# Retiree Community Newsletter

June 2018

# 2018 Emeriti Center civic engagement project at Dorsey High School

To all retired staff and faculty: Are you looking for a way to serve in the community? Then we need you. In collaboration with the staff and parents of Dorsey High School, we have been given the opportunity to assist the Class of 2019 with writing their college personal statements. If you would like to work with young people and are able to edit and provide positive feedback, your skills are needed.

This endeavor is spearheaded by **Karen Ammons**, former program manager with the **USC Neighborhood Academic Initiative**. Her experience working with underserved college going students confirms that many students find it a challenge "to tell their story" in a way that will set them apart from others. In many cases, these students will be the first from their household to apply to college and may not have a family member who can assist them with their college application. Also, their high school counselor usually is unable to provide an adequate amount of time necessary because of the large number of students needing support with this process.



Caldwell Scholar Mousael Louis (center) and USC retirees Victor Webb, Karen Ammons, and Karen Koblitz join Dorsey parents.

On May 22, Dorsey sponsored the first meeting. Dorsey High School is 3.7 miles west of USC, between Exposition Blvd. and Rodeo Rd (3537 Farmdale Ave., Los Angeles, CA 90016).

If you would like to be in our Trojan Encore Volunteer group to be updated on further work with Dorsey HS students and other volunteer opportunities, please register as a **Trojan Encore Volunteer:** bit.ly/TrojanEncore. Questions? call 213-740-8921. ■

### SRA June meeting features tour of Galen Center

Staff Retirement Association (SRA) members are invited to the annual lunch General Meeting, Friday, June 15, at USC's Galen Center (at the corner of Figueroa St. and Jefferson Blvd.).

Check-in is 10:30 a.m. in the Galen lobby; the SRA meeting is from 11 to 11:30 a.m., with a tour of Galen Center, including a "sneak peek" inside the facilities. The Galen Center, a multipurpose indoor arena and athletic facility, is home of Trojan basketball and volleyball, and also hosts concerts and performances. Lunch is at Noon in the Galen Center's "Room with L.A.- Downtown View."

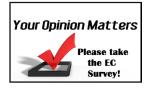
Lunch for paid-up SRA members is free, guests are \$15 (pay in advance and mail to: USC SRA, 835 W. 34th St., URC-103, LA 90089-0751).

To RSVP, call (213)740-7122 or go to: tinyurl.com/June2018SRA

Gold Card members park free at the Royal St. structure (off of Jefferson, across from the Shrine); others pay \$12.

(Note: no electric cart shuttle is available for the tour.) ■

# EC Survey needs your help



The USC Emeriti Center invites all USC retired faculty, staff and surviving partners to help us learn more about retirement and the situations and circumstances of our USC retiree colleagues. Please help us with our research by taking one or both of our surveys. Soon you will receive an e-mail link to one or two surveys in an email invitation from the Emeriti Center.

The USC Emeriti Center Situation and Circumstances Survey is for all USC retirees. We want to know more about our retirees' health, living, and financial planning experiences and provide recommendations for others.

**USC Retired Faculty and Research Administrators Survey** aims to document the academic endeavors of our retired faculty and administrators. We encourage our retired faculty to take both surveys. Staff who conduct research and serve on official USC committees are also invited to take this survey by going to: <a href="https://bit.ly/USCFacultySurvey.">bit.ly/USCFacultySurvey</a>.

If you prefer to have a student input the information for you, please call our RSVP line and we will call you back: 213-740-7122. ■

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# USC is becoming an age-friendly university

We are excited that USC has chosen to become the first in California to join the Age-Friendly University Global Network!\* Joining the network is an encouraging step and one that we at the Emeriti Center embrace wholeheartedly. The Emeriti Center has an age-friendly culture that provides experiential learning for our students while highlighting our stellar faculty's research and teaching for the benefit of our retirees. "Welcoming people of all ages into the university community and fostering their success helps us to create a community of diverse viewpoints, address our biggest challenges, develop new leaders in every generation, and move society forward" (Provost Michael Quick).\*



Janette C. Brown

"In becoming an Age-Friendly University, USC officially endorses 10 principles that provide guidance for evaluating the university's age-friendly programs and policies and identifying additional opportunities for serving people of all ages.

The Emeriti Center's work supports all 10 principles:

- 1. To encourage older adult participation in all the core activities of the university, including educational and research programs.
- 2. To promote personal and career development in the second half of life and to support those who wish to pursue second careers.
- 3. To recognize the range of educational needs of older adults (from those who were early school-leavers through to those who wish to pursue master's or PhD qualifications).
- 4. To promote intergenerational learning to facilitate the reciprocal sharing of expertise between learners of all ages.
- 5. To widen access to online educational opportunities for older adults to ensure a diversity of routes to participation.
- \* To read USC Leonard Davis School of Gerontology online article: *University of Southern California joins the Age-Friendly University Global Network* by Beth Newcomb go to: bit.ly/AgeFriendlyNet.

