## **New USC Emeriti Center Retiree Community Newsletter**

**USC Emeriti Center** 

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To: USC Emeriti Center <emeriti@usc.edu>

# **USC** Emeriti Center

# **USC Retiree Community Newsletter**

February 2019



The USC Emeriti Center 40th Anniversary Celebration Luncheon was a hit!

The USC Emeriti Center celebrated its 40th anniversary celebration on December 10, 2018 in Town & Gown. We were honored to have USC's Interim President, Dr. Wanda Austin, and Dean Laura Mosqueda, M.D. from the Keck School of Medicine as our guest speakers. Thank you to everyone who attended the luncheon and everyone who has stayed involved with the Emeriti Center throughout the years. To find photos and videos featured at the event, click here.

## In the News

### Nominations for the 2019 J. Tillman Hall Staff Award for Service to USC are open!

This award acknowledges special service by a retired USC staff member to any academic or administrative unit at USC. Nominees must have made outstanding volunteer contributions toward enhancing the overall quality of university life for students, faculty, staff, alumni, retirees, or other members of the USC community and have contributed to the positive collegial spirit of the Trojan Family.

Nominations for the 2019 award are due Friday, February 28, 2019.

To submit a nomination or learn more about award criteria, go to <a href="https://bit.ly/staffaward2019">bit.ly/staffaward2019</a>.

## Upcoming Events

The 3rd Annual
Interprofessional
Health Care
Symposium
March 1, 2019

RFA Distinguished
Lecture: "Left to Their
Own Devices: How
Digital Natives are
Reshaping the
American Dream"
March 8, 2019

Physical TherapyWorkshopMarch 12, 2019

# **Upcoming Events**

## The 3rd Annual Interprofessional Health Care Symposium

The USC Emeriti Center in partnership with the Keck School of Medicine of USC is hosting this FREE one-day Health Care Symposium. A panel of clinicians and experts will discuss all aspects of health care to support healthy aging with Keck School of Medicine Dean

Laura Mosqueda, M.D. as the keynote speaker. Click <u>here to read more about the events</u> and the topics that will be covered.

March 1, 2019 9:30 am -2:00 pm USC Health Sciences Campus Hastings Auditorium 1989 Zonal Avenue, Los Angeles, CA 90089

FREE EVENT including lunch.

All are welcome to attend.

RSVP Requested: <a href="http://bit.ly/HealthSymposium2019">http://bit.ly/HealthSymposium2019</a>



#### Ρηγείς Τηθεκ

#### SRA Tour of the Last Bookstore

Please join us on March 8 as we visit one of Los Angeles' iconic bookstores. There are thousands of books and vinyl records for browsing and sale in a historic, three-story former bank building. (The building is ADA accessible). Click <a href="here to read more about the event">here to</a> read more about the event.



Friday, March 8, 2019
10:15 a.m.
Register each person separately <u>here</u>.

#### Earthquake Awareness & Preparation Map Focus Group

Dr. Swift and Dr. Sedano from USC are holding a focus group to test a new "app" for older adults. The Earthquake Awareness and Preparation Map Application is a web map being created to help older adults (age 65+) of Los Angeles prepare for future earthquakes. Click here to read more about the focus group.

Friday, March 8, 2019
11:30 A.M - 1:00 P.M
URC 104
835 W. 34th St.
Los Angeles, CA 90089-0751
RSVP: bit.ly/Earthquake3-8-19

<u>RFA Distinguished Lecture</u>: "Left to Their Own Devices: How Digital Natives are Reshaping the American Dream"

Hear from Julie M. Albright, Ph.D, Lecturer of Applied Psychology, Interactive Technologies and Green Technologies Program with the USC Dornsife College of Letters, Arts and Sciences and Viterbi School of Engineering. Click <a href="here to read">here to read</a> more about the event.

Friday, March 8, 2019 12:00 noon - 1:30 p.m.

