

Retiree Community Newsletter

September/October 2018

USC leaders launch 40th celebration

We are honored to have USC interim president, **Wanda Austin** and USC Keck school dean, **Laura Mosqueda**, M.D. lead the USC Emeriti Center's 40th anniversary luncheon. Both women are inspirational leaders with an inclusive vision. Dr. Austin is internationally known for new work in aeronautics and systems engineering. Austin is a USC trustee and is the former president and CEO of The Aerospace Corp. Dr. Mosqueda was associate dean of primary care at the school and chair of the Department of Family Medicine before her dean's appointment. An advocate for the elderly, Mosqueda directs the National Center on Elder Abuse, a federally funded initiative that focuses on improving response to elder abuse, neglect and exploitation.



Keck School of Medicine of USC Dean Laura Mosqueda and interim USC President Wanda M. Austin will speak at EC's 40th Anniversary Celebration. USC Photo/Gus Ruelas.

USC Emeriti Center history

As we celebrate the 40th anniversary of the USC Emeriti Center, we reflect on the vision of its founders and the excellence of its leaders.

The first to promote the idea of a center to serve USC's retired faculty and staff were **James Peterson** and **Tillman Hall**. They went door to door in Bovard Administration seeking the support of administrators, and in 1978, President **John Hubbard** founded the USC Emeriti Center, making it one of the world's oldest centers established for retirees. From 1978 to 1989, Petersen served as executive director, establishing a foundation of advocacy, education and communication.

The directorship passed to **J. Tillman Hall**, whose vision of retired faculty lecturing to other seniors formed the concept for an Emeriti College. Hall enlisted Paul Hadley to direct this new venture.

Hadley became the next Emeriti Center director in 1996, and through his reputation, the center gained status, both within the university and among other institutions. His collaborative vision with other universities was realized in 2002 when he incorporated the non-profit organization, Association of Retirement Organizations in Higher Education (AROE), and served as its founding president.

William Faith was the second Emeriti College director. Under his seven-year leadership, the Emeriti College faculty gave more than 140 lectures a year throughout the Los Angeles basin. Mentoring students and administering retiree research grants were added to the program.

... cont. on page 2

USC Emeriti Center
SRA and RFA
invite you to the
USC Emeriti Center
40th Anniversary
Celebration Lunch



Monday, Dec. 10, 2018
11:00 a.m. check-in

Town & Gown

RSVP

bit.ly/EC40thAnniversary

Program starts promptly at noon



The Annual Retiree Holiday breakfast this year will instead be a luncheon celebrating the USC Emeriti Center's 40th anniversary. All SRA and RFA members, and Emeriti Center friends will be invited. Bring your gently used clothing to the luncheon for the L.A. Work Source Center. ■

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Emeriti Center community embraces inclusive service and learning

We are particularly encouraged by our interim president, Dr. **Wanda M. Austin**. She came out of an enjoyable retirement to serve as our USC president, and we are grateful for her inclusive and communicative vision to listen to all perspectives and voices. We are honored that she will open our 40th anniversary celebration. We are twice honored to have Dean **Laura Mosqueda** of the Keck School of Medicine of USC speak as well.

This summer, our retirees and friends volunteered in the community. We sponsored two successful wellness events, a Cyber Security Workshop and a Physical Therapy Workshop series, as well as tours and talks about Dr. Verna Dauterive, Dauterive Hall, and the new USC Marching Band facility at the Lyon Center.

The EC is also conducting two surveys exploring our USC retiree community's wellness, volunteerism and academic activity (see page 8.) This October at Emory University, **Victor Webb** and **Mike Klineman** will be presenting with me about USC's best practices at the AROHE Conference (www.arohe.org).

As we plan our 40th anniversary, we are amazed at how far we have come. The Emeriti Center has continued the Trojan Family spirit throughout its 40 years. It has always been inclusive, welcoming, and embraced all generations, disciplines, and cultures. We are proud to have supported this wonderful service and learning community and look forward to many more years connecting our retirees, faculty, staff, students, alumni, and community. ■



Janette C. Brown

- **Janette C. Brown**

Assistant Vice Provost, USC Emeriti Center
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...cont. from page 1, "40 years"



Throughout this time, **Harriet Servis** worked to bring concepts to reality. From administrative assistant to associate director, for 17 years Servis established retiree records, secured retiree privileges, produced newsletters and correspondence, arranged taping of living history interviews, instituted pre-retirement seminars, organized regional conferences and managed the office.

For many years, Servis was the only paid employee of the Emeriti Center, and the office itself was only open part time. Most programs and staff were supported through donations and grants. Volunteers **Virginia Ainsworth**, **Joan Mason**, **Madaleen Smith**, **Michael Halloran**, and particularly **Mitzi Tsujimoto**, **Dale Hilton** and **Norman Fertig** provided a high level of productivity.

In 2001, the university made a new commitment to the Emeriti Center and hired **Elizabeth Redmon** as its executive director. Under her four-year leadership, the office staff was brought under budget funding, new relationships with the Retired Faculty and Staff Retirement Associations were formed, and the Emeriti Center became the site of the corporate office for AROHE. **Carole Gustin**, **Robert Biller**, **Robert Stallings** and **Robert Scales** took on leadership and advisory roles, and Scales became Emeriti College director.