- 6. To ensure that the university's research agenda is informed by the needs of an aging society and to promote public discourse on how higher education can better respond to the varied interests and needs of older adults.
- 7. To increase the understanding of students of the longevity dividend and the increasing complexity and richness that aging brings to our society.
- 8. To enhance access for older adults to the university's range of health and wellness programs and its arts and cultural activities.
- 9. To engage actively with the university's own retired community.
- 10. To ensure regular dialogue with organizations representing the interests of the aging population."\*

- Janette C. Brown Assistant Vice Provost, Emeriti Center jcbrown@usc.edu; (213) 740-7121

# A special lunch with widows and widowers

All USC widows and widowers are invited for lunch to gather together, have fun, and possibly talk about ways we can support our USC retirees.

#### Widows & Widowers Lunch

Tuesday, June 12, 12:30 to 2:30 p.m. in URC 104 To RSVP, call (213) 740-7122 or go to bit.ly/WidLunch

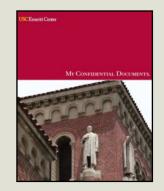
This lunch immediately follows our **Cyber Security Workshop** (see page 6).

The workshop is in URC 108 and starts at 10 a.m.

Our thoughtful widows/widowers group were the inspiration for two very important documents.

- "My Confidential Documents," is designed to help prepare, collect and store all important information in one place: bit.ly/ConfidentialDocs.
- After the Death of a Loved One <u>bit.ly/DeathofLoved</u> provides the basics of what to do; it is advice from our USC widows and widowers.

If you would like a hard copy of one or both, please call the Emeriti Center at (213) 740-8921. ■





Michael Klineman

# Retirement brings new joys and challenges

On March 16, the SRA held their annual Retiree Recognition Luncheon in Town and Gown honoring retirees from 2017. The number of new retirees attending (37 from 2017, versus 22 for 2016) was significantly more than the previous year. It was a pleasure to see, meet, and honor

those from this class of retirees. The overall attendance of 185, including honorees, their guests and SRA members was impressive.

For new retirees, there will be many significant changes to their lifestyle. No longer do they have to fight traffic to make it to campus and their job! For some, this new lifestyle can be a challenge. Others are so happy and busy following their hobbies, interests, and activities they can be even busier than when they were still working!

To have a healthy and successful retirement lifestyle, certain ways of being are recommended by many articles and advisors. For example, it is probably important for your physical well-being to stay active and try to exercise regularly. Eating healthy food, exercising your mind (reading, taking a course, etc.) is important. Maintaining social connections with friends and family as well creating new connections through your retirement activities will be very satisfying and helpful.

Finding meaning and joy in what you pursue can also make this new period feel good. Volunteering across a wide spectrum of possibilities can give purpose to one's life as well as making one feel appreciated and valued. For most people being productive in some way makes them feel useful.

We all must follow our own path to health, happiness, and feeling good. The SRA and the RFA put on programs that would appeal to many of you and mesh with some of the ideas described above. In addition, the Emeriti Center sponsors very attractive programs for anyone to attend free of charge (my favorite price!). To learn more about the ones that are offered, go to the Emeriti Center (emeriti.usc.edu) to find programs and ways to stay involved at USC.

For our June 15th meeting the SRA is arranging a Galen Center tour, the impressive state-of-the-art facility where USC plays its men's and women's basketball games and volleyball matches. Our program will include a guided tour and presentation about the facility (resources, history, etc). After the tour, a box lunch will be served. Of course, the meal and program are free to all current dues-paid SRA members! Invitations with all the details will be mailed in May.

Please contact me if you have any questions or comments you wish to share. We hope to add a few new retirees to our Board, and seek your involvement in programs (such as Trojans Encore volunteers) sponsored by the Emeriti Center.

> - Michael Klineman, SRA President mkline50@aol.com; sra.usc.edu

# Annual luncheon honors staff retirees

On March 17, the Staff Retirement luncheon was held at Town & Gown. This annual event was sponsored by Todd Dickey, Senior Vice President, the Staff Retirement Association (SRA) and the USC Emeriti Center. Of the 185 guests, 39 were newly retired honorees, the largest group to attend the event.

**Dan Stimmler**, Vice President for Auxiliary Services was the keynote speaker who covered a wide range of topics including the USC Village, Coliseum renovation, USC's academic ranking, 2018 class statistics (57,000 first year student applications with an acceptance rate of 16%), Keck Hospital named among the best hospitals in the country by US News and World Report, USC's role in 2028 Olympics, and the successful USC Campaign.

Mike Klineman, SRA President, introduced honorees indicating their many years of service. Janette Brown, Assistant Vice Provost, Emeriti Center, presented the J. Tillman Hall Staff Award to Harriet Servis. After a career in the Emeriti Center, Servis has been serving as SRA Program Chair.