The Michelson Center for Convergent Bioscience, Room 101

1002 Childs Way at McClintock Avenue

RSVP: bit.ly/RFALecture3-8-19



#### **Physical Therapy Workshop**

USC Physical Therapists and clinical doctorate students will offer a series of short concurrent workshops (including individual physical screening) related to your Balance, Strength, Endurance, Posture, Cardiovascular, and Pelvic Floor Health to help keep you fit and healthy. Click here to read more about the topics that will be covered.

Tuesday, March 12<sup>th</sup>, 2019

9:00 a.m. – 1:00 p.m.

University Religious Center (URC) – Room 208

 $835~\mathrm{W.}~34^{\mathrm{th}}$  St., Los Angeles, CA 90089

Register online: bit.ly/PTWorkshop3-12-19



# News from the Assistant Vice Provost, Emeriti Center

Dear Colleagues,

The Emeriti Center is trying out a new way to send communications via an electronic newsletter. As we move into 2019, we hope to communicate using this electronic newsletter more frequently than our previous newsletter published only three times a year. We welcome your thoughts and suggestions on how to provide you with

interesting information keeping all of us more connected with the university and with each other.

To read the rest of Dr. Brown's message, go to emeriti.usc.edu.

## News from the SRA

To current staff retirement association members and 2018 newly retired staff, please join us in the 34th Annual Staff Retirement Recognition Luncheon.

To learn more and to register for the event, go to <a href="mailto:tinyurl.com/RetirementLunch2019">tinyurl.com/RetirementLunch2019</a>. Please respond by Monday, March 11, 2019.

## News from the RFA

by Calvin Lau, RFA President

Times, they are a-changing

We are excited to be part of the 2019 inaugural edition of the Emeriti Center monthly newsletter.

What a change this is, but nonetheless an opportunity for the Retired Faculty Association to reach out to you, our audience, in ways we are eager to explore. How can we serve you better? What are your interests – past, present and future – where we might engage you in meaningful activities related to who you are and, dare we challenge you, where you might want to explore?

To read the rest of Dr. Lau's message, go to emeriti.usc.edu.

## In Memoriam

We honor and mourn our university colleagues who have passed. Those who were recorded by press time, and whose names were not mentioned in previous newsletters:

Herman F. Chew (business); Robert E Coffey (business); Robert Davis (advancement); Ambrose Dobson (auxiliary services); Murray Fromson (communication and journalism); Clive L. Grafton (education); John Petruska (biological sciences); Marinette Proskurowski (information tech services); Jessie Marie Reyes (economics); Anne Santo (medicine; endocrinology).

## **News from the USC Emeriti Center**

Please join us in welcoming our new student worker, Kay Morrison!



**Kay Morrison** is a sophomore studying global studies and communication. We are thrilled to have her join our office! To see more about her and the other student workers we have on board, click <u>here</u>.

# **Benefactor Recognition**

Through the Emeriti Center's Benefactor Recognition Program, we thank those who have recognized honored colleagues, friends, and family with a \$500 or more contribution:

Donor: Dr. Victor M. Webb Honoree: Robert R. Scales

Donor: Dr. Victor M. Webb

#### **Honoree: Donna Simmons**

Would you consider naming our center in your gift planning? If so, please call (213) 740-7121 or jcbrown@usc.edu.

Smart phones make it easy to donate to Caldwell Scholarships, EC, RFA and SRA. Text the word "Emeriti" to 41444 on your cell phone to make a pledge. You will receive a text that gives you a link to donate online.

# Download a free copy of "Ethel Percy Andrus, The Woman Who Changed America"



Here's your chance for a free book, "Ethel Percy Andrus, The Woman Who Changed America," story of a notable Trojan who founded AARP, one of the nation's most important advocacy organizations. The Andrus Gerontology Center on the USC Campus honors this remarkable lady. You can read it on your computer, or print out its

71 pages. A print copy of the book can be ordered for \$9.99 at the link below.

