom manager*); and Ruth Toyama (*biological sciences*).

Trojan ENCORE Makes Successful Matches

Several USC retirees have participated in the Trojan ENCORE program. Their placements have varied from the Roski School of Fine Arts to the USC Viterbi School of Engineering. Here is how TE worked for them.



Retiree June Griffen helps a student at the Viterbi School of Engineering

"The 3 months I worked in the USC Viterbi School of Engineering's Office of Admissions was an enjoyable experience. Helping serve the parents and students was very rewarding. I encourage retirees to sign up to participate in the Trojan ENCORE program. I am currently filling a volunteer position in the Emeriti Center that allows me to make a contribution to the EC that fits my schedule." – *June Griffen, Trojan ENCORE Retiree Worker and Volunteer*

"My experience working through Trojan ENCORE in the Master of Professional Writing Program was very successful. I gained a few new favorite authors; was able to earn a wage and to give back to a community I care about. I think I brought some expertise to the job that someone new to the university would not have, I would definitely do it again. It was a dream job." – *Linda Niemeyer, Trojan ENCORE Retiree Worker*

"My experience with the TE program was very pleasant and rewarding and I would recommend it to any of you who would like to return to work and take a temporary assignment where you feel you would fit in and you would learn what is going on in the university and to meet new people. Sign up!" – *Sue Edwin, Trojan ENCORE Retiree Worker*

Join these colleagues in making yourself available for a short-term/part-time position. Just log on to sites.google.com/site/trojanencore; click on "application;" complete the form and click "send."

You may send a 1-page resume as an attachment to encore@usc.edu. ■

– **Carole Gustin**
cgustin@usc.edu

FOR THOSE USING USC SENIOR CARE

USC: Senior Care will continue to offer Delta Dental as the (only) dental network for Senior Care Participants. The premium for USC Senior Care will remain \$195/per participant, per month – for the fifth year in a row.

SUCCESSFUL AGING

Creativity and Age

The late Dr. Gene Cohen, psychiatrist, geriatrician and author of *The Creative Age: Awakening Human Potential in the Second Half of Life* (2000, Avon Books Inc.) wrote, "Creativity is built into our species, innate to every one of us, whether we are plumbers, professors, short-order cooks or investment bankers." Cohen recognized creativity as a basic human attribute and age as an added dimension.

Many have continued to create in their 70s: at 79, Ben Franklin invented bifocal eyeglasses; at 78, reclusive artist Georgia O'Keefe painted *Sky Above Clouds IV*; at 77, astronaut (and Senator) John Glenn returned to space for the Space Shuttle Discovery Mission; at 76, Thomas Jefferson began designing buildings and developing curricula for the University of Virginia.

Others continued to create in their 80's: at age 89, architect Frank Lloyd Wright completed the Guggenheim Museum in New York; at 88, Michelangelo completed his sculpture *Rondandini Pieta* depicting an aged man holding Christ; at 87, Mary Baker Eddy launched *The Christian Science Monitor*; at 83, Winston Churchill published the final installment of his four-volume *A History of the English-Speaking People*; at 82, John Wolfgang von Goethe completed *Faust*.

Harvard professor of Cognition and Education Howard Gardner notes there are two types of creativity: The "big C" and the "little c." The "big C" describes the extraordinary achievements of unusual people.

The "little c" applies to more everyday-life events such as writing a letter to a grandchild, planting a garden, building something, writing one's memoirs or trying a new recipe. While the "little c's" are not going to change the world, Cohen commented, they are no less important in the way we develop our individual potential for highly successful creative lives.

This year, let each of us focus on those "little c's" – at a minimum. Remember, it's innate. ■



– **Helen Dennis**,
Specialist on aging, employment
and the new retirement,
helendenn@aol.com

Allan G. Redeker Receives Paul E. Hadley Award

On Thursday, Nov. 17, **Allan G. Redeker, M.D.** received the 2011 Paul E. Hadley Faculty Award for Service to USC. Presented by the USC Emeriti Center Executive Director, **Janette C. Brown**, this award acknowledges post-retirement service by a USC faculty member. Dr. Redeker was recognized as a physician-scientist and educator with a distinguished career in liver disease as a faculty member and Emeritus Professor of Medicine in Hepatology at USC from 1959-1989. Since retiring from full-time status in 1989, Redeker has remained active in university life.