In 2005, **Janette Brown** became the first full-time executive director, and the university increased support for staff and programming. Under Brown's leadership, the Emeriti Center gained in recognition within the university and among other institutions.

Jerome Walker became the new director of the Emeriti College in 2007 and served for eight years, offering new library venues and more than 200 presentations in the community. Staff members supported the center and college through 2015 until the center was transformed into a volunteers/shared-services model housed with the Academic Senate and Staff Assembly. The Center continues to offer programs and opportunities in partnership with USC schools and offers experiential/intergenerational learning for students, retirees, faculty, staff, alumni, and the community.

Over the years countless hours of service were given by members of the Emeriti Center Council, Emeriti Center Executive Committee, Retired Faculty and Staff Benefits Committee, Emeriti College Advisory Board, Staff Retirement Association Board of Directors, and Retired Faculty Association Board of Directors, to name a few.

The Emeriti Center's mission has always been to keep USC retirees connected to the university through service and learning, making it an alumni association for USC's perennials. In retirement, we remain colleagues for life. ■

- **Betty Redmon & Jerry Walker**



College Ready @ the EC: Lessons, lunch and USC tours



Since last March, USC retired faculty and staff volunteers engaged with our USC neighbor Susan Miller Dorsey High School in a “Get College Ready” project. The Dorsey High Class of 2019 Parents' Group requested help to work with Dorsey's “rising seniors” on their college admissions' personal essay statements and offer guidance on how students might prepare. On May 22, Dorsey hosted the first of three “Get College Ready” EC retiree mentor-Dorsey student mentee sessions.

Our Emeriti Center / Dorsey High School RFA/SRA volunteers, spearheaded by **Karen Ammons**, former program manager with USC's Neighborhood Academic Initiative, welcomed 22 students from

Dorsey, Serra, Saint Bernard and King Drew Medical Magnet high schools to USC on August 10th for another “Get College Ready” rendezvous. In attendance were Dorsey High principal Dr. Sean M. Gaston, Dorsey parents Zayika, Aisha Smith and Ms. Beverly. Master instructor Ammons moderated an exciting day of activities including the Emeriti Center's college readiness manual illustrating the who, what, when, why and how to get college ready.

First-year college students talked about their preparatory transition from high school to college and how their pre-college expectations matched (or not) their first-year college reality. Ammons presented an excellent overview on mandated senior year time management practices, a college application timeline and deadline process, how to choose a college (two year vs. four year), a guide to resume writing, tips on seeking letters of recommendations from high school teachers; she distributed sample admission personal essays. Lunchtime turned into work time.

The afternoon session delved into GPAs, SAT scores, financial aid packaging and breakout sessions with retired faculty/staff mentors to review content/context of students' personal essays. A brisk walk across campus to the Viterbi School of Engineering introduced Dorsey students to a robotics lab demonstration by biomedical engineering/robotics specialist and PhD candidate **Dario Urbina Melendez** followed by a conversation about jet propulsion rocketry with RFA Caldwell Neighborhood Scholar/rocket scientist **Carlos Marin**.

Dorsey students were encouraged to connect with their USC EC retired faculty/staff mentors, focus on their mission and bump up their college readiness momentum.

“... thank you for working with us to build this intergenerational partnership that so many of our students need and can benefit from...” as well as the “. . .so proud to help. . .” and “What else can we do?” moments from our RFA/SRA volunteer mentors. Our Dorsey HS Class of 2019 will be among more than 22 million students attending American colleges and universities next year. Cheers!

Our EC RFA/SRA retiree “Get College Ready” mentors include: **Karen Ammons**, Dr. **Janette C. Brown** (assistant provost), **Michael Klineman** (SRA president), **Karen Koblitz** (School of Art & Design), Rabbi Dr. **Susan Laemmle** (emerita professor, former dean of religious life), Dr. **Jerry B. Walker** (former associate provost), **Lora Walker**, **Victor M. Webb** (Annenberg School /Journalism) and Caldwell Neighborhood Scholars **Mousael Rosa Louis** (Dorsey HS alum) and Carlos Marin.

If you'd like to be in our Trojan Encore Volunteer group and receive updates on future work with our Dorsey HS students along with other volunteer opportunities, please register at bit.ly/TrojanEncore or call (213) 740- 8921. ■

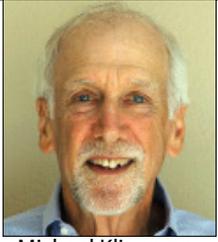
- Victor Marshand Webb



Welcome to our new EC student worker Lianne!

Lianne Chu: I am a freshman from the Bay Area currently studying business administration. However, I am still unsure about what I want to pursue in the future, hence I am very open to exploring new ideas and topics that may peak my interest. Growing up with immigrant parents from China, I was regularly immersed in Chinese culture, leading to the passion of mine for taking courses in that subject area and potentially minoring in Chinese for the professions. These few weeks of college have been an eye opening experience for me, and I hope my time here at the Emeriti Center will further expand my horizons with all it has to offer. ■





Michael Klineman

A new term begins, and opportunities abound

When you read this article, the USC football season will have begun and fall will be in full swing. In addition to the change in seasons, there will be a large number of programs and opportunities for SRA retirees to attend and get involved in.