You can download a PDF of the lavishly-illustrated book for free at <a href="https://www.aarp.org/content/dam/aarp/entertainment/books/2018/08/ethel-percy-andrus.pdf">https://www.aarp.org/content/dam/aarp/entertainment/books/2018/08/ethel-percy-andrus.pdf</a>

# **USC Emeriti Center Partnerships**

Visit <a href="https://emeriti.usc.edu/about/partnerships/">https://emeriti.usc.edu/about/partnerships/</a> to explore our partnerships with other schools and organizations and to find more resources and events to attend.

#### ABOUT THE USC EMERITI CENTER

Since its founding in 1978, the USC Emeriti Center has served the university's retirees and pre-retirees in living healthy and purposeful lives by providing essential information, resources, services, advocacy, privileges, and support. Part of the Office of the Provost, the Emeriti Center offers most of its services and

programs free of charge. Certain special privileges, such as the Gold Card, are available to retirees age 55 or older with at least 10 years of benefits-eligible employment at the university.

The Center is home to the USC Emeriti College, which operates a speakers' bureau, the Noboru Inamoto Lectureship, offers enrichment classes and research seed grants, and fosters multidisciplinary and multigenerational opportunities for lifelong learning.

The Emeriti Center also provides support for USC's Retired Faculty Association (RFA) and the Staff Retirement Association (SRA), and encourages all members of the Trojan Family to participate in its many programs.

In addition, the Emeriti Center houses the Association of Retirement Organizations in Higher Education, an international nonprofit that shares resources, best practices, and research among North American universities. The Emeriti Center helped found the organization, which began through professional meetings initiated in 1985 by former Emeriti Center Executive Director Paul Hadley.

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[emeriti.usc.edu]



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#### Our mailing address is:

835 W. 34th Street, URC 103 Los Angeles, CA 90089-0751

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#### **News from the Assistant Vice Provost, Emeriti Center**

Dear Colleagues,

The Emeriti Center is trying out a new way to send communications via an electronic newsletter. As we move into 2019, we hope to communicate using this electronic newsletter more frequently than our previous newsletter published only three times a year. We welcome your thoughts and suggestions on how to provide you with interesting information keeping all of us more connected with the university and with each other.



Janette Brown

I would like to express my gratitude and appreciation for the terrific  $40^{th}$ anniversary celebration planned and executed by our terrific SRA volunteers on December 10<sup>th</sup>. The SRA had support from the RFA, USC Communications, USCard, USC Credit Union, and our local government. President Wanda Austin, Dean Laura Mosqueda and Trustee, Lorna Reed honored our presence with excellent messages that inspired us to consider the valuable contributions USC retirees provide in so many unique ways. If you missed the anniversary luncheon, you can view the photos and videos online.

We hope that you will consider joining us for future events and contributing in some way. Your ideas, communications, volunteering and financial support continue to move us forward. There are so many opportunities to stay engaged with USC through the Emeriti Center, and I invite you to call me to discuss how you would like to work with us.

We thank all those who have been active leaders and volunteers at USC. Without their advice, hard work and significant contributions, the Emeriti Center, Emeriti College, SRA and RFA would not be the comprehensive valuable entities that they are today. Bob Coffey who passed away recently contributed significantly to the EC, RFA and AROHE and was supportive of the SRA and the Emeriti College. His mentorship, advice, leadership, and support guided the Center for several years and he will be truly missed.

The Emeriti Center is truly intergenerational and our student workers fundamentally manage and run the Center. They learn much through their very responsible positions and contribute to our collegial group of retired faculty and staff. On any given day, you can observe them returning email messages, answering phones, updating our websites, managing events and RSVPs, setting up for meetings, creating surveys, designing marketing materials, and so much more! Our sincere thanks goes to Nikki, Ivan, Sophia, Lianne and our newest member, Kay.