Row 1: Lisa Escobar, Doris Bazanac, Leticia Araiza, Cecilia Descamp, Bennett Wilson, Urduja Trinidad, Judith Walter, Carlota Tamayo, Esmerelda Lefonts, Margaret Cyrus, Fern Iwata, Margaret Turner, Janette Brown; Row 2: Naomi Guyton, Diane Kidd, Deborah Wong, Martha Herrera, Denise Wiegel, Salpi Kerasimian, Carolyn Tanner, Terri Haase; Row 3: Elizabeth Stewart, Edna Catig, Magda Centeno, Joyce Chang, Michael Cowan, Janice Quan, Martha Gergely, Evelyn Alva; Row 4: Harminio Hidalgo, Joseph Sullivan, Warren Straley, Rosilund Morgan, Ganine Arnold, Gary Dennis, Harriet Servis, Mike

Upon receiving her retirement photo, Rosilund Morgan wrote in her e-mail: "Thanks for sending the photos. I certainly enjoyed the luncheon and the opportunity to see all my fellow retirees again."

- Connie Horak, SRA Vice President

### Time moves inevitably forward

Willing or not, here we go with another fiscal year under our belts. It's not even mid-calendar year and we're talking about the end of the year already?

What can we say about your RFA? We are proud of our accomplishments.

One of our core activities is to support neighborhood high school graduates who matriculate to USC. We just celebrated Caldwell Neighborhood Scholarship Program recipients with a luncheon. These scholars show leadership and community service, among several selection criteria. A few are first-time college students in their families. Opportunities for education in the challenging and diversified culture at USC continue to inspire these scholars to reach higher than could have been expected. We have helped to positively affect the local neighborhood with qualified achievers who will play important rolls in their chosen fields and careers for decades to come. Please consider making a contribution during the 3rd annual USC Day of SCupport which is now in progress. Be sure to specify that your gift should be directed to the Caldwell Neighborhood Scholarship Program.

A second core activity is the RFA Distinguished Lecture Series which features USC professors or other experts speaking on a subject that is topical and interesting to our audience that includes USC students, faculty, staff, USC retirees, and community non-USC neighbors. The attendees certainly reflect being intergenerational, interdisciplinary and multicultural. Topics have included



Calvin Lau

distinguishing "fake" news from real news, tax policy in the age of Trump, homegrown violent extremism, the media and Trump, and Latinos in U.S. society. There will be more presentations in he fall. These presentations are free for all attendees and include a light lunch. RSVP registration is available on the Emeriti Center homepage (emeriti.usc.edu).

This is an invitation to become active with USC once again after many of you served for decades as faculty. The change to a retired status can open new opportunities and vistas. The challenge is to explore. Engaging with the RFA is worth a try.

It is a pleasure and privilege to serve the RFA, and I look forward to another year as your president. ■

 Calvin S. Lau, RFA President clau@usc.edu; rfa.usc.edu

### **Kudos to our RFA Caldwell Scholars!**

Two RFA Caldwell Neighborhood Scholars have earned their marching papers to participate in USC's 2018 Commencement. They now join the ranks of the Trojan Alumni family.



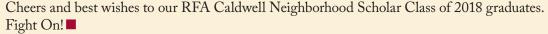
**Silvia Gomez** is a first-generation university student, a Dean's List honoree in the Leventhal School of Accounting and serves on the School's Honor Council. She serves her local community as a member of Best Buddies, an organization devoted to special needs students. Silvia begins her professional career at the prestigious accounting firm of PricewaterhouseCoopers in July.



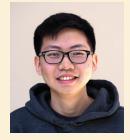
From left, Caldwell Scholars Esmeralda Leon, Mariela Cardenas, Daniel Kim, Mousael Louis, and Carlos Marin celebrate with a cake.

**Daniel Kim** arrived at USC with high honors from Belmont High School, majored in Philosophy at

USC with broad academic explorations in communications, Russian political thought, Chinese language characters and mobile app design which he sees as a possible career. Daniel speaks Korean and Russian as his national languages from Uzbekistan.



Victor M. Webb, RFA Board



The USC Emeriti Center joined 18 USC Schools in USC's Annual Day of SCupport on May 4th. You still have the opportunity to help sustain programs that are meaningful to you:

To learn more about our Russell Caldwell Scholars, please go to: <a href="mailto:emeriti.usc.edu/programs/caldwell-scholarship/">emeriti.usc.edu/programs/caldwell-scholarship/</a>. To see the Caldwell video and our fundraising site for the students, go to: <a href="mailto:ignite.usc.edu/project/6521">ignite.usc.edu/project/6521</a>.

# Financial literacy across generations: It concerns USC retirees and students

In 2007, the Emeriti Center conducted a Situation and Circumstances Survey (see article, page 1) of USC retired faculty and staff. A major survey result highlighted how retired faculty and staff felt about their financial and health situations after retirement.

The results diverged in two directions. Retirees were either (1) happy with how they managed (or "lucked out with") their financial decisions and savings, or (2) they were very dissatisfied, and did not save enough to cover health costs and living expenses. Repeatedly, the survey respondents stated, "SAVE YOUR MONEY!"

> In 2017 and 2018, the Emeriti Center conducted conversation groups with recently retired faculty and we heard: "I WISH I HAD SAVED MORE MONEY!"