Redeker co-created the Hepatology Service at the LAC+USC Medical Center and Rancho Los Amigos Medical Center which became a world renowned academic unit. He is also internationally recognized for his contributions to the fields of porphyria, viral hepatitis, and portal hypertension.

Although he is in his 80's, Redeker, is Senior Attending Physician at two clinics at LAC+USC Medical Center and functions as a leader in all programs of the unit. Redeker also served as Chief of Rancho Los Amigos Hospital Liver Unit until it closed in 2003, and continues to teach and provide service as



Janette C. Brown and Allan G Redeker, M.D.

the voluntary director of the liver clinics at the Edward R. Roybal Comprehensive Health Center and the county-wide Hepatitis Clinic at County Hospital. His regular twice-weekly attendance in clinics indicates a continuing dedication to teaching and mentoring medical students, residents, and fellows.

Redeker is a cherished colleague, mentor and friend and the university is a richer institution of higher education because of him. He is well deserving of this award that recognizes his voluntary service to USC and to the lives of the patients and faculty that he continues to touch and influence. ■

USC's Office of Religious Life Provides Support

USC's Dean of Religious Life, **Varun Soni**, would like EC members to know that USC's Office of Religious Life serves all members of the Trojan Family, including retired faculty and staff.

"At the Office of Religious Life," Soni said, "we have more than 90 different student religious groups and more than 40 campus religious directors on staff, collectively representing every major religious tradition in the world."

The Office of Religious Life is a campus resource, providing pastoral counseling and organizing ceremonial events, such as weddings and memorial services. They also have many programs and events focused on religion and spirituality that are free and open to the public, and offer unique opportunities to become involved with religious life on campus.

For more information, please contact the Office of Religious Life at (213) 740-6110 or go to orl.usc.edu. ■

We Appreciate Our Savvy Students

The Emeriti Center benefits greatly from our very sharp students. Freshman through Senior, they bring unique perspectives and skills. We are grateful for their dedication and thank them for their faithful service. ■



Our students are: (seated) Emily Wang, Velvet Arriola, Kamesha Longsworth, Esther Hong, and Stephanie Ramsden; (standing) Elson Lin, Cindy La, and Lorenzo Tovar.

Reserve Now for SRA Day Trips and Events

Thursday, Jan. 26: The Huntington Library, Art Collection and Botanical Garden. Our chartered bus will leave the School of Gerontology at 10:15 a.m. for a tour of the Conservation Lab, a lunch in the Rose Garden Tea Room and time to wander through the exhibits and gardens. It's \$45 for the event.

Saturday, March 31: Our annual School of Theatre musical in the Bing Theatre, "City of Angels," at 2:30 p.m. Tickets are \$7. Reservations required – contact: **Dick Martin** (323) 343-1146 or dickmar@msn.com.

We Thank Our Campaign Contributors

We thank **Sterling** and **Larry Franklin** (\$40,000+ from the Morris S. Smith Foundation), **Bob Coffey** (\$10,000), **Nancy Warner** (\$7,945), **Andy Mosich** (\$2,000 from the Hannon Foundation), **Mitzi Tsujimoto** (\$2,000) and **Bob Scales** (\$1,000) for their very generous donations to the Emeriti Center.

Benefactor Program participants who have honored colleagues, friends and family with a contribution of \$500 or more:

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Interdisciplinary Team Can Bridge the GAP

Older adults can take advantage of the broad scope of USC's interdisciplinary expertise thanks to the free Geriatric Assessment Program (GAP). Based at the Tingstad Older Adult Counseling Center on campus, the GAP team meets Tuesday afternoons. GAP unites the department of psychology and the Schools of Gerontology, Medicine, Pharmacy and Dentistry. It provides older adults with a convenient and rigorous evaluation performed by a geriatrician (**Patricia Harris, M.D.**), geropsychologist (**Bob Knight, Ph.D.**), geriatric social worker (**Anne Katz, Ph.D.**), geriatric pharmacist (**Bradley Williams, PharmD**) and geriatric dentist (**Piedad Suarez Durall, DDS** and **Roseann Mulligan, DDS, MS**).

"I've never had an opportunity like this before to meet so many health professionals who are willing to spend the time with me to talk, give me tips and discuss what's on my mind," said participant **Barbara Merkel**.