Our Center has been resilient, inclusive, and helpful for individuals and groups as we focus on intergenerational learning. Our upcoming events on March 1st and 12th will have very valuable information on managing your health care, pain and memory; plus learning how to move and exercise in healthful strengthening ways (Health Care Symposium & Physical Therapy Workshops). Please join our USC expert faculty and doctoral students at these events to learn more about keeping healthy and strong!

- Janette C. Brown Assistant Vice Provost, USC Emeriti Center jcbrown@usc.edu; (213) 740-7121

#### News from the RFA

Times, they are a-changing

We are excited to be part of the 2019 inaugural edition of the Emeriti Center monthly newsletter.

What a change this is, but nonetheless an opportunity for the Retired Faculty Association to reach out to you, our audience, in ways we are eager to explore. How can we serve you better? What are your interests – past, present and future – where we might engage you in meaningful activities related to who you are and, dare we challenge you, where you might want to explore?

The RFA Board of Directors typically meets monthly during most of the year. We just had such a meeting where guest David Brown, Interim Senior Vice President of University Relations, described what an important role USC plays in the surrounding community and within the university campuses for external and internal government relations, community relations, and community outreach. There are myriads of positive activities that he oversees.

How might RFA interest you in still participating in a connected way with USC now that you are retired? We have activities to attend such as the RFA Distinguished Lecture Series where a USC professor presents topical information about current local and national events. In an advisory role some of our members recently visited Dorsey High School to coach students in developing their college applications. Others events of note coming up through the Emeriti Center are the 3rd Annual Interprofessional Health Symposium and a separate hands-on Physical Therapy Workshop. Please see related article about these events in this newsletter and how to enroll in these free events.

We look forward to working with you and helping you to identify your passions and purpose that might give you joy and satisfaction in your continuing journey in life while remaining connected to USC in a different, yet valuable way.

- Calvin Lau President, RFA

#### **Student Workers | Spring 2019**

The USC Emeriti Center is led by Dr. Janette Brown, Assistant Vice Provost, and she oversees a staff of student workers that help run the office. Read more about them below, and if there is a need to contact our office, e-mail emeriti@usc.edu or call (213) 740-8921.



**Nikki Lao**: I am a junior studying public relations with a pre-law emphasis. After graduation, I hope to either work in political communications or publicity for the entertainment industry. In my free time, I enjoy working with USC's student-run television station Trojan Vision as a broadcast producer. Since my freshman year, I have learned a lot from my time at the Emeriti Center, and I look forward to continue growing in my position.



**Ivan Ramos**: I am a junior majoring in business administration. I am involved in Troy Philippines and Tassel, which is a club that helps teach English to Cambodians. After graduation, I want to pursue a career in International Real Estate. After working at the Emeriti Center for two years I have learned about the importance of intergenerational interaction and just how important it is to have a resource center geared towards retired faculty. I look forward to working at the Emeriti Center throughout the rest of my USC career.



**Sophia Hu**: I am a junior studying computer science. I enjoy going to technical workshops and learning new practical skills. I hope to be able to work as a Software Engineer in Seattle at an interesting startup. I have worked at the Emeriti Center/ AROHE for a year and a half, and I really enjoy being able to work with people from all different backgrounds and experiences.



**Lianne Chu**: I am a freshman studying business administration. Last semester, I was part of the USC Freshman Dance Off Team. Currently, I volunteer with the Asian American Tutorial Project, tutoring elementary school kids on Saturdays. Working for the Emeriti Center this past year has been an extremely rewarding experience, and I hope to continue learning and contributing to its growth in the future!



**Kay Morrison**: I am currently a sophomore at USC double majoring in Global Studies and Communication. Throughout my time at USC I have involved myself in coursework that relates to both advocacy and global ethnography, and as a result, I've developed a specific interest in learning and researching more about groups in need of humanitarian relief across the globe. Outside of schoolwork, I enjoy playing with my cat, eating good food, or playing guitar and listening to music. In working at the Emeriti Center, I look forward to learning the importance of multigenerational,

multidisciplinary, multicultural collaboration here at USC.