

**USC Emeriti Center Wellness Event:**

# **Physical Therapy Workshop**



*USC Physical Therapists and clinical doctorate students will offer a series of short concurrent workshops (including individual physical screening) related to your Balance, Strength, Flexibility, Posture, and Cardiovascular Health to help keep you fit and healthy.*

**Wednesday, August 16, 2017**

**9:00 a.m. – 1:00 p.m.**

**CHP Center for the Health Professions Building– Room 224**

USC Health Science Campus, 1540 Alcazar St., Los Angeles, CA 90033

Directions → (<http://bit.ly/28OMNVh>)

Register online: <http://bit.ly/PT8-16-17>

USC Faculty Presenters:

**Geoffrey Cariker, PT, DPT, GCS**

**Janelle Gilmer PT, DPT, GCS**

**Kimiko Yamada, PT, DPT, OCS, ATC, CLT, CSCS**

**Eileen Johnson, PT, DPT, WCS**

<http://pt.usc.edu/cariker/>

<http://pt.usc.edu/janelle.gilmer/>

<http://pt.usc.edu/kayamada/>

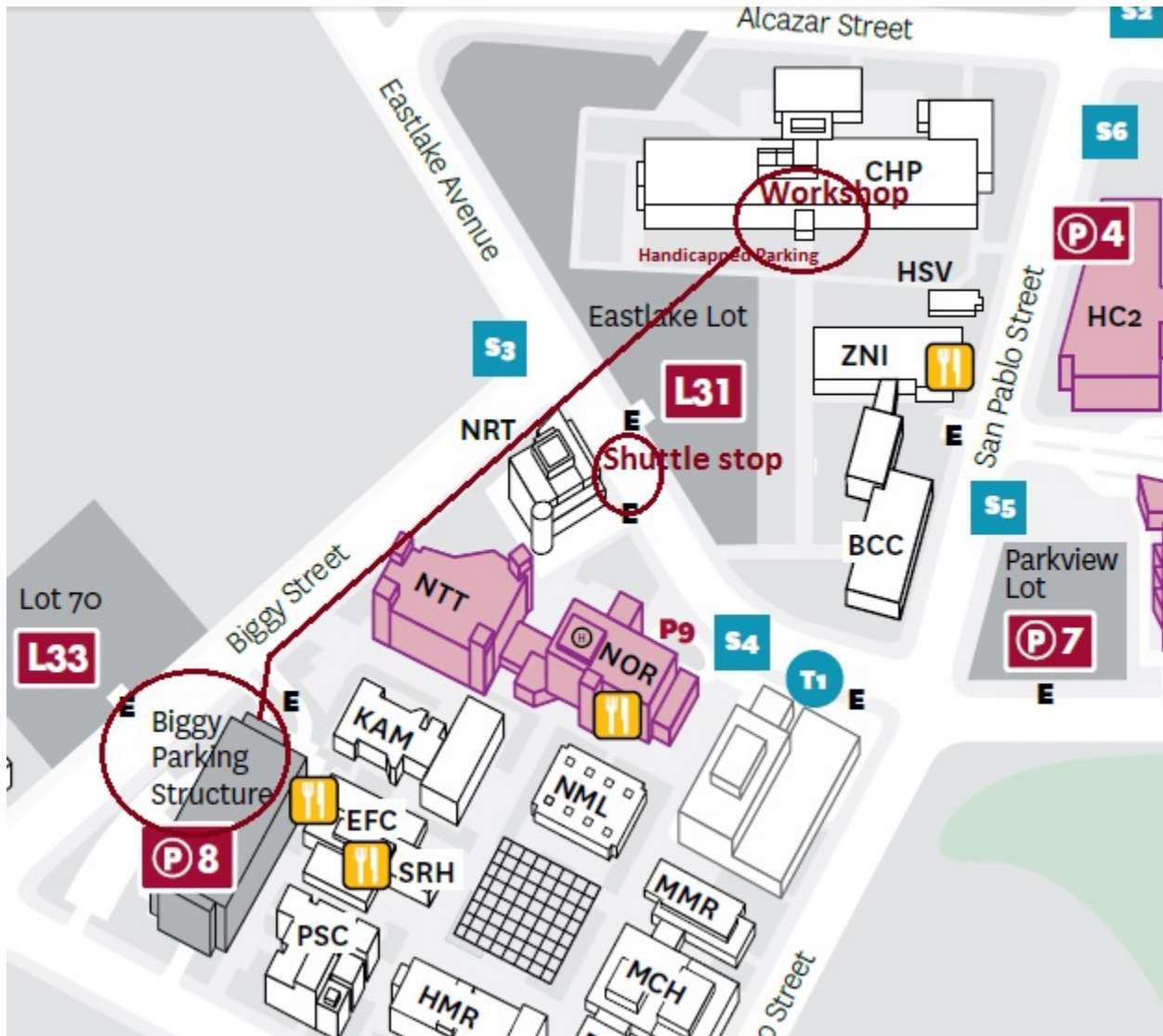
<http://pt.usc.edu/eileenjo/>

Each person must register separately. Be sure to check your email for an automatic confirmation after your on-line reservation has been submitted.

Parking available in Biggy Parking Structure (P8), 1334 Biggy Street, Los Angeles, CA 90033 - courtesy of USC for retirees with a Gold Cards; all other \$12.

## From Biggy Parking Structure (P8)

Exit the lot to Biggy Street and turn right down Biggy Street toward Eastlake Avenue. Go straight through the intersection of Biggy Street and Eastlake Avenue into the parking lot (Eastlake parking lot). Enter the CHP – Center for the Health Professions building from the South side of the building.



To take the USC Shuttle, please go to: <https://www.uscbuses.com/map>

The circuit tram in purple stops on Eastlake Avenue just east of Biggy Street. This is just south of the building.

There are handicapped spots available in the Eastlake lot 31 but you will need to get a parking pass first from the Biggy lot first.

Additionally, you can try to pay and park at the Keck Hospital parking structure off of San Pablo just east of the CHP Health Professions Building.