You have probably already received an invitation to the September SRA/RFA program which is a lecture, lunch and self-guided tour of Michelson hall on Friday, Sept. 28. In addition, there will be a holiday luncheon, in place of the annual breakfast, on Monday, Dec. 10, in Town & Gown. This special event will include the recognition and celebration of the Emeriti Center's 40th anniversary.

The annual retiree luncheon will take place March 15, 2019 in Town & Gown where we will honor and recognize recent staff retirees. All the programs mentioned include meals and are free to dues-paying SRA members.

The RFA will hold their Distinguished Lecture Series each month which consists of a presentation by a current USC professor on a topic of interest. There will be a box lunch before the lecture and the event is open to all current and retired faculty and staff as well as current USC students.

There are also numerous interesting programs and workshops sponsored by the Emeriti Center on a regular basis. Check the web page (emeriti.usc.edu) each week for information about upcoming events.

The point of what I mentioned above is that there is a plethora of activities for all retirees to take advantage of and on a regular basis. I would encourage everybody to participate in as many as possible as a means to stay connected to USC. It is a way to see former colleagues again from when you worked at USC as well as make new friends. I hope to see all of you this fall. ■

- **Michael Klineman**, SRA President
mkline50@aol.com; sra.usc.edu

A Trojan Gallery Gift for our 40th Anniversary



Trojan Gallery page 287: **Jim Briscoe**, familiar to thousands of students, faculty, staff, and friends of the university, as the major gate guard in charge of gate 2.



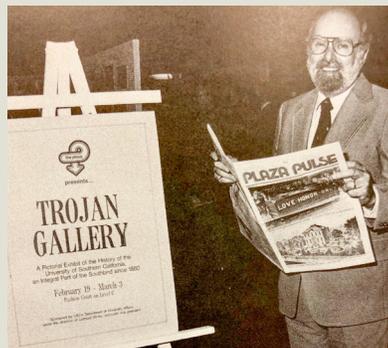
Trojan Gallery page 83: Robed faculty and students march to the Los Angeles Memorial Coliseum from Bovard in 1925 graduation. Numerous storefront properties lined the east side of University Avenue across from Bovard.



Trojan Gallery page 318: The Retired Faculty Association met regularly at the Faculty Center. Early RFA meeting members: RFA president **Robert Fenton Craig**; **Thomas P Nickell Jr.**, vice president, University Affairs (speaker); **Tema S. Clare**, executive board member, **Russell Caldwell**, RFA vice president.

The University of Southern California celebrated its 100 year anniversary in 1980, only two years after the establishment of the USC Emeriti Center.

In honor of the Emeriti Center's upcoming 40th anniversary celebration, thanks to **Brenda Maceo** (public relations), **Patricia Di Roco**, (public relations) and **Claude Zachary** (USC Libraries), we have complimentary Trojan Gallery photo books that for all who want them. Come to the Emeriti Center for a free book or, if supplies last, we will be giving them out at the 40th anniversary celebration on December 10 in Town & Gown. ■



Trojan Gallery page 300: **Leonard Wines**, associate vice president of university affairs, at the ARCO Plaza showing of the Trojan Gallery photo exhibit in 1980.



Trojan Gallery page 2: USC's first building, (now the Whitney Alumni House), opened for 53 students on October 6, 1880.

Change is in the waters

USC is facing some major changes. The university administration is in transition and an interim president, Dr. Wanda Austin, has been chosen by the USC Board of Trustees. While that does not directly affect the Emeriti Center or the Retired Faculty Association, it changes the dynamic and relationship to other university agencies.

In August, the USC Academic Senate (AS), met for its fall planning retreat. The RFA has been part of this retreat in the past and been more of a silent witness to the undertakings. Topics this year had two major sessions, “Shared Governance” in the morning and “Gender Violence and Harassment” in the afternoon.

Shared Governance

The reader of this column may ask, “Why should I care about this highfaluting term? I’m retired and striving to focus on my health and wealth.” We can understand your position and respect that. Nonetheless, there are others who are dealing comfortably with those foci and still have the energy to reinvest in USC-related activities outside of sports like football. After all, all of us have had years of USC employment where we have acquired knowledge, skill, experience, and judgment that have endowed each of us individually with wisdom. Many of us have a “Fight On!” attitude and find that our collective strength can be an influential resource as USC wends its way through some transformative issues that will somehow affect in fundamental ways its changing climate and culture.

That said, shared governance refers to how different levels of leadership interactively or independently make major decisions. Currently there is a significant disconnect between the USC Board of Trustees and the Academic Senate. There are dozens of voting positions on that board, but not one

represents the faculty stakeholders, let alone staff or students. The RFA does have a voice and vote with the Academic Senate and is being more proactive in contributing its collective wisdom to these complex and publically reported perplexities in the local press.