Likewise, after conversations with our student workers and a USC student volunteer, it became evident that students want and need guidance for their financial future. "You are older and wiser; your Center could give us advice on how to make wise financial decisions".

The Emeriti Center is not in the business of giving financial advice, but through a connection with a USC alum, the Emeriti Center will work in partnership with the Financial Awareness Foundation (FA) for future intergenerational collaborations. FA is a serves as a nonpolitical "financial awareness advocate" to the public providing them with the make better every day financial decisions throughout their lives.

nonprofit organization that financial principles so they can

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In the meantime, the Emeriti Center has made FA financial literacy resources available for all generations on our website at this link: emeriti.usc.edu/resources/financial-literacy. We hope that you will take a look, give us feedback, and share them with your family and friends.

# Intergenerational living and lifelong learning is worth exploring

The USC Emeriti Center will continue to collaborate with age-friendly initiatives, especially regarding the concept of intergenerational housing. For over 13 years, the EC has explored options in senior housing. Intergenerational housing, the latest trend, makes the most sense. It is interesting what ASU is doing with their new complex that will advance a new concept in intergenerational living and lifelong learning: bit.ly/ASUproject. We believe that USC can do intergenerational housing innovatively - smarter - more creatively - converging the work of the Davis School of Gerontology, Keck School of Medicine, Suzanne Dworak-Peck School of Social Work, Price School of Public Policy, and more. Living on or near campus in an intergenerational community makes it easy to contribute, mentor, participate, and really be a contributing member of the Trojan Family.

For those of you who are interested in exploring intergenerational housing, please contact Janette Brown jcbrown@usc.edu. ■

# ADA (handicapped) parking at USC

Many retirees and other guests of the university have state-issued handicapped placards on their vehicles, but they may not be sure of USC's rules regarding where they can park with them. To that end, please keep in mind the following reminders:

- 1. As a general rule, remember that USC parking structures and lots are all private property; while we happily comply with Federal guidelines regarding providing ADA spaces for our guests, no one is allowed to park for free. We operate like L.A. Live, Disneyland, or any other private entity; the spaces are there to use, but you have to pay to get on the property first.
- 2. The only exception to the point above is if a guest is parked at a STREET parking meter on campus; guests may park at street meters for free as long as they are displaying their valid ADA placard.
- 3. All handicapped spaces in parking lots and structures require guests to display both their valid ADA placard AND any valid USC daily pass or permit. Daily passes may be purchased (or acquired with a gold card) at any manned campus entrance.

That's really it – we encourage all faculty, staff, and guests to familiarize themselves with our rules by visiting our website at usc.edu/parking, and to reach out to us via email with specific questions at: auxtrans@usc.edu.



#### **SENIOR CYBER TIPS**

### Join us for our USC Cyber Security Workshop

Tuesday, June 12, 2018 10 a.m. to Noon, URC 108 RSVP by calling (213) 740-7122 or at: bit.ly/Cyber6-12-18



To learn more, go to the FAQ about Phishing on the ITS website: itservices.usc.edu/security/phishfaq/

#### This site covers:

- What is phishing?
- How can I identify fraudulent email?
- What kind of info should I protect?
- Is phishing done only through email?
- Can I avoid becoming a victim of a phishing scam?
- Is the email that my account will be disabled legitimate?
- Where can I find more info about phishing?

#### Great resources:

- The FTC's OnGuardOnline. gov https://www.consumer. ftc.gov/features/feature-0038-onguardonline
- Spam Primer http://spamprimer.com/basics/
- More questions?: contact ITS Customer Support, (213) 740-5555, or consult@usc.edu

### In The News

### **Vivian Churness publishes Midwifery Book**

Vivian Churness (nursing) notes that the book she wrote and edited, "Midwifery for Nurses in India," which was funded by the Office of the Provost and the USC Emeriti Center, will be released in May. It includes seven Indian and five American contributors.

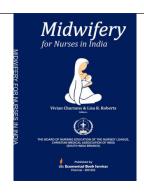
### **Douglas C. Basil Awardees**

Florence Lin: "Thank you to Professor Douglas Basil and the USC Emeriti Center for a 2018 Douglas C. Basil Award to present my recent independent research results at conferences. I am grateful for and excited by this award for modeling and simulation. Besides potential practical applications in molecular spectroscopy, reaction dynamics, and electronic devices, the results contribute to unifying descriptions of dynamics under various forces. These research results show that combined experience in differential equations (mathematics), electrodynamics (physics), and molecular dynamics (chemistry) along with personal drive together provide a basis for innovation."

Jon Miller, emeritus professor of sociology, was awarded the Douglas Basil Award to complete two video essays that explore the scholarly potential of the International Mission Photography Archive (IMPA). Supported by The USC Center for Religion and Civic Culture and hosted by the USC Digital Library, IMPA is a global repository of over 90,000 historical photographs from the archives of missionary organizations active from the early nineteenth century until the present.