The idea is simple: streamline the often-complicated office visits aging patients may have to make into a single consultation with an interdisciplinary medical team. This approach can help pinpoint dangerous medication interactions as well as identifying



The GAP team, from left to right: Bradley Williams; Patricia Harris; Bob Knight; Anne Katz; and Piedad Suarez Durall.

underlying functional issues the patient may be experiencing — as well as giving caregivers a safe place to express their own concerns and needs. While GAP is not intended to replace their patients' primary care physicians, it can offer vital health and diagnostic reinforcement through a specialized geriatric lens.

"Most providers are not experts in the care of older adults, and they can use [the information provided by GAP] as guidance to maximize the benefits received by their patients," said Williams, of the Schools of Pharmacy and Gerontology. ■

— Jonathan Riggs

*GAP is currently accepting new patients.
www.tingstadcounseling.com*

The RFA Will Host 4th & 5th "Sherry Hours"

A terrific trio of RFA "Sherry Hours" were held last fall drawing a convivial group of retirees and friends to USC's campus.

The fourth Sherry Hour will take place March 9 and features **Alison Dundes Renteln**, Professor of Political Science at USC, and co-author of the book *Cultural Law: International, Comparative and Indigenous*. She will speak about certain aspects of the relationship between culture and law. This Hour will be in the Friends of the Library Room, at the Doheny Memorial Library, from 3 to 4:45 p.m.

The fifth and final Sherry Hour takes place April 13, in USC's Fisher Gallery where **Selma Holo**, Director of the Gallery, will bring the group up to date about student art at USC (3 to 4:45 p.m.).

- The October 2011 Sherry Hour, with Professor **Manuel Pastor**, illustrated how demographic changes and economic transformation are shaping the future of America.

- The November Sherry Hour featured Professor **Robin D. G. Kelley** and his prize-winning book, *Thelonius Monk: The Life and Times of an American Original*.

- The January Sherry Hour featured University Professor **Caleb "Tuck" Finch**, whose topic was "Aging and Longevity on the Banks of the Amazon, the Nile, and the Los Angeles Rivers."

J. Tillman Hall Staff Award Nomination Deadline

The deadline to submit nominations for the Emeriti Center's **J. Tillman Hall Staff Award for Service to USC is Friday, February 24, 2012**. The award recognizes a retired staff member who has significantly contributed to USC after retirement. The award will be presented at the annual Staff Retirement Recognition Luncheon on Thursday, March 15. For specific criteria and additional information, go to emeriti.usc.edu or call **Gloria M. Reyes** at (213) 740-8175.

2010-2011 Faculty Retirees Are Honored at Town & Gown

John Orr, Retired Faculty Association (RFA) Past President, greeted honorees at the annual Provost's Faculty Retirement Recognition Luncheon on Nov. 17 in Town & Gown, noting that deans or dean's representatives from the academic units of all the retirees were present to honor them.

USC's Emeriti Center, Orr said, is an energetic community ready to welcome them and is the "mother ship" that provides wonderful services. "We watch out for each other and provide opportunities for social and academic interchange."

"The years these faculty retirees have served at USC in research, teaching and service add up to an aggregate of 943 years," said **Phoebe Liebig**, RFA President, with one retiree's service being "just short of half a century."

It was an impressive record for the 35 retirees of 2010-2011, a 13 of whom were in attendance, along with family and friends.

Provost **Elizabeth Garrett** said, "Do not ever stop learning or teaching," and reminded the retirees that they had contributed to building USC's solid foundation. "I know we can continue to turn to you – and you are always welcome members of our Trojan Family." She noted that there were opportunities to engage through Trojan ENCORE, USC's "Vision & Voices," and dinners in



Andrew Taylor

Honored faculty retirees who attended the November luncheon included: bottom row, left to right: Moshe Lazar; Karoline Waldman; Prakash Shivastava; Provost Elizabeth Garret; Noel Ragsdale; Bert Steece; and Annie Hill. Second row: Melvin Trousdale; Dwight Warren; Lawrence Warner (2009-2010); Afsaneh Matin; David Marsh; and William Crookston; and top row: Gerald Bender; Janette Brown (Emeriti Center Executive Director); Phoebe Liebig (RFA President); and Roseanne Giarrusso.

Residence Halls.

The event was also the venue for the presentation of the Emeriti Center's Paul E. Hadley Faculty Award for Service to USC, which was given to physician-scientist and educator **Allan G. Redeker** (see page 8), Emeritus Professor of Medicine in Hepatology.