Calvin Lau

Gender Violence and Harassment

This concept has brought USC to the front pages of local and regional news outlets. At the Academic Senate retreat, there was a breakout discussion group that was given a less inflammatory, though similarly directed term, “Changing Climate and Culture.” Indeed, as your president representing the RFA at this retreat, there was the opportunity to express our desire to engage the AS and add to its influence as the university wrests with such delicate issues that have, in effect, stratified the layers of power to create top-down control and implied threat of involuntary separation (read “firing”) from USC for those less powerful stakeholders (read faculty, staff and students) in this milieu of interaction and consequences. We are open to your active participation. Retired faculty are invited to attend our monthly board meetings. Please contact me to express your interest and concern. Let’s communicate for a win-win outcome.

These are indeed challenging times for USC, and RFA hopes to positively contribute to the process that will allow this renowned institution of learning to rise like a Phoenix from the ashes of failure.

As we venture into uncharted waters, may we return as valiant sons and daughters. ■

- Calvin S. Lau, RFA President
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RFA welcomes new Caldwell scholars



Briana Lizbeth Chavez Ramos: Briana hails from Manual Arts Senior High School where she was on the principal’s honor roll for four years and the Valedictorian of her 2018 graduating class. Her extracurricular honors include the Gold Seal for Biliteracy, Certificate of Achievement for Outstanding Leadership Skills, Associated Student Body & Senior Class President. She spent her summer in USC’s Bridge Program. Briana plans to major in Political Science and become a lawyer.



Nicky Isai Lopez: Nicky graduated Manual Arts Senior High as Magnet Valedictorian for his Class of 2018. He was active in USC’s I AM Mentoring Program, USC STEM Center for Innovation and Excellence and Christian oriented activities. His academic awards include California State University L. A. certificates for college-level quantitative statistics courses, GPA high honors and a certification in financial literacy. He has a deep passion for video games and practices coding on websites such as Khan Academy and Codecademy. Nicky plans a future as a video game developer and majors in Computer Science at his “dream school,” USC. ■

CYBER TIPS

What is VPN? What does it do?

What is Virtual Private Networking?



Virtual Private Networking (VPN) is a secure method of remotely accessing USC computer resources. It is a free service to

USC retirees with Gold Cards and who use usc.edu email addresses.

What does it do?

- Encrypts all traffic to and from a computer in order to prevent others from viewing the information
- Provides users with a virtual USC IP address that allows access to restricted USC resources
- Is Accessible directly through a web browser or through client software

Getting Started

You may access VPN directly by pointing your browser to vpn.usc.edu. You may also use the Cisco AnyConnect VPN client.

To Learn More

Go to:

<https://itservices.usc.edu/vpn/>

For questions, please contact ITS Customer Support Center
Monday – Friday
8:00 a.m. – 6:00 p.m.
213-740-5555
consult@usc.edu ■

In The News

Professor John Odell receives grant funding

Professor **John Odell** has received grant funding to travel to Europe to present his paper on “Our Alarming Climate Crisis Demands Border Adjustments Now.” To read his statement and learn more about his paper, go to emeriti.usc.edu and view “Life After Retirement.”

Book signings

Irene Fertik (public relations/ photography) won a prize from the Julia Margaret Cameron International photo competition for her book, “From Tesfra to Tikva: From Hope to Hope, 25

Years of Ethiopian Jews.” The exhibit opens in Barcelona, Spain, on Oct. 4, and runs through the month. Irene will be there, then will tour a bit before returning home to Albuquerque, New Mexico. Then she’s off to the East coast in late October/ early November to sign books in D.C., Philadelphia, and NY City, before signing book copies in L.A. over Thanksgiving. ■



Dr. Bradley Williams' art exhibit: "It's Just a Number"

“It’s Just a Number,” captures elders who are experiencing a full life, doing things that bring them joy, sometimes in ways that are not expected..” - Dr. **Bradley R. Williams**, Pharm, BCGP Professor of clinical pharmacy & clinical gerontology.

Dr. Williams' exhibit took place on Tuesday, Sept. 25 from 5-7 p.m. in Pharmaceutical Sciences Center Room 104 in the USC Health Sciences Campus. ■



Ruberta Weaver receives President's Award

Ruberta Weaver received the USC Alumni Association’s 2018 President’s Award presented to individuals in recognition of exemplary leadership, service, achievement and overall contributions to the University of Southern California on August 31, 2018.

“Ruberta Weaver is revered across the university for her decades-spanning service to the USC and the Trojan Family. The very embodiment of 'young at heart,' the centenarian inspires Trojans of all ages with her energy, enthusiasm and generosity of spirit.” alumni.usc.edu/vrd/RubertaWeaverUSCLivingHistoryProjectInterview ■



In Memoriam

We honor and mourn our university colleagues who have passed. Those who were recorded by press time, and whose names were not mentioned in previous newsletters:

David Burke; **Enrique Flores** (facilities management); **Diane Kidd** (dentistry); **William Maxwell** (education); **James Mosley** (medicine); **John Nicoloff** (medicine/endocrinology) **Clancy Sigal** (journalism); **Max Tidler** (ISD/resources and services); and **Edward Wong** (medicine/pathology). ■

EC retiree volunteers help homeless children



Photo right to left: USC retiree volunteers Victor M. Webb, Carlota Tamayo and Mercedes Garcia with two happy Wells Fargo Bank volunteers.