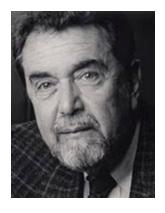
### Janette Brown joins foundation's board

Janette Brown recently joined the Leo Buscaglia Foundation board. As a board member, she helps to fund non-profits who embody the "giving back" philosophy of **Dr. Felice Leonardo Buscaglia**, Ph.D. Buscaglia was a USC professor in the Department of Special Education. He authored a number of New York Times bestselling inspirational books on love and human inhibitions on the subject, including *The Fall of Freddie the Leaf*, *Bus 9 to Paradise*, *Living Loving and Learning*, *Love and My Father*. leobuscaglia.org









### In Memoriam

We honor and mourn our university colleagues who have died. Those who were recorded by press time, and whose names were not mentioned in previous newsletters, are:

Leon 'Ndugn' Chancler (music); John Wesley Robb (religion); Alvin S. Rudisill (USC Chaplin); John Schmidhauser (political science) ■

## We applaud our student workers

Congratulations to our student workers who are graduating this year! We appreciate all the work they have done for the Emeriti Center, and we are excited for their future as USC alumni. Good luck, and fight on!



**Grace Labrecque:** I am graduating with a Master of Science in Gerontology and am starting a new job in May as a Care Manager at 123 Home Care here in Los Angeles. Down the road I plan to create a business that will support aging in place through fall prevention, home modification, and hard conversation. It is hard to believe how fast the last two years have gone. I have spent the last year at the Emeriti Center, and it has been one of the highlights of my time at USC. ■



**Christine Sabuni:** After graduating with my bachelors of economics, I am moving back to Saint Paul, Minnesota for the summer. My plans include interning for the Emeriti Center, further developing my non-profit program - the Refugee Seed Bank, and completing a few remaining credits before applying for full-time positions and moving out east. From tackling database challenges with Dr. Bob Scales to cultivating supportive friendships with our student worker team and retirees via RFA and SRA events, the Emeriti Center has taught me so much. Thank you for your kind words, encouragement, and fun stories along the way. Fight on!■



**Yana Tonezer:** I will be graduating with a Bachelor's in Policy, Planning, and Development in May. Fortunately, my time at USC does not have to come to an end, as I am pursuing a Master's in Health Administration. I hope to have a career in which I can improve coordination of care, quality of care, and the process of care delivery. To get a head start, I will be starting an internship this summer in the Value Improvement Office at Keck Medical center of USC. I am looking forward to exploring the healthcare world!



**Taylor Witczak:** I will be graduating with a Bachelor's in Communication with honors in Multimedia Literacy. After commencement, I am going back to Chicago to spend time with my family. I will then return to Los Angeles and hopefully work for a smaller documentary based production company. I want to use my films to make a difference.

#### SUCCESSFUL AGING

### Incentives to get up and move

Living with someone who is a couch potato can be frustrating. The problem is both personal and national. According to the Centers for Disease Control and Prevention, more than one in four U.S. adults do not engage in regular physical activity, even though we know that such activity can reduce premature death; delay or prevent chronic conditions; help older adults to live independently, improve mental health and even delay dementia and cognitive decline. The CDC reports the 50 + population accounts for \$860 billion in health care costs. Four in five of the most costly chronic conditions for this group can be prevented or managed with physical activity.

Here are just three suggestions to get someone moving:

- (1) Provide information: Physical inactivity causes the loss of muscle tissue, which means we lose strength. The good news is that we can build lean muscle tissue at any age. Getting stronger requires strength-building exercise. Increased strength may not guarantee we will live long, but will increase our chances of living independently --preventing falls and fractures.
- (2) Create a bit of fear: You might contact your loved one's physician and suggest the doctor write a message on a prescription pad such as -- "Mr. (or Ms.) Smith, if you want to attend the marriage of your beautiful daughter Sally next year, you need to engage in some regular physical activity.
- (3) Set a good example. Invite that special someone to go walking with you - several times a week. Everyone wins in this case.



- Helen Dennis Specialist in aging, employment & the new retirement helendenn@aol.com

### 2018 USC Faculty Lifetime Achievement Awardees

USC honors eminent retired faculty each year. Here are short summaries of their careers; longer descriptions are on the Emeriti Center website, <u>emeriti.usc.edu</u>/ under "Awards".



#### **Kathleen Allen**

Professor Emerita of Clinical Entrepreneurship USC Marshall School of Business
In her 25 years at the School of Business,
Kathleen Allen has left a lasting impression on the international business community. Her credentials testify to

her corporate leadership and a scholarly

record that includes bestselling entrepreneurship textbooks. She is known for her interactions with business professionals and academics and her analyses in publications such as The Wall Street Journal.

Professor Allen has received a USC Mellon Mentoring Award, as well as an Entrepreneurship Educator of the Year Award from the U.S. Association for Small Business and Entrepreneurship. She was named Professor of the Year by the students of USC's Gamma Sigma Alpha chapter for her ability to develop motivating coursework and lectures.

