The USC Emeriti Center is pleased to offer:

Fall Wellness Series

Friday, October 21, 2011
USC Andrus Gerontology Center Auditorium
3715 McClintock Avenue, Los Angeles, CA 90089-0191
9:30 AM – 12:30 PM

Join Emeriti Center colleagues in these upcoming educational programs. Come to either one or both.

9:00 am – 9:30 am
Check-In/Refreshments

9:30 am – 10:30 am
Building Blocks for Resilience in Later Life

Helen Dennis is a well-known author and specialist in aging, employment and the new retirement. Her interactive workshop discusses 8 building blocks that will increase our chances to live with resilience and vitality – now and in the future. She asks the question, “What is the reality for each of us?”

10:30 AM – 11:00 AM
Break/Refreshments

11:00 AM – 12:30 PM
2012 Medicare Part D Drug Coverage Updates

This seminar will explain changes in Medicare Part D drug coverage benefits and cost sharing for 2012. It will also review changes in the availability of Medicare Part D drug plans in Los Angeles County and discuss how to use the Medicare drug plan tool to select a plan that meets your needs. Presented by the Center for Health Care Rights, a non-profit health care advocacy organization.

RSVP to the USC Emeriti Center:
213-740-7122 or ecrsvp@usc.edu

Program and Refreshments are Complimentary.
Donations are welcome at check-in.

Parking: Enter Gate 6 on Vermont & 36th. Parking is available in Structure A. Courtesy parking for USC retirees with Gold Card; all others $8.