The Emeriti Center's vigorous volunteer spirit was again on display this summer. The L.A. Works partnership supported a back-to-school supplies backpack drive for 1000 homeless children. Emeriti Center committee leaders and board members donated two trunk-loads of school supplies and hundreds of dollars for young homeless neighbors to go back to school in backpack and school supplies style. On August 11, non-profit L.A. Works staged a huge volunteer 2018 Day of Service hands-on workfest at Santa Monica's Clover Park to stuff backpacks with school supplies, decorate 1500 onesies for babies residing in shelter facilities and to size-sort thousands of pounds of children's and adult clothing for the homeless. It was a fun-filled productive day. Joining our Emeriti Center volunteers **Mercedes Garcia, Carlota Tamayo** and **Victor M. Webb** were hundreds of employees from KCET, Kaiser Permanente, Northrop Grumman, Macy's, Delta and United Airlines, Wells Fargo Bank, Target, the League of Women Voters, Santa Monica city officials, entertainers and various agencies engaged with L.A. County's severe homeless population now more than 57,000 people. The 2018 L.A. Works Day backpacks were delivered to non-profit homeless aid groups: Imagine L.A., Alexandria House and Schools on Wheels.

If you would like to be in our Trojan Encore Volunteer group to receive updates on future volunteer opportunities, please register as a Trojan Encore Volunteer: bit.ly/TrojanEncore or call (213) 740-8921. ■

Nominate for the 2019 Faculty Lifetime Achievement Award!

The deadline to submit nominations for the USC Faculty Lifetime Achievement Award is Friday, Nov. 13. Outstanding retired faculty are honored for "notable contributions to the university, their profession and community." Awards will be conferred at the Academic Honors Convocation April, 2019.

For more information, go to emeriti.usc.edu/programs/awards/. To submit a nomination, go to: bit.ly/LifetimeAchieve2019. Descriptions for all 2017 Academic Honors Convocation honorees are listed here: academichonors.usc.edu/directory/ Questions? Call (213) 740-7121. ■

SUCCESSFUL AGING

Finding your passion

Finding your passion – a strong feeling of enthusiasm or excitement for something – is a mantra directed to everyone from college students to retirees searching for fulfillment and happiness. Years ago, the word "passion" was not part of the conversation or vocabulary except when it came to romantic relationships. Times have changed. Articles, books, websites and coaches are in the business of helping us find our passion. Fortunately experts have developed questions that can help us in the search.

1. What is something you are really good at doing?
2. What did you love to do as a child? Ride horses, dance, fix a car or sing?
3. What are you doing when you lose track of time? Reading, writing or star gazing?
4. What brings you joy? Grandchildren, a symphony, USC football, biking or cooking a fine meal?
5. What would you do differently with your education if you had a chance to start over?

Although finding your passion sounds like good advice, not all agree. Stanford scholars wrote in the Stanford News, "Instead of finding your passion, try developing it." The authors suggest that we have built-in interests waiting to be discovered and true passion is developed by being open-minded about pursuing new areas. In looking for passion in one's life, consider trying both ways – looking inward to past experiences, the familiar and dreams, and then look outward. Consider diving into something you have never done. Bottom line – live well. And so many in the "Trojan emeriti family" are doing just that. ■

- Helen Dennis

Columnist, author & lecturer
www.HelenMdennis.com



Emeriti Center partners with USC political science department to support Boyle Heights and Lincoln Heights neighborhoods' schools



This fall the USC Emeriti Center will support Professor **Ann Crigler** (Dornsife College, Political Science) with a small grant and help from USC retirees who will support the October 16 Leadership Academy for elementary school students. It is part of a year-long civic engagement and philanthropy program (Penny Harvest) that USC students work with in four elementary schools around the Health Science Campus. Professor Crigler explains that the “USC Penny Harvest Leadership Academy empowers Los Angeles-area elementary school students to give back to their community and provides USC students—from USC Dornsife and USC Annenberg School for Communication and Journalism—with practical experience in civic engagement and nonprofit leadership.” At the request of one of the principals, the USC students in Crigler’s POSC classes and Professor **Tom Goodnight**’s COMM classes create a half-day program to introduce children to college and to learn various leadership skills. Observations from teachers have indicated that participating in this program has increased empathy



as well as their capacity for leadership, interpersonal connection, and generosity. ■