Allen acts as an ambassador for the USC community through research, publication, service, and teaching. Her scholarly work continues as she develops a new digital instruction platform and app for her seminal text, Launching New Ventures, while also preparing a book manuscript.



Peggy Kamuf

Professor Emerita of French, Italian and Comparative Literature USC Dornsife, College of Letters, Arts and Sciences

Professor **Peggy Kamuf** is a major figure in three fields: 18th Century French Studies, Contemporary Critical

Theory, and Translation Studies. She is the author of articles on deconstructionist theory and the translator of books by contemporary French philosopher Jacques Derrida. Over her 20-year career, she has participated academic conference panels, but has also been the subject of panels on her contributions to the philosophical importance of literature. As a member of the advisory/editorial board of the scholarly review of the profession (PMLA), she helped change its critical orientation. As the author of monographs, edited volumes, chapters in edited volumes, translations, and peer-reviewed articles, she shaped the American reception of modern and contemporary French philosophy and literary theory.

Kamuf's six-year term as chair of Comparative Literature brought a renewed sense of vigor as she spearheaded the hiring of major scholars, directed a Graduate Student Conference, and served as a mentor to junior faculty.



Randolph Westerfield

Dean Emeritus USC Marshall School of Business

Dean Randolph Westerfield's research and decades-long efforts created an institution with a strong influence on the values and culture of the Marshall School. Under his

leadership, curriculum improvements were achieved, including the development of the Pacific Rim Program, which gives MBA students experience in foreign countries. His efforts led to the naming of the Marshall School, giving the school a brand identity that elevated its recognition in California and the international market. In addition, Westerfield's service led to the construction and grand opening of Popovich Hall.

In his time at USC, he increased the number of endowed chairs and research support, added distinguished faculty, and elevated rankings of the school's programs. He also inspired young faculty which led to research successes. Westerfield has been an outstanding leader, building the school into a high-quality institution through his ability to articulate a vision for moving forward. ■



**Jean Richardson** 

Professor Emerita of Preventive Medicine Keck School of Medicine of USC

In her 33 years at USC's Keck School, Professor **Jean Richardson** has published more than 100 peer-reviewed articles and chapters on health topics.

Her work addresses the effect of compliance with treatment on survival among patients with cancer and AIDS, as well as ways to decrease morbidity and mortality after diagnosis with these diseases.

Richardson designs and evaluates patient education materials, and was one of the first to design and test risk-reduction materials for HIV-positive patients; these materials were adopted by the CDC for use in health care settings across the U.S. She obtained grant funding from the National Cancer Institute and the National Institute of Mental Health, as well as the CDC and the American Cancer Society.

She has received USC's Mellon Mentoring Award and a Phi Kappa Phi Faculty Recognition Award, is an inductee of the UCLA School of Public Health Alumni Hall of Fame, and serves as a mentor to students and faculty.

### Harriet Servis receives J. Tillman Hall Award

I was honored to receive the J. Tillman Hall Award for Staff Achievement during this year's Annual Staff Recognition Luncheon on March 16th. My comment upon receiving the award was that, "I did not do this alone." It was due to the opportunities offered to me during the many meetings and events with a number of prestigious, remarkable and productive active and retired USC Faculty, Staff and University friends. Those who convened in the Emeriti Center on a regular basis came to assist in the expansion and success of the growing Emeriti Center.

My first years of employment in the Emeriti Center, 1984-1989 were under the leadership of **James A. Peterson**. It was then that I worked with remarkable faculty volunteers from the RFA, Totten Anderson, Arnold Small and others. Additionally during these years, the Staff Retirement Association was created and another very ambitious gathering of energetic retired and active staff contributed to the advancement of the Emeriti Center's work with staff retirees. Herb Harbeson, Sally **Emerson**, and **Virginia Ainsworth** were among others who were there to help.

Having served under the leadership of **J. Tillman Hall** during his time as Director of the Emeriti Center in the years 1989-1996, I had the privilege to learn and to observe his powerful energy and leadership which was known and respected across the



Harriett Servis accepts the staff achievement award.

campus community. Our office then was buzzing with many great volunteers such as Dale Hilton, Norm Fertig, Bill Faith, also Nancy Warner, Helen Ziler, Barbara Inamoto and numerous others.

In addition to the productive works involved with the RFA and the SRA, the eventual creation of AROHE (Association of Retirement Organizations in Higher Education) further expanded the importance of the USC Emeriti Center in its relationship with Colleges and Universities from Southern California and across the country. Retirement was on the horizon for me and working under the Directorship of Paul Hadley added to the enrichment and education of my employment with the Emeriti Center.

As volunteerism became a reality in the work of the Emeriti Center, those of us in the office setting, experienced value and expertise from our own USC Retirees and the Retirees in other campuses communities over the years. The Emeriti Center could not have expanded and grown as it has without dedicated volunteers assisting the Executive Directors and Retirement Association leaders.

So, I can say I am deeply indebted for the hours of meetings, phone calls, conferences, events, presentations, recorded minutes, and mostly learning the new skills of the computer during those long and busy work days and as a volunteer during the following years with the Emeriti Center, Retired Faculty Association and Staff Retirement Association.