"There are so many retirees who contribute in so many ways, but it is my honor," said **Janette C. Brown**, Executive Director, "to present this

award to Dr. Redeker. He is sought out for consultations on difficult cases, he selflessly gives of his time, and he is a clinic volunteer and mentor to medical students. To all he is a gift."

Redeker, in accepting his award, said "I am convinced that contact with young doctors in training keeps me young."

The annual luncheon is sponsored by The Office of the Provost and the Retired Faculty Association. ■

Is E-mail from the EC in Your Inbox?

Are you receiving important e-mail updates from the Emeriti Center? We send e-mail messages about upcoming events and special USC announcements. If you are not receiving e-mail from us but would like to, please contact our office and ask to be placed on our e-mail distribution list. You may already be receiving e-mail messages from us but do not find them in your inbox. Some e-mail programs divert messages from unrecognized senders to the trash, junk, or spam folder. We typically send messages from emeriti@usc.edu and ecrsvp@usc.edu. Adding these addresses to your contact list should allow e-mail from us to reach your inbox.

The Hospitality Tent Beckoned

At November's Homecoming game, the EC's Hospitality tent welcomed RFA & SRA members, as well as two members of the Alumni Board of Governors, and provided good company and delicious goodies for all.



The EC Gets Sociable!

Two successful EC Socials took place last fall in Oxnard (September 18) and in Pasadena (October 15). **Art Donovan** and his daughter, **Rachel**, hosted the Oxnard social at Art's home on the beach. **Mitzi Tsujimoto** hosted the Pasadena social at The Fair Oaks with help from Marketing Director **Rica Duff**. It was a great way to see friends and to meet new ones.



Above, in Oxnard: Louise Ball and Rodanthi Kitridou; Host Art Donovan and daughter Rachel; Steb Chandor, Bob Scales with "Jade," Jim Birren, and Mary Caroline Chandor.
Below: Pasadena Hostess Mitzi Tsujimoto; Chris Reynolds and Nancy Warner; Michael Zarky, Diana Seyb, and Phoebe Liebig.



Caldwell Scholars Welcomed by RFA Board

The Retired Faculty Association Board held its annual Caldwell Neighborhood Scholarship luncheon in September 2011 to welcome two new and seven returning Scholars for the 2011-2012 academic year. The luncheon allows Scholars to highlight their ongoing USC experiences with Board members who offer students guidance. The Scholarship Program supports students from 10 area high schools.



From left to right: Victor M. Webb, Scholarship Committee; Thomas Mcwhorter, USC Financial Aid dean; Jennifer Cardova, scholar; Francisco Iturbi, Jr., scholar; Pablo Escobar, scholar; Eva Ortega, scholar; Kim Thomas-Barrios, USC Neighborhood Academic Initiative director; Kaaren Hoffman, Scholarship Committee chair; Robert Baker, USC RFA Board past president.

THE EC'S BOOK NOOK

"Room" by Emma Donoghue (2010)

The windowless "room" is 11'x11' and it is five-year-old Jack's world. This child-view narrative of his day-to-day life is how the reader learns about his narrow world. We only know what Jack knows and sees and believes. He shares the room with his loving, protective mother who makes life as good as it can be under disturbing circumstances brought about by ominous Old Nick. Jack describes the familiar objects he knows and trusts in – Bed, Rug, Wall – his daily routines of exercise and reading tattered books with his mother within their confined space, and his child's realization that his mother is suffering. How can a small boy be a hero? The difficult answer lies in the very frightening Outside. The story is unsettling and enriching, all at the same time. ■

Retirees Show Interest in EC Travel Opportunities

Several retired faculty and staff interested in travel met in December to discuss what the EC might do to assist retirees who are interested in traveling together. If you are interested in receiving email updates about one-day or short trips, call (213) 740-7122 or send a request to: emeriti@usc.edu.

A 3-night Road Scholar Charter Tour of Santa Catalina Island is planned for April 27-30 at the USC Wrigley Marine Science Center. (\$496 per person double occupancy - \$508 single occupancy).

A second trip may be planned if demand is strong. To enroll, call (877) 426 8056 for "Catalina Island: The Land and the Sea, Program # 10853NP". Identify yourself as a USC Retiree. ■