Preliminary results from two Emeriti Center surveys

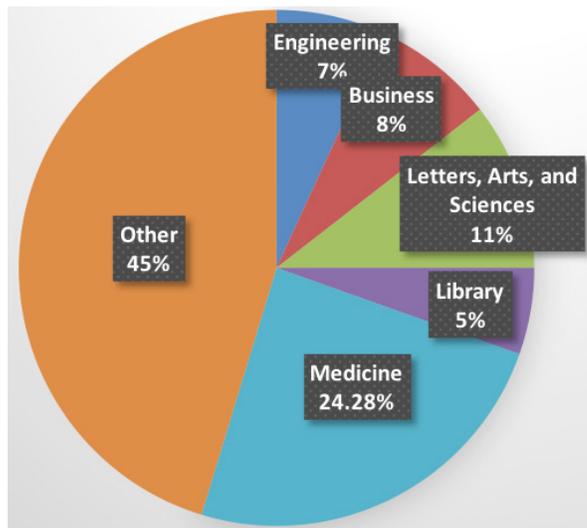
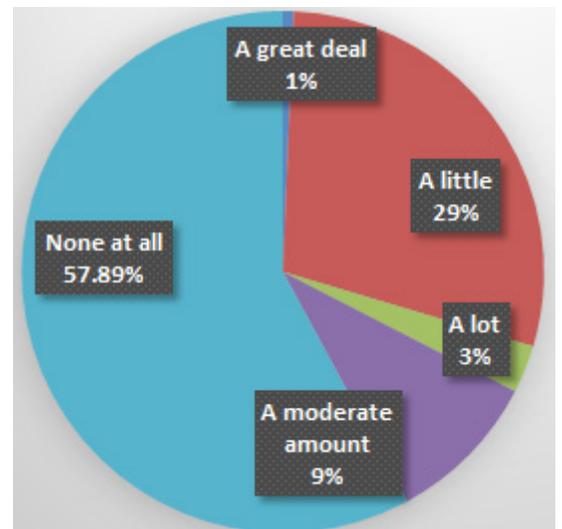
The USC Emeriti Center is collecting results from two surveys: The Retiree Situation and Circumstances Survey and the Retired Faculty/Administrator Research Survey. ■

What have we learned so far?

USC Retirees Situation and Circumstances Survey:

- Currently there is a 4:1 ratio of men to women for retired faculty.
- For staff, the ratio is 2:1 women to men.
- Over 80% of both faculty and staff still live in a house.
- Around 58% said that they were not experiencing any problems in retirement.
- Common difficulties are health, finances, and loss.
- The most frequent advice given: save money and plan well in advance.

Amount of difficulties retirees face in retirement



Retired Faculty/Administrator Research Survey

(service during 2015 – 2018; 39 USC departments are represented):

- 60% volunteer or provide community service outside the university.
- 31% teach 1 to 3 classes. Most classes are USC graduate level classes.
- 26% serve as informal mentors and 7% mentor formally.
- 25% provide departmental service, 16% serve on USC committees.
- 40% currently have academic publications/presentations in progress.
- 76% maintain professional licenses to practice in the health sciences.
- 24% are doing clinical work.

The above chart indicates the top five departments represented. NOTE: "Other" includes all of the departments not mentioned.

Center for Work and Family Life offers counseling and consultations

The Center for Work and Family Life (CWFL) offers confidential, short-term counseling and consultation to USC faculty, staff, and their dependent family members. USC retirees may have up to 10 free consultations per year.

Do you know the differences between coaching, counseling, and consultation? The CWFL offers all three. To learn more about the differences, go to: bit.ly/CWFLservices. There are clear distinctions between these services “We match people to best fit their needs.” Coaching for “Reworkment” (aka Success in Retirement) is designed for those wanting a stimulating and high-quality lifestyle in retirement. Typical coaching conversations include: Developing a new identity for the next stage; Establishing retirement goals and priorities; Values clarification; Practicing wellness; Paying it forward through volunteerism; Stress management for caregivers.

For more information, please contact the Center for Work and Family Life at (213) 821-0800 or visit their website (cwfl.usc.edu) ■

Consider opportunities to serve

Trojan Encore:

If you would like to be in our Trojan Encore Volunteer group to receive updates on future volunteer opportunities, please register as a Trojan Encore Volunteer:

bit.ly/TrojanEncore, call (213)740-8921 or emeriti@usc.edu. Currently we are looking for volunteers to help our local high school students with personal essays and college applications.

Serve on a committee:

If you are interested in serving on an Emeriti Center or university committee, please go to: emeriti.usc.edu/get-involved.

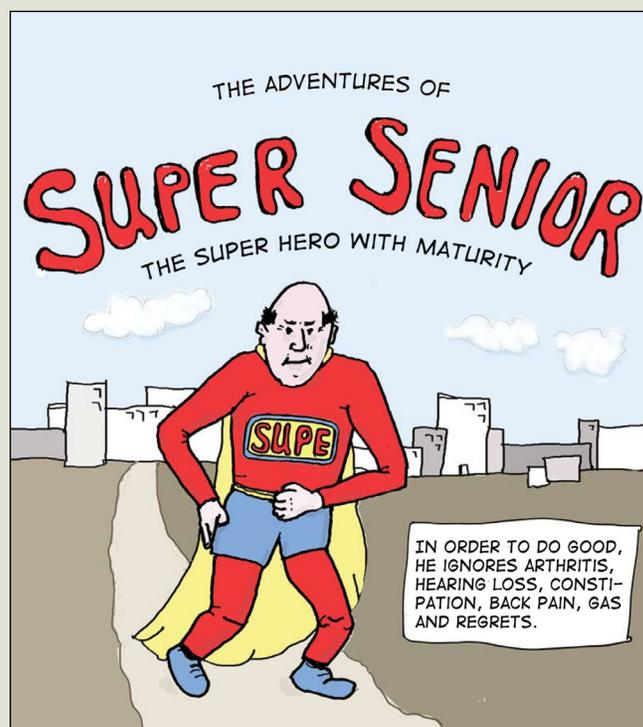
Give a talk or class:

We are looking for interesting presentations and short courses for our Emeriti College Speakers' Bureau. If you would like to be on call for 45-minute talks or mini courses around the Los Angeles area, register for our Bureau here: bit.ly/USCspeaker.