With much appreciation,

- Harriet Servis

# Intergenerational team leads successful "tech workshop"

On Wednesday April 18, the Emeriti Center held a mobile devices workshop. The workshop began with an informative Tech Talk by Nikki Lao, one of the Emeriti Center's student assistants. Nikki gave a presentation on how we can recognize fake news and explained the importance of credible websites. The tech talk continued with Bob Stallings discussing safely using iCloud and email.



From left, Phyllis Steiner, EC student assistant Christine Sabuni and Ivonne Jorif.

EC student assistants and ITS staff, Jon Crumpler and **Mervin Suban** helped resolve tech questions and concerns for current and retired USC staff and faculty. Almost every single interaction turned into a mini-breakthrough. The intergenerational conversations allowed for both students and retirees to learn from each other.

The Emeriti Center will now partner with ITS to host a Cybersecurity basics workshop on June 12th (see page 6)! ■



EC student assistant Grace Labrecque helps RFA president Calvin Lau.



A retiree with EC student assistant Ivan Ramos.

#### **BOOK NOOK**

# A Higher Loyalty: Truth, Lies, and Leadership

by James Comey

No matter your political stripes, it will be time well spent to read this volume by former FBI director James Comey. Yes, his firing by President Trump ignited a firestorm (still simmering), but his life story goes way beyond the historic 2016 election.

He writes here of the cases (Martha Stewart, the Mafia, torture) and personal events that helped shape his views of "justice, fairness, and ethical leadership," and offers insights into the leadership styles of three very different presidents (Bush II, Obama, and Trump) as well as others without high titles who influenced him.

- Christine Sinrud Shade shade@usc.edu

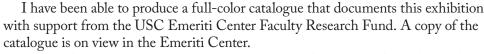
# **Karen Koblitz: Cultural Diplomacy**

I retired in June 2017 after 23 years as a faculty member in the USC Roski School of Art & Design. I am keeping busy by pursuing my studio practice, traveling and studying Czech language.

One of the highlights of my first year in retirement has been the mounting of a mid-career survey exhibition at the El Camino College Gallery in Torrance, CA. (March 26 – April 26, 2018).

The exhibition, Karen Koblitz: CULTURAL DIPLOMACY features work inspired by travels to Italy, Russia, Azerbaijan, Israel and the Czech Republic. I have had the extraordinary experience of being an Art Ambassador to Moscow, Russia (2002) and Baku, Azerbaijan (2006) through the U. S. Department of State Art in Embassies Program. As an Art Ambassador I was able to interact with artists, lead master classes with students and tour art and architectural sites and venues. This has led to collaborations with a weaver in Azerbaijan and an Iranian calligrapher.

I have approached my art practice by responding to cultural, social and political themes in the countries visited and researched. Also included in the exhibit are pieces inspired by my exploration of my own origins and ancestry.



You can link to my website, <u>KarenKoblitz.com</u>, to learn more about the exhibition. I am pleased to be a new member of USC's Retired Faculty Association's Board as this will allow me to continue my relationship with the university. ■



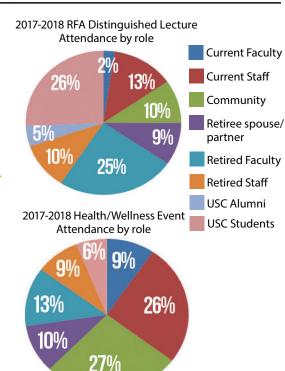


# EC priorities are reflected in our EC events

Every year in April, Emeriti Center activities are reviewed by the Vice Provost of Academic and Faculty Affairs. This year, to illustrate how the EC connects top priorities with what we do, we published a list of our events and color-coded them to see how frequently EC events line up with EC priorities. Our priorities include Diversity & Inclusion (interdisciplinary/intergenerational/multicultural), USC School Partnerships - Promoting USC Faculty Research and Teaching, Lifelong Learning & Wellness/Wellbeing, Student Scholarship & Experiential Learning and University & Community Service.

All EC priorities support retired faculty and staff in educational, cultural and social ways across many generations. The Center promotes an inclusive campus culture that celebrates diverse perspectives and seeks to discover helpful resources for retiree colleagues and also for the campus and community. To see a list of our past events coded by priorities, go to: <a href="mailto:bit.ly/ECpriorities2018">bit.ly/ECpriorities2018</a>

It is our aim to include everyone in our programming and this year, students, faculty, staff, retirees, alumni, and community members gathered to learn and connect. This offers rich and diverse intergenerational discussions and learning.



### **Benefactor Recognition**

Through the Emeriti Center's Benefactor Recognition Program, we thank those who have recognized honored colleagues, friends, and family with a \$500 or more contribution.

Would you consider naming our center in your gift planning? If so, please call (213) 740-7121 or jcbrown@usc.edu.

### Smart phones make it easy to donate to Caldwell Scholarships, Emeriti Center, RFA and SRA.

Text the word "Emeriti" to 41444 on your cell phone to make a pledge. You will receive a text that gives you a link to donate.

### Dr. Lau's Bits and Bites: Are teeth life or death?

Short Answer: No; Better Answer: Maybe; Long Answer: It Depends; Best Answer: Please read this column.

We all started with baby teeth. They were our training wheels and were shed as we reached adolescence into adulthood. Teeth were meant to last a lifetime, but Nature failed to realize that the lifespan would dramatically increase from low to mid two-figure numbers to the upper reaches, even into the triple digits of 100+ when modern society developed answers to vexing personal issues.



Whether by hook or by crook, you likely know contemporaries or colleagues who have lost an adult tooth or more. It's not the thing to brag about losing a tooth. Some losses are more cosmetic in nature, while others can lead to dysfunction. Typically, there is a lag time from when a tooth in the dental arch leads to instability and movement of adjacent or opposing neighbors. The effects are gradual and our human species can adapt workarounds to still continue talking, smiling, and eating – part of life's activities.

In most cases it is optimum to replace a missing tooth/teeth. That was covered in last year's column "Bits and Bites: Replacing Teeth"

Why people lose teeth is a key consideration.

Gum disease or more formally periodontal disease (periodontitis) can be the underlying cause. This is usually a chronic, long-term condition and not occurring all of a sudden. We're now getting into the realm of a licensed professional, a dentist. The key health concern is the presence of infectious bacteria that caused periodontitis; these can circulate through the body's blood vascular system.

Bottom Line: It is wise to have a dental checkup annually for most of us. More often for some, less often for the fortunate what have a recently-verified healthy mouth. Fake news is, "If it don't hurt, don't see a dentist." Best to be proactive and let your dentist gather appropriate information (clinical exam, radiographic images, etc.) to make that judgment. Better to invest a nominal sum to find the real truth and then collaboratively decide the next step. You and your dentist are on the same

Next column: RBA Decision Making for Your Smile. ■ Smiling yours,

> - Calvin S. Lau, D.D.S.; cslau@usc.edu Clinical Professor, retired (after 40+ years of service) Ostrow School of Dentistry of USC

#### NOTES FROM THE EDITOR

### Nourishing body, mind, and soul

The word I'm focusing on for the months leading up to summer is "nourish."

At 77, I'm looking for ways to nourish my body, mind, and soul. This goes in tandem with Mike Klineman's thoughts on page 3 where he talks about ways to stay physically and mentally active, and finding joy.

To nourish my body: I'm paying attention to my fruit and vegetable intake - the other night, for the first time, I made a Portabella mushroom "steak" with ginger and garlic (yum!); I'm going to the YMCA, which is within walking distance of my house, so I get "steps" in; and I went to my very first "introduction to yoga" class at my local library, which is also within walking distance.

To nourish my mind: I read my daily L.A. Times and do the crossword puzzle; and I switch between reading a mystery novel and a non-fiction book (this month, it's the Book Nook column book by James Comey).

To nourish my soul: I'm reading my well-worn copy of John Dickey's poetry, but am also going to discover a new poet I'm not familiar with; and I'm also going to work with an elder poet I know well myself. I've written poetry for more than 50 years and it's past time to gather all my efforts together in one place for my daughter and grandsons.

And to nourish all three, I've resurrected my vegetable garden. I'm looking forward to tomatoes that taste like home-grown tomatoes should, fresh baby onions and flat leaf and curly leaf parsley for garnishes, and red bell peppers to add color to my garden, my salads, and my life.



I heartily urge my colleagues to do things to "nourish" themselves and their loved ones.

> - Christine Sinrud Shade shade@usc.edu

# USC Emeriti Center

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### **USC** University of Southern California

### RETIREE COMMUNITY EVENTS (emeriti.usc.edu/category/events)

JUNE: Tuesday, June 12

> Cyber Security Workshop 10 a.m. to 12:30 p.m., URC 108

RSVP: bit.ly/Cyber6-12-18

Widows and Widowers Lunch 12:30 to 2:30 p.m., URC 108

RSVP: bit.ly/WidLunch

Friday, June 15

SRA General Meeting & Lunch

10:30 a.m., Galen Center

RSVP: tinyurl.com/June2018SRA

**AUGUST:** Tuesday, August 14

Physical Therapy Workshop

9 a.m. - 1 p.m.,

CHP Center for Healthcare Professions Building - Rm 224

USC Health Science Campus, 1540 Alcazar St.

Los Angeles, CA 90033 RSVP: bit.ly/PT8-14-18

#### **USC Emeriti Center**

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#### **USC Retiree Community Newsletter**

Janette C. Brown, Executive Director Asst. Vice Provost, Emeriti Center

#### Christine Sinrud Shade, Editor

Contributors: Retired Faculty Association and Staff Retirement Association members and retiree community leaders.

#### Coming soon:

Tuesday, August 24, 2018

Physical Therapy Workshop 9:00 a.m. - 1:00 p.m. USC Health Sciences Campus bit.ly/PT8-14-18