Host a social:

Want to help us host a social in your neighborhood? We have funding for refreshments to support casual gatherings in homes or public locations. Call our office to start the process. Our students will create a flyer, set up an RSVP form, send email messages and make name tags. ■

USC engineering professor creates super hero



Everybody has a super hero except senior citizens. **David Belson**, PhD (Viterbi, '70 and current Adjunct Prof.) decided to create a comic book hero for us. The Super Senior helps older folks with their problems and emergencies. David is looking for humorous ideas for future comics. ■

Paul E. Hadley Award

The Paul E. Hadley Award for Service to USC acknowledges exceptional volunteer service by a retired USC faculty member to any academic or administrative unit at USC following their retirement. For more information, go to emeriti.usc.edu/programs/awards. The deadline to submit nominations is Nov. 13. To submit a nomination, go to: bit.ly/HadleyAward2018. Questions? Call (213) 740-7121. ■

BOOK NOOK

Natural Causes: An Epidemic of Wellness, the Certainty of Dying, and Killing Ourselves to Live Longer

by Barbara Ehrenreich

Author Ehrenreich believes we over-prepare and worry too much about what is inevitable. She contends that overdiagnosis has become an epidemic, resulting in possibly unnecessary bone density scans, dental x-rays, mammograms, colonoscopies, and CT scans, noting that preventive medical care has become a lucrative industry. She looks into the cellular basis of aging and shows how little control we actually have over it, even while buying expensive anti-aging products, getting preventive screenings or cosmetic surgery, and overeating kale.

The author contends these things give us only the illusion of control, and she offers her philosophy on how to live joyously while still accepting our mortality. ■

- Christine Sinrud Shade
shade@usc.edu

Emeriti Center partners with the USC School of Dramatic Arts for fall musical "Happy End"



In a partnership with the USC School of Dramatic Arts, the USC Emeriti Center is excited to offer free tickets to this year's fall musical "Happy End" to the first 50 registrants. The performance will be on Sunday, Nov. 4 at 2:30 p.m. in the Bing Theater. You can read the show description and more at dramaticarts.usc.edu/happy-end/

"Set in the gritty streets of 1920s Chicago, Happy End tells the tale of an unlikely love affair between a virtuous Salvation Army worker and a hard-boiled gangster. This steamy musical pairs Bertolt Brecht's biting and witty social satire with a thrilling score from Kurt Weill."

To request tickets, visit bit.ly/HappyEnd11-4-18 or call (213) 740-7122. ■

Retirees tour new Trojan Marching Band facility

On Aug. 7, new retirees and friends toured the Dr. Arthur C. Bartner Band Pavilion, the newly constructed home of the USC Trojan Marching Band in the Lyon Center.

The tour highlighted the marching band's new facilities and featured remarks from Dr. **Arthur Bartner**, band director since 1970. The facilities include a new rehearsal

space, a student lounge and separate locker rooms. Please go to bit.ly/NewBandFacility to read the story behind the Dr. Arthur C. Bartner Band Pavilion. ■



Medicare Part D Workshop is offered

The Center for Health Care Rights will present updates for Medicare Part D for 2019, on Friday, Oct. 26, from noon to 1:30 p.m. at the University Religious Center (URC) Fishbowl. The program will be conducted by Aileen Harper, CHCR's Executive Director. This seminar explains changes in Medicare Part D drug coverage benefits and cost sharing for 2019. It will also review changes in the availability of Medicare Part D drug plans in L.A. County and discuss how to use the Medicare drug plan tool to select a plan that meets your needs. Registration required. Online: bit.ly/Medicare10-26-18 to register. By phone, call the Emeriti Center at (213) 740-7122. Park in Royal Street parking off Jefferson – Gate 4), free for USC Gold Card retirees; all others \$12. ■

Medicare Part D individual consultations are available

Free one-on-one consultations are available for those enrolling in a Part D Rx drug plan for 2019, through the USC School of Pharmacy in collaboration with the USC Emeriti Center and USC Senior Care. Open enrollment is Thursday, November 1, 2018, to Saturday, December 15, 2018. Appointments are required for consultations, and will be held the week of Monday, Nov. 12 to Thursday, Nov. 15. Register online: bit.ly/PartDConsults2018 or call (213) 740-7122. The consultations will be held at the Pharmaceutical Sciences Center, R 302B, 1985 Zonal Avenue, L.A. 90033. ■

Benefactor Recognition

Through the Emeriti Center's Benefactor Recognition Program, we thank those who have recognized honored colleagues, friends, and family with a \$500 or more contribution:

Donor

Dr. Robert R. Scales

Dr. Burton Marcus

Honoree

Dr. Victor Marshand Webb

Dr. Jerome B. Walker

Dr. Janette Brown

An anonymous faculty member "who believes the Emeriti Center is a valuable asset of the University" generously donated \$10,000 for student office support or a student worker fund.

Would you consider naming our center in your gift planning? If so, please call (213) 740-7121 or jcbrown@usc.edu.

Smart phones make it easy to donate to Caldwell Scholarships, EC, RFA and SRA.

Text the word "Emeriti" to 41444 on your cell phone to make a pledge. You will receive a text that gives you a link to donate online.

NOTES FROM THE EDITOR

Keeping limber

I've been thinking lately about agility, and how it changes over time. I'm not the spritely young thing I once was, and if I did have a young grandchild now I wouldn't be as quick to scamper across a lawn with them as I once was.

But I also think about finger dexterity – aching joints sometimes come into play to slow me down, but I want to stay as nimble as I can as I age onward.

So I'm doing two things to amp up my game, so to speak.

For a \$22 investment at an estate sale, I now have a bag of gorgeous blue-green Peruvian Highland Wool and the knitting needles to help me produce a scarf. I'm hoping the spirit of my "knitting mother" will come through to help my fingers get up to speed as I re-learn how to knit.

And I'm going to pull out my old Perquacky game, where you toss dice with letters on them and attempt to make words of 3-plus letters in groups of five. I'm going to play it with myself, since the dog never cooperates! I'll use the egg timer to keep me on my toes so I go as fast as I can.

Think of what you might do to keep all your parts, mentally and physically, as agile as you can be. It will pay off in the long run ... and we all want a long run! ■

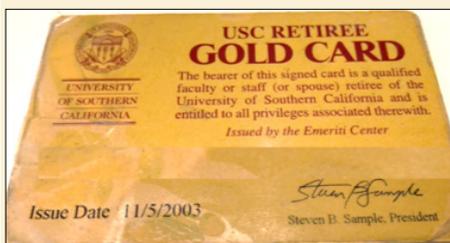


- Christine Sinrud Shade
shade@usc.edu

PT Workshop resources

Our August Physical Therapy workshop was a big hit! Hand-outs from the event are available on the Emeriti Center website: bit.ly/PTAug2018. Evaluations were 100% positive. Join us on March 12, 2019 on the UPC. ■

USC Gold Card Exchange at the 40th Anniversary

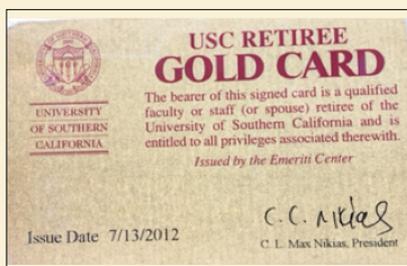


In 1987, the USC Emeriti Center began issuing Gold Cards to retired USC employees who had served the university for at least 10 years and who were over age 55.

As of 2015, we now offer a USCard with photo for new Gold Card retirees. If you would like to exchange your old Gold Card (optional) for a new one, you may do so at the USC Emeriti Center's 40th Anniversary Celebration on December 10th.

Thanks goes to **Peter Tom** for hosting this event and to **Margaret Harrington** and **John Kennedy** for their years of dedicated work advocating for USC retiree services and Gold Card privileges processing.

To RSVP for the Emeriti Center's 40th Anniversary Celebration and register to exchange for a Gold Card, go to: bit.ly/EC40thAnniversary. ■



USC University of Southern California

RETIREE COMMUNITY EVENTS (emeriti.usc.edu/category/events)

OCTOBER:

Thursday, October 18

RFA Distinguished Lecture with
Professor Steven J. Ross
12-1:30 p.m., Michelson Hall, MCB 101
RSVP: bit.ly/RFALecture10-18-18

Friday, October 26

Medicare Part D Drug Coverage Updates for 2019
12-1:30 p.m., URC Fishbowl
RSVP: bit.ly/Medicare10-26-18

NOVEMBER:

Sunday, November 4

“Happy End” - Fall Musical
2:30 p.m., Bing Theater
Reserve tickets: bit.ly/HappyEnd11-4-18

Wednesday, November 7

Provost's Faculty Retirement Recognition Luncheon
11:30 a.m.-2:00 p.m., Town & Gown
RSVP: bit.ly/ProvostLuncheon2018

Monday, November 12 - Thursday, November 15

Medicare Part D Individual Consultations
8 a.m. - 3 p.m., University Park Campus
Register for 1 hour appointments:
bit.ly/PartDConsults2018

DECEMBER:

Monday, December 10

USC Emeriti Center 40th Anniversary Celebration
11 a.m., Town & Gown, University Park Campus
RSVP: bit.ly/EC40thAnniversary

USC Emeriti Center

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USC Retiree Community Newsletter

Janette C. Brown,

Asst. Vice Provost, USC Emeriti Center

Christine Sinrud Shade, Editor

Contributors: Retired Faculty Association
and Staff Retirement Association members
and retiree community leaders.

Save the date

Friday, March 1, 2019

3rd Annual Interprofessional

Healthcare Symposium

9:30 a.m. to 1:30 p.m.

USC Health Sciences Campus